

# Diagnostic and Prognostic Value of Stress CMR Imaging in Patients with Known or Suspected Coronary Artery Disease: a Twenty-Year Meta-Analysis

#### Running title: Stress CMR in Stable Chest Pain

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37	KEY POINTS
38	QUESTION
39	What is the diagnostic and prognostic value of stress CMR imaging for the evaluation of
40	stable chest pain?
41	
42	FINDINGS
43	In the largest contemporary meta-analysis pooling more than 65,000 patients and 381,357
44	person-years of follow-up, stress CMR yields high diagnostic accuracy and effective risk
45	stratification in patients with known or suspected CAD, particularly with 3-Tesla imaging.
46	
47	MEANING
48	Combined assessment of inducible myocardial ischemia and LGE by stress CMR imaging is
49	a highly effective pathway to diagnose and risk stratify patients with stable chest pain.

50 Normal stress CMR is associated with low risk of cardiovascular events for at least 3.5 years.

# 51 Abstract 52 **Importance:** Clinical utility of stress cardiovascular magnetic resonance (CMR) in stable chest 53 pain is still debated and low-risk period for adverse events following a negative test is 54 unknown. 55 **Objective:** To provide contemporary quantitative data synthesis of diagnostic accuracy and 56 prognostic value of stress CMR in stable chest pain. 57 Data Sources: We searched PubMed, Embase, Cochrane and PROSPERO databases, and 58 Clinical Trials Registry for potentially relevant articles. 59 Study Selection: CMR studies reporting estimates of diagnostic accuracy and/or raw data of 60 adverse cardiovascular events for participants with either positive or negative stress CMR. 61 Data Extraction and Synthesis: This meta-analysis was planned, conducted, and reported in 62 agreement with the Preferred Reporting Items for Systematic Reviews and Meta-Analyses. 63 Two reviewers extracted data and assessed the risk of bias. 64 Main Outcomes and Measures: Diagnostic odds ratio (DOR), sensitivity, specificity, area 65 under the curve (AUC), odds ratios (ORs) and annualized event rates (AERs) for all-cause 66 death, cardiovascular death, and major adverse cardiac events (MACE) defined as the 67 composite of myocardial infarction and cardiovascular death. 68 **Results:** We identified 33 diagnostic studies pooling 7,815 individuals and 31 prognostic 69 studies pooling 67,080 patients (mean follow-up: 3.5 years/381,357 person-years). Stress 70 CMR yielded a DOR of 26.4 (95%CI:10.6-65.9), a sensitivity of 81% (95%CI:68-89%), a 71 specificity of 86% (95%CI:75-93%), and an AUC of 0.84 (95%CI:0.77-0.89) for the 72 detection of functionally obstructive CAD. In subgroup analysis, stress CMR yielded higher 73 diagnostic accuracy in the setting of suspected CAD (DOR=53.4) or when using 3-Tesla

74 imaging (DOR=33.2). Presence of stress-inducible ischemia was associated with higher all-

- 75 cause mortality (OR:2.0;95%CI:1.7-2.3), cardiovascular mortality (OR:6.4;95%CI:4.5-9.1),
- 76 and increased risk of MACE (OR:5.3;95%CI:4.0-7.0). Presence of late gadolinium
- enhancement (LGE) was associated with higher all-cause mortality (OR 2.22; 95%CI:1.99-
- 78 2.47), cardiovascular mortality (OR 6.03; 95%CI:2.76-13.13), and increased risk of MACE
- 79 (5.42; 95%CI:3.42-8.6). After a negative test, pooled AERs for cardiovascular mortality and
- 80 MACE remained <1%.
- 81 Conclusion and Relevance: Stress CMR yields high diagnostic accuracy and delivers robust
- 82 prognostication, particularly with 3-Tesla scanners. While both inducible myocardial
- 83 ischemia and LGE portend excess mortality and increased risk of MACE, normal stress CMR
- 84 is associated with low risk of cardiovascular events for at least 3.5 years.
- 85 Keywords: stress CMR, ischemia, diagnostic accuracy, prognosis, chest pain, meta-analysis.

86 87	Non-standard Abbreviations and Acronyms									
88	AER	Annualized event rate								
89	AUC	Area under the receiver operating characteristic curve								
90	CMR	Cardiovascular magnetic resonance								
91	DAN-NICAD	Danish Study of Non-Invasive Diagnostic Testing in Coronary Artery Disease								
92	DOR	Diagnostic odds ratio								
93	FFR	Fractional flow reserve								
94	ICA	Invasive coronary angiography								
95	LGE	Late gadolinium enhancement								
96	MACE	Major adverse cardiovascular events								
97 98	MR-IMPACT II	The Magnetic Resonance Imaging for Myocardial Perfusion Assessment in Coronary artery disease								
99 100	MR-INFORM	The Myocardial Perfusion CMR versus Angiography and FFR to Guide the Management of Patients with Stable Coronary Artery Disease								
101	nLR	Negative likelihood ratio								
102	pLR	Positive likelihood ratio								
103	SPINS	Stress CMR Perfusion Imaging in the United States)								

## 104 Introduction

105 Coronary artery disease (CAD) is the leading cause of cardiovascular morbidity and mortality 106 worldwide. Non-invasive imaging plays a central role in the recent 2019 European Society of 107 Cardiology guidelines on chronic coronary syndromes and in the 2021 AHA/ACC guidelines 108 on chest pain. Evaluation of inducible myocardial ischemia by assessment of perfusion 109 reserve or regional wall motion abnormalities is a key element in the diagnostic work-up of 110 patients with stable chest pain and an intermediate-to-high pre-test probability of CAD<sup>1,2</sup>.

111 New recommendations for the use of non-invasive imaging in coronary syndromes developed 112 by a transatlantic intersociety task force endorse the use of stress cardiovascular magnetic 113 resonance (CMR) to detect ischemia and guide clinical decision-making in patients with high 114 intermediate pre-test clinical likelihood of CAD<sup>3</sup>. Consistently, the 2021 American College 115 of Cardiology and American Heart Association guidelines for the evaluation and diagnosis of 116 chest pain delivered Class I and IIa recommendations for stress CMR as a first-line functional 117 investigation for evaluation of chest pain in intermediate-risk patients with known or 118 suspected CAD<sup>4</sup>.

CAD is one of the primary indications for CMR<sup>5,6</sup> and utilization of stress CMR has been 119 120 steadily growing worldwide<sup>6</sup>. However, contemporary data on the diagnostic accuracy and 121 prognostic value of stress CMR in patients with known or suspected CAD is currently 122 lacking. After twenty years of clinical use and the recent completion of large multicenter observational studies<sup>7,8</sup> and randomized clinical trials<sup>9,10</sup>, which were not included in 123 124 previous systematic reviews and meta-analyses<sup>11-14</sup>, we have appraised the best available 125 contemporary evidence to deliver the most updated quantitative synthesis on diagnostic 126 accuracy and prognostic value of stress CMR for the assessment of chest pain.

## 127 Methods

128 This systematic review and meta-analysis was planned, conducted, and reported according to

129 the PRISMA statement for design, analysis, and reporting of meta-analyses of randomized

- 130 and observational studies<sup>15</sup> and the Cochrane Handbook for Systematic Reviews of
- 131 Diagnostic Test Accuracy<sup>16</sup>. A review protocol was prospectively registered on PROSPERO
- **132** (CRD42022299275).

## 133 Systematic review

134 We searched PubMed and Embase databases, the Cochrane Database of Systematic Reviews, 135 PROSPERO database (www.crd.york.ac.uk/prospero), and Clinical Trials Registry 136 (www.clinicaltrials.gov) from January 2000 through December 2021 (Figure 1). We used 137 two pre-specified combinations of keywords related to diagnostic accuracy and prognostic 138 significance of stress CMR (eMethods). We also searched reference lists of all identified 139 articles for additional relevant studies, including hand-searching reviews and published meta-140 analyses. Two authors (G.B., A.D.C.) performed the screening of titles and abstracts, 141 reviewed full-text articles, and determined their eligibility. Discrepancies were resolved by 142 consensus with other reviewers (F.R., M.Y.K., A.C.). The review process was not blinded to 143 study results. Studies were eligible if they met the following criteria: (i) published as full-144 length article; (ii) English language; (iii) prospective or retrospective study design; (iv) 145 enrolling  $\geq 100$  patients aged  $\geq 18$  years; (v) reporting estimates of diagnostic accuracy of 146 stress CMR compared with invasive coronary angiography (ICA) or fractional flow reserve 147 (FFR) as reference test, and/or raw data about all-cause death, CV death, and major adverse 148 cardiovascular events (MACE, defined as composite of CV death and myocardial infarction) 149 for study participants with either positive or negative stress CMR scans. Studies were eligible 150 regardless of whether they were referred for suspected or known CAD and regardless of the

technique used for evaluation of inducible ischemia: wall motion analysis, perfusion
(qualitative, semiquantitative, fully quantitative). Two investigators (G.B., A.D.C.) abstracted
relevant data of patient populations, study-level characteristics, and outcomes from original
eligible sources. The ascertainment of clinical events was accepted as reported. The quality of
eligible studies was evaluated by QUADAS-2 tool<sup>17</sup> and Newcastle-Ottawa Scale<sup>18</sup> for
diagnostic and prognostic studies, respectively.

#### 157 Statistical analysis

158 Categorical variables were reported as percentages, and continuous variables as means and 159 standard deviation or medians and interquartile range, as appropriate. We used the inverse 160 variance heterogeneity model for the meta-analysis of diagnostic studies, which proved superior to the standard bivariate model<sup>19</sup>. For each study, raw data of true positives, true 161 162 negatives, false positives, and false negatives were either extracted from the study or 163 generated from reported diagnostic estimates. Diagnostic odds ratio (DOR), area under the 164 receiver operating characteristic (ROC) curve (AUC), sensitivity, specificity, negative (nLR) 165 and positive likelihood ratios (pLR) were calculated. A ROC plot was used to summarize 166 study-level findings. Pooled estimates of sensitivity and specificity for stress CMR derived 167 from the meta-analysis were used to generate a leaf plot illustrating the relationship between 168 pre-test and post-test probability of CAD. In the prognostic meta-analysis, summary effect sizes for all-cause death, CV death, and myocardial infarction have been calculated primarily 169 170 for presence or absence of inducible ischemia, and additionally for late gadolinium 171 enhancement (LGE). A random-effects model was used, and study-specific odds ratios (ORs) 172 were pooled using the Mantel-Haenszel method for each study outcome. The Hartung-Knapp adjustment<sup>20</sup> was applied to all analyses except for those with  $\leq 3$  studies per group. Average 173 174 effects were not calculated for outcomes reported by less than 3 studies. Inter-study

175 heterogeneity was assessed by I<sup>2</sup> statistic and represented as Baujat plot<sup>21</sup>. Significant 176 heterogeneity was considered for  $I^2 > 50\%$ . The z-statistic was computed for each endpoint of 177 interest, and the results were considered statistically significant at a p<0.05. Meta-analysis 178 results were presented by classic forest plots with point estimates of the effect size and 179 95%CIs, with square area indicating study weight. A Jackknife sensitivity analysis was 180 performed for each outcome to evaluate the robustness of the results and the impact of every 181 single study on the summary estimate of effect. The likelihood of publication bias was 182 assessed using funnel plots by displaying individual study OR with 95%CIs for the endpoints 183 of interest, with the addition of the non-parametric 'trim-and-fill' procedure to adjust for 184 funnel plot asymmetry by generating hypothetical missing studies; for all models including 185 more than 10 studies, funnel plot asymmetry was also evaluated by tests proposed by Deeks<sup>22</sup> and Egger<sup>23</sup> for diagnostic and prognostic studies, respectively (p<0.10 indicative of 186 187 significant publication bias). Subgroup analyses were performed to investigate possible 188 sources of heterogeneity and to assess the effect of selected variables, including sample size, 189 sex, CAD prevalence, thresholds of diameter stenosis, year of publication, magnetic field 190 strength, and stressor agent. Annualized event rates (AERs) for studies were calculated by 191 dividing the number of events by the follow-up duration. The low-risk period was defined as 192 the mean time interval the patient group with a negative test remained below the threshold of 1% cumulative MACE rate<sup>24</sup>. All statistical analyses were performed using R version 4.1.0. 193 194 (R packages and functions are detailed in eMethods).

## 195 Results

- 196 Of 3,144 citations identified and retrieved for title and abstract evaluation, we reviewed full-
- 197 text of 237 potentially relevant articles and finally included 33 diagnostic studies and 31
- 198 prognostic studies, published between 2002 and 2021 (Figure 1). Study-level prevalence of
- 199 CAD ranged between 11% and 83% in diagnostic studies. Mean follow-up was 3.5 years
- 200 (range 0.9 to 8.8) for a total of 381,357 person-years. The overall quality of included studies
- 201 was high (eFigure 1, eTable 3). Main characteristics of studies included in the diagnostic
- and prognostic meta-analyses are summarized in eTable 1 and eTable 2.
- 203

# 204 Diagnostic Meta-Analysis

# 205 Stress CMR vs ICA

- 206 Diagnostic accuracy of stress CMR compared with ICA as the reference test was reported in
- 207 30 studies<sup>8,10,25-52</sup>, pooling 7,496 symptomatic patients with known (n=537) or suspected
- 208 CAD (n=2825).
- 209 On a per-patient analysis, stress CMR yielded a pooled DOR of 19.1 (95%CI:12.6-29.1), a
- 210 sensitivity of 84% (95%CI:79-88%), a specificity of 79% (95%CI:73-84%), a pLR of 4.0
- 211 (95%CI:3.0-5.3), a nLR of 0.21 (95%CI:0.2-0.3), and AUC of 0.81 (95%CI:0.78-0.84) for
- 212 the detection of anatomically obstructive CAD (Figure 2).
- 213 On a per-vessel analysis, stress CMR yielded pooled DOR of 21.0 (95%CI:10.2-43.4),
- 214 sensitivity of 72% (95%CI:61-81%), specificity of 89% (95%CI:82-94%), pLR of 6.7
- 215 (95%CI:3.8-11.8), nLR of 0.3 (95%CI:0.2-0.5), and AUC of 0.82 (95%CI:0.76-0.87).

216

## 217 Stress CMR vs invasive FFR

- 218 Diagnostic accuracy of stress CMR compared with invasive FFR as the reference test was
- 219 reported in 8 studies  $^{10,27,37,44,45,53-55}$ , pooling 1,196 symptomatic patients with known (n=354)

- or suspected (n=593) CAD. On per-patient analysis, stress CMR yielded pooled DOR of 26.4
- 221 (95%CI:10.6-65.9), sensitivity of 81% (95%CI:68-89), specificity of 86% (95%CI:75-93%),
- 222 a pLR of 5.8 (95%CI:3.0-11.4), nLR of 0.2 (95%CI:0.1-0.4), and AUC of 0.84 (0.77-0.89)
- 223 for detection of functionally obstructive CAD (Figure 2). On per-vessel analysis, stress CMR
- 224 yielded pooled DOR of 24.1 (95%CI:5.5-105.4), sensitivity of 70% (95%CI:46-86%),
- 225 specificity of 91% (95%CI:74-97%), pLR of 8.0 (95%CI:2.4-26.5), nLR of 0.3 (95%CI:0.1-
- 226 0.8), and AUC of 0.83 (95%CI:0.70-0.91).
- 227
- 228 Prognostic Meta-Analysis

## 229 All-cause mortality

- A total of 11 studies<sup>56-66</sup> pooling 51,166 individuals reported all-cause mortality. Presence of
- inducible ischemia was associated with two-fold increased mortality (OR 2.0; 95%CI:1.7-2.3,
- p<0.005; Figure 3A). Presence of LGE was associated with two-fold increased mortality
- 233 (OR 2.22; 95%CI:1.99-2.47, p<0.001; Figure 4A). Pooled AERs for all-cause mortality in
- patients with and without inducible ischemia were respectively 3.0% and 1.4% (p<0.0001;
- **Figure 5A**). Pooled AERs for all-cause mortality in patients with and without LGE were
- 236 respectively 4.5% and 2.3% (p<0.0001; Figure 5A).
- 237

# 238 Cardiovascular mortality

- A total of 14 studies<sup>62,64,66-77</sup> pooling 12,252 individuals reported CV mortality data Presence
- 240 of inducible ischemia detected by stress CMR was associated with six-fold increased CV
- 241 mortality (OR 6.4 95%CI:4.5-9.1, p<0.0001; Figure 3B). Presence of LGE was associated
- 242 with six-fold increased CV mortality (OR 6.03; 95%CI:2.76-13.13, p<0.001; Figure 4B).
- 243 Pooled AERs for CV death in patients with and without inducible ischemia were respectively
- 244 2.5% and 0.6% (p<0.0001; Figure 5A). Pooled AERs for CV mortality in patients with and

without LGE were respectively 2.51% and 0.71% (p<0.0001; Figure 5A).

246

247 *MACE* 

- A total of 22 studies<sup>7,25,59,60,64,66-69,72-84</sup> pooling 17,084 individuals reported MACE data.
- 249 Presence of inducible ischemia was associated with five-fold increased risk of incident
- 250 MACE (OR 5.3 95%CI:4.0-7.0, p<0.000; Figure 3C). Presence of LGE was associated with
- five-fold increased risk of MACE (OR 5.42; 95%CI:3.42-8.6, p<0.001; Figure 4C). Pooled
- AERs for MACE in patients with and without ischemia were respectively 4.3% and 1.0%
- 253 (p<0.0001; Figure 5A). Pooled AERs for MACE in patients with and without LGE were
- respectively 2.9% and 0.78%, p<0.0001; Figure 5A). Combining ischemia and LGE
- 255 information, we documented the highest AER when both present and the lowest AER when
- both absent (Figure 5B). At mean follow-up of 3.5 years, normal stress CMR, featuring
- absence of inducible ischemia and no LGE, was associated with a pooled AER of 0.58%,
- whilst the presence of ischemia and LGE yielded a pooled AER of 4.24%.

259

260 Assessment of study quality and publication bias

261 According to QUADAS-2 tool, risk of bias was low in 29 of 33 diagnostic studies (eFigure

**262 3**). Of 31 prognostic studies, 15 studies scored 9 stars, and 16 studies scored 8 stars according

- to the Newcastle-Ottawa Scale (eTable 3). In ICA studies, Deeks' test ruled-out small-study
- bias and publication bias (p=0.34) (eFigure 2). Deeks' test was not performed in FFR studies
- since the number of studies was insufficient. With regards to prognostic studies, we ruled-out
- 266 publication bias by visual inspection of funnel plots and Egger's test of intercept that was
- 267 non-significant for each outcome (eFigure 3).

#### 268 Subgroup analysis

269	Results are summ	arized in eTabl	es 4, 5. Sti	ess CMR de	emonstrated h	igher diagi	nostic
			) -			0 0	

- 270 performance for detection of anatomically and functionally obstructive CAD in two
- 271 scenarios: suspected CAD and 3-Tesla. In FFR studies, higher diagnostic accuracy was
- observed in women or when lowering FFR cut point to 0.75. In ICA studies, quantitative
- 273 assessment yielded higher DOR and specificity compared with visual assessment, and
- 274 dipyridamole achieved overall higher accuracy compared with adenosine.

275

# 276 Sensitivity analysis

277 Two diagnostic studies<sup>10,85</sup> were visually and quantitatively identified as outliers in the ICA

analysis (eFigure 2). Removal of the two outliers increased diagnostic accuracy with a

pooled DOR of 25.2 (eFigure 4). In the FFR analysis, removal of the single outlier<sup>10</sup>

- improved diagnostic summary estimates, attaining a pooled DOR of 41.3 (eFigure 5). No
- single prognostic study affected the pooled OR for each endpoint of interest.

#### 282 Discussion

283 The current analysis covers the last 20 years of clinical research in the field of stress 284 CMR imaging using state-of-the-art statistical methods for quantitative data synthesis. We 285 provide the largest summary evidence available by pooling more than 65,000 patients and 286 381,357 person-years of follow-up and reaffirming that stress CMR imaging yields high 287 diagnostic accuracy, robust cardiac prognostication, and effective risk stratification in 288 patients with stable chest pain and known or suspected CAD. Our analysis was focused on 289 symptomatic patients, in line with current international guidelines indications on deferring or 290 eliminating unnecessary testing when the diagnostic yield is low or in asymptomatic 291 individuals<sup>1,86</sup>.

292 Stress CMR delivers high diagnostic accuracy consistently across multiple clinical 293 scenarios and time trend analysis. This is even more evident for detecting functionally 294 obstructive lesions assessed by FFR, which has been shown to provide optimum balance between myocardial revascularization and medical treatment in the FAME trials<sup>87,88</sup>. In 295 addition to previous meta-analyses<sup>89,90</sup>, our findings build on supporting better diagnostic 296 297 performance of stress CMR in the setting of suspected CAD, or when using 3-Tesla imaging, due to improved contrast resolution<sup>91-93</sup>, and quantitative perfusion assessment, which can be 298 299 advantageous to better identify disease extent or peri-infarct ischemia than visual assessment alone in multivessel CAD, detect microvascular disease and verify stress adequacy<sup>94</sup>. The 300 301 signal of dipyridamole outperforming adenosine studies is intriguing and possibly reflecting 302 the incremental diagnostic value of combined perfusion and wall motion assessment<sup>76</sup>. This 303 requires careful interpretation and prospective verification in regadenoson studies and needs 304 to be weighed against the cost, potential tolerability, and effectiveness of the stressor agents<sup>95</sup>. 305

306

In our diagnostic meta-analysis, two studies were identified as outliers that

307 showed a lower-than-average diagnostic yield of stress CMR. The Dan-NICAD randomized clinical trial<sup>10</sup> enrolled patients with low-to-intermediate pre-test probability of CAD and an 308 309 abnormal CCTA scan prior to CMR testing and found low sensitivity for second-line perfusion investigations. However, the specific study design could have led to selection bias 310 and potentially impacted diagnostic estimates<sup>96</sup>. The MR-IMPACT II study<sup>85</sup> compared stress 311 312 CMR and SPECT in a population with intermediate CAD prevalence (49%), but also a fairly 313 high number of patients with prior MI (27%), in whom it can be more difficult to 314 discriminate myocardial scarring and residual ischemia, and with expected higher prevalence 315 of microvascular disease inflating the number of false positive findings. This multicenter 316 study enrolling from 33 different institutions aimed to frame a realistic clinical environment 317 not restricted to high-volume leading centers. In both studies, measurements were performed 318 by an independent core laboratory with readers fully blinded to additional patient information 319 and results, limiting the bias of the clinical context when reporting stress CMR studies. 320 When interpreting these findings, we should remember that myocardial ischemia 321 exists as a continuum and binary categorizations have inherent limitations. Furthermore, 322 shortcomings in the accuracy of established invasive gold standards must be carefully 323 considered. Notably, FFR was firstly calibrated against non-invasive tests<sup>97</sup>, including 324 bicycle exercise testing, thallium scintigraphy, stress echocardiography with dobutamine, 325 which were, themselves, validated against ICA as the reference test, falling into a challenging 326 circular thinking<sup>98,99</sup>. An FFR threshold of  $\leq 0.80$  has been adopted into clinical practice 327 guidelines as an actionable value to guide revascularization, despite robust evidence supporting larger treatment benefit at lower FFR values<sup>100,101</sup> and our findings indicating 328 329 better agreement with an FFR threshold of 0.75. 330 More recently, the MR-INFORM trial randomized 918 symptomatic patients at high

331 pre-test probability of CAD to undergo ICA plus FFR versus stress CMR-guided

332 care<sup>9</sup>. MACE rate and percentage of patients free from angina were similar for both strategies 333 at 1-year, yet the use of stress CMR was associated with a noticeably lower incidence of 334 downstream ICA and coronary revascularization than was the use of FFR. Similar findings 335 have been reported in the setting of low-risk acute coronary syndromes by a network meta-336 analysis of diagnostic randomized controlled trials demonstrating how stress CMR was 337 associated with fewer referrals to downstream ICA than coronary CT angiography or other 338 non-invasive imaging modalities, and without obvious impact on subsequent risk of 339 myocardial infarction<sup>102</sup>.

340 This evidence translates into the uniquely favorable cost-effective profile of stress CMR imaging compared to its relevant comparators<sup>103</sup>. According to a cost-effectiveness 341 342 analysis comparing different first-line diagnostic pathways for stable chest pain and a 343 decision-analytic model to estimate lifetime health care costs and quality-adjusted life-years 344 derived from the multicenter SPINS study, stress CMR strongly dominated SPECT and 345 coronary CT angiography strategies either when considering all MACE or hard events 346 alone<sup>104</sup>. Thus, having access to CMR is a win situation for patients and can lead to 347 significant cost savings by reducing the need for additional, unnecessary tests and revascularization procedures<sup>105,106</sup>. 348

349 The prognostic value of non-invasive cardiac investigations has been the objective of a 350 previous meta-analysis raising the possibility of clinical equipoise for prediction of CV death 351 and myocardial infarction <sup>13</sup>. While the message that any negative test conveys excellent 352 prognosis is reassuring and challenges need for further downstream testing, post-test 353 probability of disease needs adjustment for baseline population event risk and should always 354 be carefully interpreted in the context of pre-test probability, prevalence of disease and 355 according to the clinical scenario. In our analysis, the presence of inducible ischemia by 356 stress CMR was a robust predictor of increased mortality and risk of MACE, further

heightened by the presence of LGE. Conversely, normal stress CMR was associated with
very low incidence of adverse cardiovascular events, yielding a low-risk post-test period of at
least 3.5 years. Our data echoes the results of previous meta-analyses<sup>107,108</sup> and of the EuroCMR registry<sup>5</sup>, where patients with suspected CAD and a negative stress CMR experienced
an AER for hard cardiovascular endpoints of less than 1%.

Ultimately, the prognostic value of stress CMR, either performed with vasodilators or
dobutamine, is incremental to traditional risk factors<sup>66,81</sup>. Further studies are needed to
establish the optimal CMR method for absolute quantification of myocardial blood flow and
the optimal ischemic threshold associated with larger treatment effect, as a tipping point
useful to identify patients who would most benefit from myocardial revascularization versus
safe deferral.

## 368 Strengths and limitations

369

370 We summarized the largest evidence available making use of the best methods for 371 quantitative synthesis and provided robust estimates on the diagnostic and prognostic value 372 of stress CMR. We provide new information on the duration of low-risk period for MACE 373 following a normal stress CMR. This knowledge has the potential to inform future clinical 374 guidelines about ideal time intervals for repeat imaging and to provide useful guidance to 375 subsequent management of symptomatic patients with initial normal imaging results or subclinical disease<sup>109</sup>. Results of subgroup analyses also suggest better diagnostic 376 377 performance of stress CMR in the setting of suspected CAD, especially when using 3-Tesla 378 imaging and fully quantitative approaches. We acknowledge a few limitations. Firstly, we 379 did not compare the yield of stress CMR to other imaging modalities as it was beyond the 380 scope of the current work, and literature specifically addressing these topics already exist <sup>110-</sup> 381 <sup>112</sup>. Secondly, our results are mostly derived from observational studies reflecting different

382	guideline recommendations across two decades of practice. Within this timespan, thresholds
383	for coronary stenosis have changed <sup>113</sup> , methods for estimation of pre-test probabilities of
384	obstructive CAD have been updated and recalibrated <sup>1,86</sup> , and CMR protocols have been
385	implemented with quantitative perfusion assessment <sup>61</sup> , new tools for evaluation of stress
386	adequacy <sup>114-116</sup> , more widespread use of regadenoson <sup>117</sup> , and other disruptive technical
387	innovations <sup>118-120</sup> . Finally, we recognize lack of information about medical therapy,
388	completeness of myocardial revascularization, extent of inducible ischemia, degree of
389	myocardial fibrosis, and prevalence of microvascular dysfunction. Despite intrinsic
390	challenges and limitations of study-level meta-analysis, including limited adjustment for
391	confounding factors and ecological fallacy, we attempted to synthesize the results in a robust
392	manner addressing potential bias.

393

# 394 Conclusions

In patients with stable chest pain and known or suspected CAD, stress CMR yields high
diagnostic accuracy to detect both anatomically and functionally significant CAD, with 3Tesla and quantitative perfusion approaches delivering higher diagnostic performance. Stress
CMR provides also robust prognostic information and effective risk stratification. While
presence of ischemia and LGE portend higher CV risk and mortality, normal stress CMR is
associated with very low risk of MACE for at least 3.5 years.

#### 401 Contributors

- 402 FR, GB, MYK, CBD had full access to all the data in the study and take responsibility of the
- 403 data and accuracy of the data analysis. FR, AC, LC, ADC, AF contributed to the study concept
- 404 and design. FR, GBD, LC, AC, ADC contributed to the acquisition of data. All authors
- 405 analyzed and interpreted the data. SG was the study supervisor. GBD and FR did the statistical
- 406 analysis. FR drafted the manuscript with critical revision for important intellectual content
- 407 from all co-authors. FR, GB, MYK, AF, SEP and CBD contributed to the revision process with
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- 416 The remaining authors have nothing to disclose.
- 417
- 418 Supplemental Materials
- 419 eMethods
- 420 eFigures 1-5
- 421 eTables 1-5

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## Figure 1 - PRISMA 2020 diagrams of search results.



Flow chart of search results for (A) diagnostic and (B) prognostic studies.



#### Figure 2 - Diagnostic yield of stress CMR in stable chest pain.

Plot of summary receiver operating curve characteristic of stress CMR compared with ICA (A) or FFR (B) as reference. The receiver operator characteristic curve provides a graphical display of diagnostic accuracy by plotting false positive rate (or 1-specificity) in the horizontal axis and sensitivity in the vertical axis. (C) Leaf plot illustrating the relationship between pre-test and post-test probability of CAD based on pooled estimates of sensitivity and specificity for stress CMR with ICA (red) or FFR (blue) as reference. CAD, coronary artery disease; CMR, cardiovascular magnetic resonance; FFR, fractional flow reserve; ICA, invasive coronary angiography.

#### Figure 3. Prognostic significance of inducible ischemia in stable chest pain.

All-cause death										
	Ischen	Odds Ratio	Odds Ratio							
Study	Events	Total	Events	Total	Weight	MH, Random, 95% C	MH, Random, 95% Cl			
T. Pezel 2021	489	2940	2190	28822	27.9%	2.43 [2.18; 2.70]	•			
V. Marcos-Garces 2020	393	2582	324	3807	24.3%	1.93 [1.65; 2.26]	-			
K. D. Knott 2020	14	266	28	783	4.8%	1.50 [0.78; 2.89]				
A. Esteban-Fernández 2020	4	45	11	65	1.6%	0.48 [0.14; 1.61]				
J. F. Heitner 2019	510	2388	855	6763	26.9%	1.88 [1.66; 2.12]	•			
E. Nagel 2019	4	221	0	224	0.3%	9.29 [0.50; 173.57]				
O. Catalano 2018	9	82	41	383	3.7%	1.03 [0.48; 2.21]	_ <b>+</b> ÷			
R. Shah 2013	28	210	40	582	7.2%	2.08 [1.25; 3.48]				
B. Klumpp 2013	2	143	1	77	0.4%	1.08 [0.10; 12.08]	<b>i</b>			
R. R. Macwar 2013	8	240	0	264	0.3%	19.34 [1.11; 336.89]				
W. G. Hundley 2002	11	93	9	186	2.6%	2.64 [1.05; 6.61]				
Total (95% CI)	2	9210		41956	100.0%	1.97 [1.69; 2.31]				
Heterogeneity: Tau <sup>2</sup> = 0.0197;	Chi <sup>2</sup> = 25.	.38, df =	= 10 (P <	0.01); I <sup>2</sup>	= 61%					
							0.01 0.1 1 10			

# **Cardiovascular death**

	lschen	nia (+)	Ischer	nia (-)		Odds Ratio	Odds Ratio
Study	Events	Total	Events	Total	Weight	MH, Random, 95% CI	MH, Random, 95% Cl
T. Pezel 2021	57	267	93	1791	19.8%	4.96 [3.46; 7.10]	
M. Y. Ng 2021	3	38	1	170	2.2%	14.49 [1.46; 143.37]	
T. Pezel 2021	140	738	165	2926	22.3%	3.92 [3.08; 4.99]	
E. Nagel 2019	2	221	0	224	1.3%	5.11 [0.24; 107.13]	
G. Pontone 2016	4	223	1	570	2.4%	10.39 [1.16; 93.50]	
R. Shah 2013	24	210	5	582	8.7%	14.89 [5.60; 39.58]	÷ •
R. R. Macwar 2013	15	240	0	264	1.5%	36.36 [2.16; 611.10]	
B. H. Freed 2013	2	43	0	106	1.3%	12.83 [0.60; 272.97]	
V. Bodi 2012	29	712	7	1010	10.6%	6.08 [2.65; 13.97]	
S. E. Bingham 2011	20	298	10	610	11.5%	4.32 [1.99; 9.34]	<del>- ■</del> -
O. R. Coelho-Filho 2011	18	109	3	296	6.2%	19.32 [5.56; 67.07]	÷ •
K. Y. Lo 2011	2	43	2	160	2.8%	3.85 [0.53; 28.19]	
E. L. Wallace 2009	15	60	6	161	8.4%	8.61 [3.16; 23.48]	- <u>-</u>
D. Kuijpers 2004	1	68	0	112	1.2%	5.00 [0.20; 124.49]	
Total (95% CI)		3270		8982	100.0%	6.40 [4.48; 9.14]	

MACE

С

	lschen	nia (+)	lsche	mia (-)		Odds Ratio	Odds Ratio
Study	Events	Total	Events	Total	Weight	MH, Random, 95% C	MH, Random, 95% C
. Pezel 2021	75	267	128	1791	8.1%	5.08 [3.68; 7.00]	
/I. Y. Ng 2021	3	38	2	170	1.8%	7.20 [1.16; 44.70]	
. Pezel 2021	245	738	227	2926	8.7%	5.91 [4.82; 7.25]	
R. Y. Kwong 2019	60	405	93	1944	8.0%	3.46 [2.45; 4.88]	
. Nagel 2019	9	221	2	224	2.4%	4.71 [1.01; 22.06]	
3. Heydari 2016	20	79	1	94	1.5%	31.53 [4.12; 241.16]	
G. Pontone 2016	30	223	23	570	6.6%	3.70 [2.10; 6.52]	-
A. Becker 2015	41	184	22	240	6.6%	2.84 [1.62; 4.97]	
R. V. Shah 2014	10	75	4	180	3.4%	6.77 [2.05; 22.34]	
E. Bikiri 2014	65	256	51	628	7.6%	3.85 [2.58; 5.75]	
S. A. Abbasi 2014	5	93	3	253	2.6%	4.73 [1.11; 20.22]	
3. Klumpp 2013	11	143	3	77	3.0%	2.06 [0.56; 7.60]	
R. Shah 2013	38	210	7	582	5.0%	18.15 [7.96; 41.37]	-
/. Bodi 2012	44	712	17	1010	6.6%	3.85 [2.18; 6.79]	
D. D. Lubbers 2012	0	14	1	125	0.7%	2.86 [0.11; 73.55]	
S. E. Bingham 2011	25	298	10	610	5.5%	5.49 [2.60; 11.60]	-
D. R. Coelho-Filho 2011	34	109	6	296	4.6%	21.91 [8.87; 54.12]	
K. Y. Lo 2011	9	43	2	160	2.3%	20.91 [4.32; 101.16]	
S. Kelle 2009	2	34	0	89	0.8%	13.77 [0.64; 294.48]	
E. L. Wallace 2009	19	60	27	161	5.9%	2.30 [1.16; 4.55]	
C. Jahnke 2007	9	45	10	428	4.3%	10.45 [3.99; 27.37]	֥
V. G. Hundley 2002	12	93	6	186	4.1%	4.44 [1.61; 12.26]	— <b>—</b> —
otal (95% CI)		4340		12744	100.0%	5.33 [4.04; 7.04]	<b>\</b>

Forest plots with individual and overall odds ratio estimates for all-cause death, cardiovascular death and MACE by presence or absence of inducible ischemia (A, B, C). The solid vertical line at the centre of the graph is the 'line of no effect', that is, an odds ratio of 1.0 represented. An odds ratio >1.0 favors individuals without inducible ischemia, whereas an odds ratio <1.0 favors individuals with inducible ischemia. The interrupted vertical line indicates the pooled effect estimate. The diamond size is proportional to the overall weight in this random-effects model. Blue squares indicate weighted point estimates of the effect of each single study. CI, confidence interval; MACE, major adverse cardiovascular events; MH, Mantel-Haenszel.

# Figure 4. Prognostic significance of LGE in stable chest pain.



	L	GE (+)	L	GE (-)		Odds Ratio	Odds Ratio
Study	Events	Total	Events	Total	Weight	MH, Random, 95% CI	MH, Random, 95% Cl
R. Y. Kwong 2019	84	572	69	1777	39.0%	4.26 [3.05; 5.95]	📕
V. Bodi 2012	15	193	10	1529	19.4%	12.80 [5.67; 28.92]	
S. E. Bingham 2011	25	341	10	567	21.5%	4.41 [2.09; 9.29]	——————————————————————————————————————
R. V. Shah 2014	9	88	5	167	12.5%	3.69 [1.20; 11.38]	
B. Klumpp 2013	12	107	2	113	7.7%	7.01 [1.53; 32.11]	
Total (95% CI)		1301		4153	100.0%	5.42 [3.42; 8.60]	
Heterogeneity: Tau <sup>2</sup> = 0.1130; Chi <sup>2</sup> = 6.54, df = 4 (P = 0.16); $I^2$ = 39%							
							0.1 0.5 1 2 10

Forest plots with individual and overall odds ratio estimates for all-cause death, cardiovascular death and MACE by presence or absence of or LGE (A, B, C). The solid vertical line at the centre of the graph is the 'line of no effect', that is, an odds ratio of 1.0 represented. An odds ratio >1.0 favors individuals without LGE, whereas an odds ratio <1.0 favors individuals with LGE. The interrupted vertical line indicates the pooled effect estimate. The diamond size is proportional to the overall weight in this random-effects model. Blue squares indicate weighted point estimates of the effect of each single study. CI, confidence interval; MACE, major adverse cardiovascular events; MH, Mantel-Haenszel; LGE, late gadolinium enhancement.



Figure 5. Pooled annualized event rate by stress CMR imaging findings in stable chest pain.

В

Annualized MACE rate by inducible ischemia and LGE, combined



Grouped bar charts plotting (A) pooled annualized event rate for all-cause death, CV death and MACE by inducible ischemia or LGE with colors indicating the secondary category level for each analysis; (B) pooled annualized event rate for MACE by combination of inducible ischemia and LGE information. LGE, late gadolinium enhancement; MACE, major adverse cardiovascular events.