

# Trends in Analytical Chemistry

## Applications of metal organic frameworks in point of care testing

--Manuscript Draft--

<b>Manuscript Number:</b>	TRAC-D-23-00842R1
<b>Article Type:</b>	Review Article
<b>Keywords:</b>	Metal organic frameworks; point-of-care diagnostic devices; lab-on-a-chip; cellphone-based technologies; paper-based assays
<b>Corresponding Author:</b>	Marcello Locatelli Gabriele d'Annunzio University of Chieti and Pescara ITALY
<b>First Author:</b>	Fotouh R. Mansour
<b>Order of Authors:</b>	Fotouh R. Mansour Sherin F. Hammad Inas A. Abdallah Alaa Bedair Reda M. Abdelhameed Marcello Locatelli
<b>Abstract:</b>	Diagnostic devices used in the POC today play a critical role as tools to provide essential medical surveillance data and to ensure that patients receive appropriate and timely care. These devices also allow self-analysis by the patient, increasing therapeutic adherence as well as reducing pressure on clinical structures. Recent breakthroughs in new technologies are paving the way for the next generation of POCT. Nanomaterials have been created and characterized in recent years. Due to their specific physicochemical properties, MOF nanoparticles are increasingly being used in POCT to improve analytical performance and simplify testing techniques. MOFs have been used for colorimetric or electrochemical POCT and are used as carriers for plasmonic biosensors to be resistant to environmental conditions. This review will discuss the detailed role of MOF in POCT from 2016 to 2023, in addition to the chemical synthesis and characterization methods related to the uses and applications of MOF.
<b>Suggested Reviewers:</b>	Victoria Samanidou Aristotle University of Thessaloniki samanidu@chem.auth.gr  Abuzar Kabir Florida International University akabir@fiu.edu  Halil I. Ulusoy Sivas Cumhuriyet University hiulusoy@yahoo.com  Sibel A. Ozkan Ankara University ozkan@pharmacy.ankara.edu.tr  Donato Cosco Magna Graecia University of Catanzaro donatocosco@unicz.it
<b>Opposed Reviewers:</b>	
<b>Response to Reviewers:</b>	Response letter (POCT) Editor and Reviewer comments: Reviewer #1 This review article discusses the applications of metal organic frameworks (MOFs) in point-of-care testing (POCT). It highlights the role of MOFs in various POCT

technologies, such as colorimetric or electrochemical assays, plasmonic biosensors, and lab-on-a-chip devices. It also discusses the chemical synthesis and characterization methods related to the use of MOFs in POCT. Generally, the article emphasizes the potential of MOFs in enhancing the accuracy, efficiency, and operator-independence of diagnostic devices used at the point of care. I recommend publication after addressing the following points:

We thank the reviewer for his time and effort and for the very positive evaluation. All suggestions were accepted and reported in the revised version.

Line 44: please, replace "biosensor to resist to the environmental conditions" with "biosensor to be resistant to the environmental conditions"

The sentence "biosensor to resist to the environmental conditions" has been replaced with "biosensor to be resistant to the environmental conditions"

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The required spaces have been added.

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The two paragraphs have been combined.

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Reviewer #3

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suggestions were accepted and reported in the revised version.

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5. There are some grammatical typos in the manuscript. Therefore, I suggest to check the manuscript language by a native speaker.

The manuscript has been double revised, grammatical errors have been corrected.

**Prof. Marcello Locatelli**

University "G. d'Annunzio" of Chieti-Pescara,  
 Dept. of Pharmacy, Build B level 2, Via dei Vestini 31, 66100  
 Chieti (CH), Italy  
 E-mail: [marcello.locatelli@unich.it](mailto:marcello.locatelli@unich.it)

Dear Editor, Prof. Damia Barcelo Culleres,

Please find enclosed the revised manuscript "*Applications of metal organic frameworks in point of care testing*" submitted to the **Trends in Analytical Chemistry** as a review article. The proposal was accepted with number TRAC-20-P980 on 26 Dec 2023.

We are very grateful for the very positive evaluation of the present work (minor revisions and modification) and particularly for the Reviewers suggestions that allow improving the quality. All the suggestions were accepted and reported in the revised version using the track changes mode.

The submitted manuscript matches the journal's scopes. We hope that our manuscript will receive favorable peer reviews and subsequent publication in your esteemed journal.

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Reda M. Abdelhameed	National Research Centre	<a href="mailto:reda_nrc@yahoo.com">reda_nrc@yahoo.com</a>
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Fotouh R. Mansour	Faculty of Pharmacy, Tanta University	<a href="mailto:fotouhrashed@pharm.tanta.edu.eg">fotouhrashed@pharm.tanta.edu.eg</a>

Sincerely,

**Prof. Marcello Locatelli**

Department of Pharmacy, University "G. d'Annunzio" of Chieti-Pescara, Via dei Vestini 31, 66100 Chieti, Italy E-mail: [marcello.locatelli@unich.it](mailto:marcello.locatelli@unich.it)

**Proposed Reviewers:**

1. **Prof. Dr. Victoria Samanidou**; Aristotle University of Thessaloniki, Department of Chemistry, Laboratory of Analytical Chemistry, Greece; [samanidu@chem.auth.gr](mailto:samanidu@chem.auth.gr)
2. **Prof. Dr. Abuzar Kabir**; International Forensic Research Institute, Department of Chemistry and Biochemistry, Florida International University, Miami, USA, [akabir@fiu.edu](mailto:akabir@fiu.edu)
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4. **Prof. Dr. Sibel A. Ozkan**; Ankara University, Faculty of Pharmacy, Ankara, Turkey; [ozkan@pharmacy.ankara.edu.tr](mailto:ozkan@pharmacy.ankara.edu.tr)

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**Data:** Tue, 26 Dec 2023 10:53:42 +0000 [26/12/2023 11:53:42 CET]

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**A:** m.locatelli@unich.it <m.locatelli@unich.it>

**Cc:** Damia Barcelo Culleres <dbcqam@cid.csic.es>

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**Oggetto:** RE: TrAC Review Proposal

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Dear Dr. Locatelli,

Please find below the accepted proposal tracking number for your reference. This number is required when you submit your Review Article via the edi

Accepted proposal: TRAC-20-P980

Thanks & Regards,  
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----- Mensaje original -----

De: "TRACproposals" <tracproposals@elsevier.com>

Para: "Damia Barcelo Culleres" <dbcqam@cid.csic.es>

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Asunto: FW: TrAC Review Proposal

Dear Dr. Barcelo,

Please find attached a proposal for your consideration. I would be grateful if you could contact the author directly with your decision, please cc  
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8LzXqriCkTlyj14zfEiQ ]

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Dear TRAC Trends in Analytical Chemistry Journal Editorial Office

I am writing this mail to bring the attached review proposal to Your attention.

Thanking you for Your kind attention and time dedicated

best regards

Marcello Locatelli

--  
Prof. Marcello Locatelli, PhD  
Associate Professor, Analytical and Bioanalytical Chemistry University "G. d'Annunzio" of Chieti-Pescara; Department of Pharmacy Build B, Level 2; ' Phone: +39-0871-3554590; Fax (Dept.): +39-0871-3554911; Mobile: 348-5821600  
web: [https://eu-west-1.protection.sophos.com?](https://eu-west-1.protection.sophos.com?d=wix.com&u=aHR0CDovL2lhcmluYm91dFNlbnRlcklkxw50awZpY2F0aw9u&i=NjRmNmMwOThlODNkyjE3NTZiZjU2ZDM1&t=TFV5SQk0ZVtVOWJqZyY3JFVWFxei8LzXqriCkTlyj14zfEiQ)  
d=wix.com&u=aHR0CDovL2lhcmluYm91dFNlbnRlcklkxw50awZpY2F0aw9u&i=NjRmNmMwOThlODNkyjE3NTZiZjU2ZDM1&t=TFV5SQk0ZVtVOWJqZyY3JFVWFxei8LzXqriCkTlyj14zfEiQ;  
Twitter: @ABL\_Locatelli; Skype: marcello71079

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## Response letter (POCT)

### Editor and Reviewer comments:

#### Reviewer #1

**This review article discusses the applications of metal organic frameworks (MOFs) in point-of-care testing (POCT). It highlights the role of MOFs in various POCT technologies, such as colorimetric or electrochemical assays, plasmonic biosensors, and lab-on-a-chip devices. It also discusses the chemical synthesis and characterization methods related to the use of MOFs in POCT. Generally, the article emphasizes the potential of MOFs in enhancing the accuracy, efficiency, and operator-independence of diagnostic devices used at the point of care. I recommend publication after addressing the following points:**

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The required spaces have been added.

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The source of the data in Figure 1 has been mentioned.

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The page number has been added.

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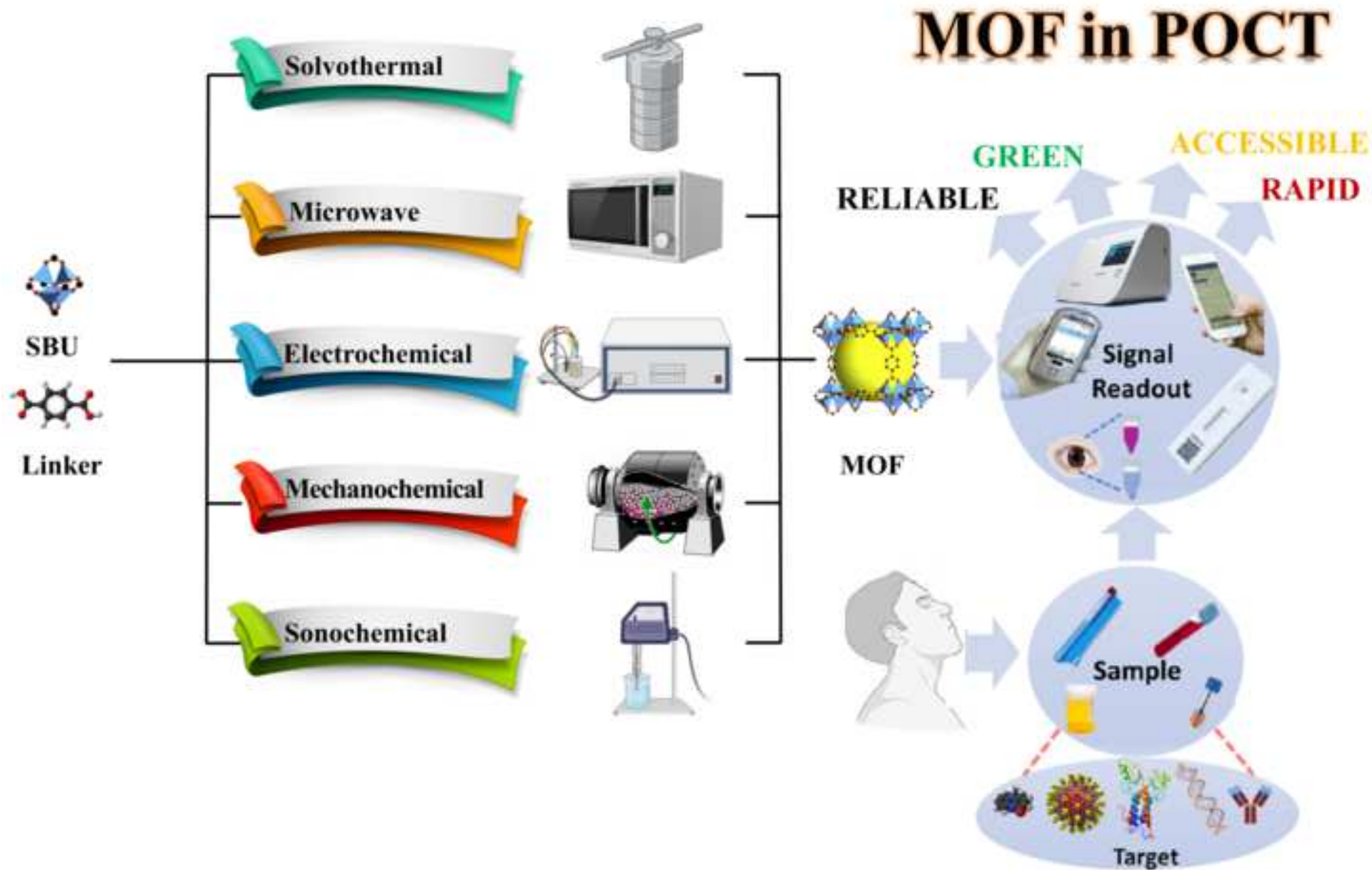
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## **Highlights**

1. Applications of metal organic frameworks in point of care testing
2. Green evaluation of metal organic frameworks in point of care testing
3. Metal organic frameworks in colorimetry point of care testing
4. Metal organic frameworks in electrochemical point of care testing
5. Metal organic frameworks in point of care testing plasmonic biosensor



# Applications of metal organic frameworks in point of care testing

Fotouh R. Mansour<sup>1,\*</sup>, Sherin F. Hammad<sup>1</sup>, Inas A. Abdallah<sup>2</sup>, Alaa Bedair<sup>2</sup>, Reda M. Abdelhameed<sup>3</sup>, Marcello Locatelli<sup>\*4</sup>

<sup>1</sup> *Department of Pharmaceutical Analytical Chemistry, Faculty of Pharmacy, Tanta University, Tanta 31111, Egypt*

<sup>2</sup> *Department of Analytical Chemistry, Faculty of Pharmacy, University of Sadat City, Sadat City 32897, Monufia, Egypt*

<sup>3</sup> *Applied Organic Chemistry Department, Chemical Industries Research Institute, National Research Centre, Giza 12622, Egypt*

<sup>4</sup> *Department of Pharmacy, University "G. d'Annunzio" of Chieti-Pescara, Chieti, 66100, Italy*

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Prof. **Fotouh R. Mansour**; Department of Pharmaceutical Analytical Chemistry, Faculty of Pharmacy, Elgeish Street, the medical campus of Tanta University, Tanta, Egypt 31111. E-mail: [fotouhrashed@pharm.tanta.edu.eg](mailto:fotouhrashed@pharm.tanta.edu.eg)

32 **Abstract**

33 Diagnostic devices used in the point-of-care (POC) today play a critical role as tools to provide  
34 essential medical surveillance data and to ensure that patients receive appropriate and timely care.  
35 These devices also allow self-analysis by the patient, increasing therapeutic adherence as well as  
36 reducing pressure on clinical structures. The development of new diagnostic tools, therefore,  
37 represents a significant challenge from a technological point of view, both in terms of overcoming  
38 current weaknesses in costs, accuracy, and performance, and from an analytical point of view in  
39 order to develop tools that are as operator-independent as possible. Recent breakthroughs in new  
40 technologies (such as cell phone-dependent technologies, paper-based procedures, and lab-on-a-  
41 chip devices) are paving the way for the next generation of point-of-care testing (POCT).  
42 Innovative assay devices, as well as efficient reagent storage techniques, are required for new  
43 POCT technologies. Nanomaterials of different forms, sizes, and compositions, such as carbon  
44 nanomaterials, quantum dots, gold and silver nanoparticles, mesoporous silica nanoparticles, and  
45 metal-organic frameworks (MOFs), have been created and characterized in recent years. Due to  
46 their specific physicochemical properties, MOF nanoparticles are increasingly being used in POCT  
47 to improve analytical performance and simplify testing techniques. MOFs have been used for  
48 colorimetric or electrochemical POCT and are used as carriers for plasmonic biosensors to be  
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51 the uses and applications of MOF.

52

53 **Keywords**

54 Metal organic frameworks; point-of-care diagnostic devices; lab-on-a-chip; cellphone-based  
55 technologies; paper-based assays

56

## 57 1. Introduction

58 Nowadays, conventional diagnostic procedures are frequently related to quantitative analysis  
59 of multiple biomarkers and biochemical properties in specimens within a central lab, with findings  
60 available only after many hours, if not days, of waiting. The effective miniaturization of diagnostic  
61 equipment for numerous biomarkers has resulted in the commercialization of sensitive and reliable  
62 point-of-care testing (POCT) technologies for disease diagnosis and monitoring in hospital  
63 emergency rooms and areas with limited resources [1–4]. The advantages of POCT technology  
64 over central laboratory testing include low-volume samples, minimal reagent consumption,  
65 miniature form factors, and quick turnaround times. A biological examination using POCT must  
66 be sensitive and specific, with quantitative results equivalent to existing laboratory-based  
67 procedures [5]. Medical diagnosis technology is undergoing a transformation due to the  
68 incorporation of computer technology, signal processing, biotechnology, micro- and  
69 nanotechnology, and microelectronics as its operating base progressively moves from centralized  
70 medical centers to private homes, motivated by the increasing demand for continuous real-time  
71 monitoring [6].

72 In recent years, the area of porous materials has witnessed substantial expansion, with the  
73 advent and fast development of metal-organic frameworks (MOFs) [7,8]. MOFs, or porous  
74 coordination polymers, are a form of complex porous material made up of inorganic clusters and  
75 organic ligands [9]. They are distinguished by great interior surface areas, with highly organized  
76 porosity, and a wide range of chemical and physical characteristics [10–12]. As a result, MOFs  
77 have demonstrated considerable potential in various applications such as ionic/molecular  
78 adsorption [13,14], gas separation [15], energy storage [16], catalysis [17,18], chemical and  
79 biosensing [19]. Chemical sensing is a procedure that employs analytical equipment with sensitive  
80 components that experience chemical changes when in contact with chemical substances, as well  
81 as a transducer that converts the chemical changes into detectable physical signals. One of the most  
82 potential applications of MOFs is chemical sensing, owing to their enormous libraries of metal  
83 centers and easily functionalized organic cages, which make them sensitive to many chemical and  
84 biological stimuli [20–22]. **Figure 1** depicts the growing number of publications on MOFs in  
85 different fields in the last two decades.

86



87 **Figure 1:** (a) The increasing number of publications on MOF in the last 20 years according to the  
88 Scopus database, (b) The different fields of publications in MOF research  
89

90 Owing to the urgent need for POCT, extensive efforts have been made to create transducers  
91 and readout devices of different sorts to improve the sensitivity, accuracy, and application of  
92 biosensors for POC diagnosis [23]. It is worth mentioning that the capacity to identify the "target"  
93 biomarker in a complex biological sample is regarded as the most crucial step in any diagnostic  
94 experiment. Antibodies are one of the most popular biorecognition components used in  
95 biodiagnostic equipment [24]. A common example is pregnancy testing using lateral flow tests  
96 based on immobilized antibodies [25,26]. Unfortunately, antibodies, like other proteins, are  
97 "fragile" in the sense that they degrade and lose bifunctionality when exposed to extreme  
98 circumstances such as elevated temperatures, elevated humidity, organic solvents, and proteolytic  
99 agents [27–30]. In resource-limited settings, certain challenges can arise when transporting,  
100 handling, and storing biosensors. These challenges may include inadequate facilities like  
101 refrigeration or electricity, limited awareness of proper handling precautions, and a lack of suitable  
102 packaging or sealing methods. As a result, the reliability of the bioanalytical results can be  
103 significantly compromised, which in turn restricts the practical applications of POC biosensors.

104 Therefore, MOF-based POC devices possess high potential due to their unique characteristics  
105 including great surface area, variable porosity, organic functioning, extendable shelf life, great  
106 thermal stability, and the ability to incorporate biomolecules into these hybrid materials to generate  
107 MOF biocomposites [7,31–33]. Certainly, MOFs represent an attractive basis to develop new  
108 systems for diagnostics. **Figure 2** summarizes the milestones in the development of MOF  
109 applications in POCT.

110

111 **Figure 2:** Timeline of the development of MOFs in POCT.

112

113 In this work, the role of MOFs in POCT is being discussed for the first time. A deep  
114 understanding of the exact roles of MOFs in POCT is crucial due to the necessity of ongoing  
115 development in POCT to address the daily challenges posed by acute and chronic diseases. The  
116 purpose of this review is to emphasize the role of MOFs in colorimetric, electrochemical, and  
117 plasmonic biosensors for POCT.

118 Another novel element of the present work consists in a critical evaluation of the green profile  
119 of the use of MOFs in POCT through the application of the principles of Green Sample Preparation  
120 (GSP). Although GSP is gaining ground in the analytical field in order to evaluate the  
121 environmental impact of new sample preparation procedures, is still little known and/or used. For  
122 this reason, this review has dedicated a section in which this element is discussed and how MOFs  
123 can promote better "adherence" to the principles of GSP.

124

## 125 **2. Synthesis of MOF.**

126 MOF synthesis has attracted a lot of interest in recent years because it allows for the creation  
127 of a broad variety of attractive structures that could also be useful in a range of applications related  
128 to porous materials. This encompasses more typical fields like catalysis, separation, and storage,  
129 which are dependent on host-guest interactions, pore size, and pore shape. Furthermore, biological  
130 applications or usages as sensor materials are actively being researched. There are different  
131 methods for synthesis of MOF as reported in **Figure 3** including conventional, microwave-  
132 assisted, sonochemical, electrochemical, and mechanochemical synthesis.

133

134 **Figure 3:** Overview of MOF synthesis for POCT applications.

135

136 The conventional synthesis refers to the reactions that are carried out using electric heating  
137 with no process of parallelization. The reaction temperature is an important parameter in the  
138 process of synthesis, and two approaches are often defined, solvothermal and non-solvothermal,  
139 which govern the type of reaction setups that must be utilized.

140 Solvothermal reactions refer to reactions occurring in closed containers at autogenous  
141 pressures above the boiling point of the solvent [34]. As a result, non-solvothermal reactions occur  
142 below or near the boiling point at ambient pressure, simplifying synthetic needs. The latter  
143 reactions are further categorized as occurring at room temperature or at higher temperatures. It is  
144 worth mentioning that chemical reactions demand some type of energy input, and reactions halt  
145 only at temperatures near to 0°K. MOF synthesis is typically performed in a solvent at  
146 temperatures ranging from room temperature to around 250°C. The energy is often delivered using  
147 traditional electric heating, in which heat is transmitted from a hot source, such as the oven, via  
148 convection. Energy can also be introduced by other sources, such as an electric potential,

149 electromagnetic radiation, mechanical waves (ultrasound), or mechanically. The time, pressure,  
150 and energy per molecule supplied into the system are all directly tied to the energy source, and  
151 each of these factors can have a significant impact on the product created and its shape [35]. The  
152 conventional methods of MOF synthesis are well established, widely used, and can produce high-  
153 quality MOFs with good crystallinity. However, these methods require high temperatures and long  
154 reaction times, which makes these processes energy-intensive.

155 The interaction of electromagnetic waves with mobile electric charges explains microwave-  
156 assisted synthesis. Microwave ovens designed for materials synthesis provide monitoring of  
157 temperature and pressure during the reaction, allowing a more accurate control of reaction  
158 conditions. Microwave-assisted MOF synthesis has mostly been used to accelerate crystallization,  
159 produce nanoscale products, and increase product purity [36]. This is owing to the direct heating  
160 of the solvents and the observably increased nucleation rate. Microwave-assisted synthesis offers  
161 shorter reaction times compared to conventional methods with enhanced control over MOF  
162 properties. However, microwave-assisted synthesis has a limited capacity for large-scale synthesis  
163 and may require specialized microwave reactors.

164 Müller and coworkers [37] reported that electrochemical synthesis is able to exclude anions  
165 such as nitrate, perchlorate, or chloride throughout the synthesis, which is problematic for large-  
166 scale manufacturing processes. In addition to that, other advantages of the electrochemical  
167 approach for industrial processes include the ability to operate continuous operation and acquire a  
168 greater solids content than with traditional batch reactions. However, the electrochemical synthesis  
169 of MOFs is limited to specific MOF precursors that are electroactive, with potential challenges in  
170 achieving high yields and purity.

171 In the case of mechanochemical synthesis, mechanical force may cause a variety of physical  
172 events (mechano-physics) as well as chemical reactions [38]. The mechanical breakdown of  
173 intramolecular bonds is followed by a chemical transition in mechanochemical synthesis [38–41].  
174 There are several reasons for the interest in mechanically activated MOF synthesis. A critical factor  
175 is linked to environmental impact. The reactions can be carried out at room temperature under  
176 solvent-free conditions. This synthetic route is certainly the best one to follow whenever the use  
177 of organic solvents can be avoided. Furthermore, the possibility of having short reaction times  
178 (between 10 and 60 minutes) often allows for quantitative reaction yields and products containing  
179 tiny particles. Furthermore, in some cases, metal salts can be replaced as the starting material by

180 metal oxides, resulting in the creation of water as the only by-product. However, mechanochemical  
181 synthesis requires specialized milling equipment, with the potential for contamination due to  
182 milling media and equipment wear.

183 Sonochemistry is concerned with the chemistry that occurs when high-energy ultrasound is  
184 applied to a reaction mixture. The fundamental objective of sonochemical synthesis in MOF  
185 research was to develop a simple, rapid, energy-efficient, and ecologically acceptable room  
186 temperature approach [35]. Yet, sonochemical synthesis in MOFs has limited scale-up potential.  
187 Consequently, researchers select the synthesis method based on their specific requirements, such  
188 as scalability, reaction time, available equipment, and desired MOF properties. Figure 3 illustrates  
189 the methods of preparation of MOFs used in POCT applications.

190

### 191 **3. Characterization and stability of MOF**

192 After MOFs synthesis, their characterization should be done. The morphology of MOFs could  
193 be determined by one of the following techniques: scanning electron microscopy (SEM), atomic  
194 force microscopy (AFM), transmission electron microscopy (TEM), fluorescence microscopy, and  
195 Brunauer–Emmett–Teller (BET) [42]. While X-ray powder diffraction (XRPD), TEM, dynamic  
196 light scattering (DLS), and BET are used for crystal and size determination [42]. Chemical and  
197 elemental analysis could be determined by Fourier transform infrared spectroscopy (FT-IR),  
198 nuclear magnetic resonance (NMR), thermogravimetric analysis (TGA), mass spectroscopy, and  
199 atomic absorption spectroscopy (AAS). UV/Vis spectroscopy, photoluminescence spectroscopy,  
200 and Raman spectroscopy were used for the evaluation of the optical characters [42].  
201 Electromagnetic characteristics could be determined by magnetic force microscopy (MFM),  
202 electron paramagnetic resonance (EPR), and vibrating sample magnetometer (VSM) [42]. SEM  
203 and field emission scanning electron microscopy (FESEM) are commonly used to investigate the  
204 morphology of the surface of MOF nanoparticles. Furthermore, utilizing TEM, the fine features of  
205 the interior structure of the MOFs could be observed [43]. TEM is a very versatile technology that  
206 can answer many concerns arising from the intricacy of the nano crystalline configuration of MOFs  
207 that standard imaging methods may not be able to determine.

208 The hydrodynamic size (to be considered as the diameter of a sphere that has the same  
209 translational diffusion speed as the particle) and the surface charge are determined by DLS and

210 zeta potential analysis, respectively. The BET nitrogen adsorption/desorption technique is instead  
211 employed to evaluate the pore size distribution and surface area of nano MOFs [44].

212 X-rays are exploited in the case of XRD (X-ray diffraction) analysis, which provides  
213 information on the identification of the structure and phase of crystalline materials based on the  
214 diffraction pattern. In the case of crystalline compounds, it is sharp and narrow, while the  
215 diffraction pattern for amorphous compounds includes both a noise-related signal and generally  
216 broad peaks produced by non-crystalline compounds [45,46].

217 NMR spectroscopy is applied to monitor and confirm the existence of guest molecules inside  
218 the pores of MOFs and organic linkers. This technique is often applied also in the configuration  
219 for solid-state analysis as some MOFs are not soluble in any organic solvent and appear in the  
220 solid state [47,48].

221 FTIR is commonly used to confirm the appropriateness of a synthesis. In general, the FTIR  
222 signals used to detect functional groups in the structure of MOFs are mainly related to carbonyl  
223 groups ( $1800\text{--}1500\text{ cm}^{-1}$ ), primary and secondary amino groups ( $3600\text{--}3300\text{ cm}^{-1}$ ), and metal-  
224 oxygen bonding ( $600\text{--}400\text{ cm}^{-1}$ ) [49]. X-ray photoelectron spectroscopy (XPS), compared to the  
225 previous ones, represents a quantitative spectroscopic approach that uses the photoelectric effect  
226 to examine the chemical state of the surface of the compound, its experimental formula, and the  
227 electronic state of the metal ions included in the structure of the MOF. This technique, therefore,  
228 represents a valid tool for characterizing the suitable ionic state of metal ions with a variety of  
229 electronic states used in the production of various MOFs [50,51]. Some MOFs show luminescence  
230 and fluorescent features as a result of delocalized  $\pi$ -electron and metal-to-ligand or ligand-to-metal  
231 charge transfer, and they are employed in a variety of biological applications such as cell  
232 investigation and sensing [52]. Furthermore, when fluorescent materials such as gold nanoparticles  
233 and quantum dots are introduced into MOFs during the production process, photoluminescence  
234 spectroscopy as a way of interrogating the electrical structure of the MOFs is beneficial [53].  
235 UV/Vis spectroscopy might be used to study organic linkers, medicinal compounds, and biological  
236 macromolecules containing  $\pi$ -electrons with high conjugation [54].

237 During the sample preparation process, contact surface with the sample should be maximized  
238 to increase yield and enhance selectivity, mechanical, thermal, and chemical stability. In the case  
239 of MOFs, the coordination and strength of the metal ion bond, the conformation, and size of the  
240 pores are the main elements influencing the final characteristics of the MOF and, consequently, its

241 applicability [55]. The primary challenges in enhancing the chemical stability of MOFs are  
242 typically addressed with liquid water and water vapor. Therefore, it is advisable to focus on  
243 solutions in this regard. When considering structures like MOFs, it is important to note they have  
244 weak points at the nodes, especially related to the metal-linker bonds. In these areas of the  
245 structure, the formation of a protonated linker and a knot linked with hydroxide (or water) can be  
246 observed due to hydrolysis. These reactions are typically accelerated by acidic solutions, leading  
247 to the formation of the protonated linker. On the other hand, basic solutions tend to induce the  
248 formation of hydroxide. Given these challenges, the stability of MOFs should be evaluated in such  
249 solutions (as well as in a neutral environment) by examining signals from powder X-ray diffraction  
250 (PXRD) analysis [55]. When assessing the stability of MOFs, it is also crucial to consider that  
251 thermal deterioration can occur (resulting in breakage of the node-linker bond) and thus observe  
252 how thermal stability is directly correlated to the strength of this bond. Thermal degradation  
253 processes include phenomena like amorphization, fusion, dehydration, dehydrogenation, or  
254 graphitization [54-58]. To characterize MOFs thermally, TGA and differential scanning  
255 calorimetry (DSC) methods are commonly employed. TGA is highly useful for initial screening,  
256 while DSC is preferred for more detailed measurements related to the thermal properties (heat  
257 flow, phase transitions, and specific heat capacity).

258 From TGA experiments, it can be observed that between 50°C and 100°C, solvent molecules  
259 within the typical porosities of MOFs are released, while between 100°C and 200°C, the  
260 coordinated solvent molecules are released. At this stage, the TGA analysis shows a plateau  
261 (indicating whether the MOF has a porous crystalline structure), ending at the temperature where  
262 partial disintegration of the MOF structure and partial volatilization begin [55].

263 Certain critical issues related to the thermal stability of some MOFs are the main limitations  
264 of their applications in areas such as carbon dioxide capture from exhaust gases and their use as  
265 catalysts in methanol production from synthesis gases (H<sub>2</sub> and CO). In recent years,  
266 hydrothermally stable MOFs have been synthesized and utilized as heat accumulators (they absorb  
267 and desorb aqueous vapors) [58]. In such cases, their stability is evaluated by exposing them to  
268 steam at various temperatures and pressures and then measuring parameters such as surface area  
269 or porosity using the PXRD technique [59,60].

270 MOFs are known for their high porosity, which inherently reduces their mechanical stability.  
271 Consequently, MOFs are less mechanically stable compared to zeolites, as anticipated. Under

272 mechanical loading, this instability may manifest as phase transitions, partial collapse of pores, or  
273 even amorphization [61–64].

274

## 275 **4. Applications of MOF in POCT**

276 The rising danger of epidemic or chronic illnesses, as well as the high cost of operative  
277 pharmaceuticals, has resulted in greater support, discussion, and desire for the use of POC  
278 diagnostic skills [65]. Now, biosensors made of various materials and constructed using various  
279 detection techniques are being researched to overcome the present barriers to efficiently detecting  
280 these diseases. MOFs have been identified as a viable material for enhancing the detection limit  
281 and specificity of biosensors for the detection of these diseases [32,66–68]. In the following  
282 section, the role of MOFs in POCT will be discussed in detail.

283

### 284 **4.1. Applications of MOF in colorimetric POCT**

285 Usually, colorimetric-based POCT employs colorimetric test strips for detection and  
286 quantification, which depend on the values of chromaticity in images captured by the mobile  
287 camera to assess the level of concentration [69–71]. In addition to test strip fabrication,  
288 microfluidic paper-based analytical devices ( $\mu$ PADs) [72] play an important role in POCT [73].  
289 The principle of the color change of the MOF in colorimetry POCT could depend on using direct  
290 colorimetric change based on a certain reaction. Luan and coworkers [73] used cerium-based MOF  
291 for the colorimetric assay of uric acid and glucose, as indicated in **Figure 4**. In this work, the  
292 authors built the Ce-MOF-based OPSlipChip for selective uric acid and glucose detection to  
293 provide a point-of-care testing platform. To replace the lateral flow test, this tool used an externally  
294 actuated method and a molecular threading strategy, inspired by the previously disclosed Slip Chip  
295 technology and molecular threading-dependent mass transport strategy. The functional parts of the  
296 two sheets were not aligned while the chip was in the "OFF-state," and the hydrophobic part coated  
297 with paraffin wax was under the reaction regions of the top sheet. As a result, the sample may be  
298 retained in the reaction areas through incubation, and then the conversion from the target analyte  
299 to  $H_2O_2$  can be completed. The loaded OPSlipChip was transformed into the "ON-state" for  
300 colorimetric analysis after incubation by sliding. Due to the slide caused by external actuation, the  
301 liquid sample was able to move to the desirable locations. The molecular threading was triggered  
302 during the "ON-state". The sheet, when coupled with Ce-MOF, will cause rapid capillary pumping

303 of water molecules and molecular threading of solute via solute-solvent interaction in the direction  
304 of gravity. Compared to linear mass transfer in lateral flow, the transit distance of molecular  
305 threading in this system was substantially shorter.

306

307 **Figure 4.** (A) Schematic representation of the procedures on an OPSlipChip based on CEF-MOF;  
308 (B) The Ce-MOF-based OPSlipChip's operational concept and functional change; (C) Ce-MOF  
309 mediated molecular threading strategy creates a bio-like barrier for proteins in serum.

310

311 An alternative strategy in the use of MOF in colorimetric POCT consists of preparing a  
312 fluorescent strip with the help of luminescent MOFs, the color of which is modified with the  
313 addition of the target analyte with the help of the UV lamp. This strategy was successfully applied  
314 for POCT related to several diseases including Parkinson's disease [74,75], cancer [76,77],  
315 COVID-19 [78], Alzheimer's disease [79], diabetes [80,81], liver dysfunction and bone disorders  
316 [82]. However, this approach is not very attractive in POCT due to the need for a UV lamp, which  
317 is generally not available in most clinics. This makes the application of these MOF-based  
318 fluorescent strips not that practical.

319 Noble metal nanomaterials, especially nanoclusters composed by Au and Ag, have attracted  
320 increased attention in recent years as preferred options for fluorescent probes, owing to several  
321 exceptional advantages such as high fluorescence (FL) intensities for fluorometric detections [83–  
322 87]. An enormous challenge in terms of conservation (i.e., optical bleaching) may be used for  
323 fluorescent nanoprobcs (i.e. photosensitive Ag nanoparticles), particularly those coated on test  
324 strips, which may prevent fluorometric test strips from being used in large-scale analysis  
325 applications. Cai and coworkers [76] developed a luminescent test strip for POCT using gold-  
326 silver (Au-Ag) nanospheres and ZIF-8, for investigating trace cysteine (Cys) in HeLa cells. Au-Ag  
327 bimetallic nanoclusters were first synthesized using protein-based biomineralization and then  
328 harvested via a desolvation process to create Au-Ag nanospheres with high fluorescence  
329 selectively suppressed by Cys. Nanospheres were coated onto test strips before being coated with  
330 ZIF-8 via a vacuum-assisted rapid drying technique with superhydrophobic patterns. It was  
331 revealed that the test strips could not only create uniform coatings of fluorescent nanoprobcs, but  
332 also increased fluorescence, environmental and storage stability due to the ZIF-8 shell, as shown  
333 in **Figure 5**.

334



335 **Figure 5.** (A) The primary procedure and mechanism of Au-Ag@ZIF-8 based fluorometric test  
336 strips for Cys analysis, including Au-Ag coating, ZIF-8 shelling and Cys immersion assays. (B)  
337 The reactions on which the device is based to detect Cys via BSA encapsulation of Au-Ag  
338 nanospheres, ZIF-8 shelling and release of Au-Ag@ZIF-8 triggered by PBS and the Cys-induced  
339 fluorescence quenching of Au -Ag@ZIF-8.  
340

341 In addition to assessing Cys in biological samples, the fluorometric test strips aided in the  
342 determination of Cys in Hela cells with a linear range of concentrations from 0.0032 to 32.0  $\mu\text{M}$ ,  
343 making them promising for POCT of low-level Cys for early clinical diagnosis of diseases such as  
344 cancer. Furthermore, the proposed technique for producing stable and uniform test strips using  
345 MOF coatings and superhydrophobic templates could be adapted for creating diverse solid-state  
346 test platforms for a wide range of analytical applications.

347 Yu and coworkers [82] developed lanthanide MOF based paper microchip for visual  
348 dopamine assay. The authors suggested a ratiometric fluorescence dopamine assay that combines  
349 a particular dopamine-resorcinol chemical reaction with a multifunctional lanthanide metal-  
350 organic framework (Ln-MOF). First, Eu-BTC (1,3,5-benzenetricarboxylic acid) was synthesized  
351 and then modified to produce Cu@Eu-BTC, which performs many functions at the same time,  
352 including internal fluorescence standard, nanoreactor, cooperative catalytic effects and  
353 enhancement of color change. The Cu@Eu-BTC dispersion-based approach was ultrasensitive  
354 (limit of detection, LOD, was 0.01  $\mu\text{M}$ ) and had a broad-spectrum linear response (0.04–30  $\mu\text{M}$ )  
355 to dopamine in the blood. Even more critically, it showed high selectivity for dopamine even in  
356 the presence of adrenaline and norepinephrine analogues. As shown in **Figure 6**, a portable and  
357 visible dopamine test was designed using a simple, functional paper microchip. The paper  
358 microchip was created by coating glass fiber filter paper with Cu@Eu-BTC and resorcinol. Point-  
359 of-care dopamine testing can be accomplished with the help of the visual testing machine and the  
360 MOF paper microchip. **Table 1** summarize the colorimetric applications of MOF in POCT.

361

362 **Figure 6.** The visual dopamine analysis procedure and quantification of dopamine in serum  
363 samples fortified with different concentration levels (0.3–20 M) using the MOF paper microchip  
364 and a smartphone-based visual analysis device. (B/R) represents the difference in the  $\Delta(\text{B/R})$  value  
365 between the experimental group (with a definite level of dopamine) and the control group (without  
366 the analyte).

367

368 **Table 1.** Colorimetric applications of MOF in POCT

369

## 370 **4.2. Applications of MOF in electrochemical POCT**

371 As reported in the previous sections, accessible POCTs become increasingly important to  
372 promote individual health self-assessment and reduce drastically the infection in chronic patients,  
373 whose mortality from infection is worrying. For example, POCTs for heart rate, blood pressure,  
374 and glucose can proficiently monitor key chronic diseases and reduce serious or unintended harm  
375 through rapid diagnosis [33].

376 Electrochemical signal sampling plays a key role in POCT. In this field, the use of  
377 miniaturized electrochemical sensors (MEC) to detect traces of analyte, such as small organic  
378 molecules, metal ions, and biomolecules should be highlighted [92-95]. Such measurements are  
379 made by considering changes in current, voltage, potential or impedance, which are mainly caused  
380 by the redox process of molecules [89]. The electrodes used in this type of measurement are  
381 modified in order to increase their selectivity by conjugation with specific recognition elements  
382 (aptamers, antibodies and receptors of interest), while maintaining simplicity, ease of use, reduced  
383 preparation of the sample, fast analysis times, portability and low cost [90]. Due to the superior  
384 benefits of electrochemical (EC) technologies, significant research efforts are currently being  
385 prepared to create new POCT sensors for trace quantities analysis in numerous fields directly  
386 related to environmental monitoring, food safety, and health care [91–93].

387 The improvement of electrical designs and interconnected circuits for readout systems allows  
388 for a low-cost biosensor production method. The combination of bioelectronics with the  
389 knowledge can result in the development of nanoscale equipment capable of competing with  
390 traditional systems [94,95]. As indicated previously, MOFs are a distinct family of materials that  
391 are porous, crystalline, and self-assembled by single or multi metal ions or metallic clusters, as  
392 well as organic linkers via coordination bonds [96–99]. Some research highlights the use of MOFs  
393 in integrated analytical equipment. However, due of their weak electron transport capability,  
394 MOFs alone are regarded electrically insulating, preventing their direct usage in electrochemical  
395 sensing [100–102]. To solve this shortcoming, MOF-composites platforms were developed, in  
396 which MOFs were combined with conducting materials to improve electron transmission and  
397 operate as electrochemical sensors [103,104]. Palanisamy and coworkers [9] developed MOF-  
398 nanohybrids for integrated POCT of SARS-CoV-2 viral antigen/pseudo virus utilizing  
399 electrochemical biosensor chip. As reported in **Figure 7**, the creation of a biosensor test strip for

400 the detection of SARS-CoV-2 viral antigens utilizing a handheld portable POC equipment and  
401 comparing it to a regularly used electrochemical instrument was developed.

402  
403 **Figure 7.** Time-dependent one-step-one-pot hydrothermal synthesis scheme of CoFeBDCNH<sub>2</sub>-  
404 CoFe<sub>2</sub>O<sub>4</sub> MOF nanohybrids and other products with increasing reaction times to produce and  
405 detect SARS-CoV-2 viral antigen using portable device.

406  
407 When the performances are evaluated in buffer and serum medium, the LOD was determined  
408 to be 6.68 fg/mL and 6.20 fg/mL, respectively, with good precision and specificity. In this  
409 configuration, the CoFeBDCNH<sub>2</sub>-MOF and CoFe<sub>2</sub>O<sub>4</sub> nanomaterials as MOF nanohybrids allowed  
410 synergistic effects to be achieved, further improving performances. From studies evaluating the  
411 electrochemical activity of the various materials, it was possible to investigate the conductive  
412 impact of each material in order to finally select the best material to use for the detection of the  
413 SARS-CoV-2 viral antigen. Accordingly, the sensing ability of the newly fabricated electrodes  
414 was investigated using electrochemical impedance spectroscopic (EIS) experiments. Finally, MOF  
415 nanohybrids generated after a 120-minute reaction period were used as a substrate for SARS-CoV-  
416 2 viral antigen detection as they had the highest conductivity among all tested materials.

417 Wei and coworkers [33] developed Cobalt-MOF modified carbon cloth (CC)/paper hybrid  
418 electrochemical button-sensor for nonenzymatic glucose diagnostics. In this work, a compact,  
419 resilient, and easy-to-use electrochemical analytical chip was created for non-enzymatic  
420 quantitative glucose detection using a Cobalt-MOF (Co-MOF/CC/Paper). A highly integrated  
421 electrochemical analytical chip with a flexible Co-MOF/CC sensing interface has been  
422 successfully developed, substantially improving the specific area and catalytic sites compared to  
423 the standard flat electrode (**Figure 8**).

424  
425 **Figure 8.** Pictures of the button sensor and 3D diagram of the analysis procedure.

426  
427 The button-sensor enabled quick quantitative detection of glucose in a variety of complex  
428 biological matrices, including serum, urine, and saliva, with the necessary selectivity, stability,  
429 and durability. The developed nanozyme-based electrochemical analytical chip accomplished  
430 reliable non-enzymatic electrocatalysis with the benefits of low cost, high environmental tolerance,

431 and simplicity of manufacture and showed significant promise for the use of quick on-site analysis  
432 in personalized diagnosis and disease prevention.

433

### 434 **4.3. Applications of MOF in POCT plasmonic biosensor**

435 Surface plasmonic resonances (SPRs), which consist of the resonant coupling of  
436 electromagnetic waves to the collective oscillations of free electrons in metals, are widely used  
437 due to the possibility of controlling the properties of light at the nanoscale [105,106]. The ability  
438 to amplify and confine light to dimensions significantly smaller than the incident wavelength has  
439 opened up new paths in integrated nanophotonic and miniaturized optoelectronic systems. Light  
440 is intensified and confined at the interface of two media with dielectric constants of opposite signs,  
441 often a dielectric and a metal, and decays rapidly as it is dragged away from contact. Due to their  
442 integration into microfluidic systems and great sensitivity to changes in dielectric characteristics  
443 at the interface, plasmonic platforms are suitable for low-cost POCT devices. (mainly caused by  
444 adsorption processes) [107,108].

445 Owing to their greater binding affinity and selectivity, antibody-antigen interactions serve as  
446 the basis for a variety of standard bioassays such as enzyme-linked immunosorbent assay [109],  
447 immunoblotting [110], and immune precipitation [111]. In this context, and thanks to the rapid  
448 development and widespread application of diagnostic procedures in the biomedical field, the  
449 development of biosensors in the lab-on-a-chip configuration has been observed, in which  
450 antibodies are widely used as an extremely selective towards the analytical target through multiple  
451 signal transduction platforms (electrochemical [112], magnetic [113], and optical [114]). The main  
452 problem related to the use of antibodies is their low stability at room temperature and high  
453 temperatures, as well as limitations regarding their stability in non-aqueous liquids (as occurs in  
454 the case of transducer surfaces after the immobilization process). To maintain their bio-  
455 functionality (recognition capability), antibody-based diagnostic reagents and biosensor chips  
456 must be kept at a closely controlled temperature (refrigerated). This important requirement  
457 involves the use of a supply chain of individual points of sale and use at a controlled temperature  
458 (the so-called "cold chain"), in which the temperature at which the handling and movement  
459 procedures are promptly verified and maintained. The cold chain, therefore, requires an increase  
460 in costs and a greater environmental impact compared to conventional procedures. Furthermore, it  
461 is not always feasible in pre-hospital settings and/or with limited resources such as those possibly

462 present in urban and rural clinics, developing countries, disaster-stricken areas, and battlefields,  
463 where maintaining specific conditions may not always be feasible [115]. From this perspective,  
464 the development of innovative and alternative methods to preserve the biorecognition capacity of  
465 antibodies is of fundamental importance, thus reducing or eliminating the need for the cold chain  
466 while simultaneously increasing the shelf life, the reproducibility of the measurements, and the  
467 ease of use.

468 To provide a possible solution to this problem, the possibility of encapsulating a wide variety  
469 of biomolecules in MOFs by growing in the presence of the biomolecules in mild biocompatible  
470 circumstances (aqueous solution and through reactions at room temperature) is currently being  
471 studied [116]. This aspect also allows the activity of the encapsulated biomolecules (for example,  
472 enzymes) to be protected and maintained even in unfavorable environmental conditions (high  
473 temperatures and organic solvents) [117]. Wang and coworkers [118] developed MOF coatings to  
474 be applied in particular to maintain the biological recognition of antibodies immobilized on sensor  
475 surfaces subjected to high temperatures. Unlike other methods, which involved mixing protein  
476 (enzyme) with MOF precursors in solution, ZIF-8 was produced on bio-nanoconjugates  
477 immobilized on gold nanorods. A simple water rinse process just before utilizing the biochip  
478 totally dissolved the MOF protective layer, restoring the sensor surface's bio-functionality (**Figure**  
479 **9**).

480

481 **Figure 9:** Diagram relating to the process of using MOFs to increase the thermal stability of  
482 antibody-based plasmonic biochips, which would eliminate the cold chain and allow their use in  
483 environments with limited resources.

484

485 Due to its high sensitivity, cost efficiency and great potential for use in diagnostics, a  
486 plasmonic nanobiosensor based on localized surface plasmon resonance refractive index  
487 sensitivity has been used as a platform to monitor various phases of fabrication, including  
488 conjugation of antibodies onto the surface of plasmonic nanostructures, MOF formation and  
489 removal [119]. It is worth mentioning that the detection of bioanalytes was also possible. The  
490 results demonstrated using IgG/anti-IgG as a test system, indicating that the MOF layer  
491 significantly enhanced the stability of the model antibody at room temperature, 40, and 60°C.

492 Wang and coworkers [120] developed biochips with MOF coating for POCT. In this work, a  
493 localized surface plasmon resonance (LSPR) refractive index sensitivity-dependent plasmonic

494 nanobiosensor was employed as a POC biosensor model, with gold nanorods (AuNRs) as nano  
495 transducers. The manufacturing steps of the plasmonic biosensor (including antibody attachment  
496 to the surface of AuNRs, growth and removal of the MOF layer, and bioanalyte detection) were  
497 evaluated by monitoring the LSPR wavelength shift of AuNRs. In addition to this, the ability of  
498 the MOF-based approach to resist several adverse environmental conditions (including increased  
499 temperature, organic solvent and proteolytic degradation) which would result in the denaturation  
500 of antibodies and loss of bifunctionality of the biochips was evaluated, as indicated in **Figure 10**.

501

502 **Figure 10.** Scheme of how a ZIF-8 encapsulated antibody manages to maintain its biofunctionality  
503 even when subjected to extreme environmental conditions, significantly increasing the reliability  
504 and usefulness of biochips in resource-limited settings.

505

506 The findings indicated that the ZIF-8 protective layer significantly increased the stability and  
507 usability of biochips for use in resource-limited situations, as well as in poor and middle-income  
508 nations. After a day of incubation at temperatures up to 80°C, the ZIF-8-coated biochips retained  
509 more than 80% of their identification capacity, serving as a proxy for long-term storage at room  
510 temperature. High-temperature storage efficacy can be increased by extending the growth time and  
511 thickness of the ZIF-8 film, underlining the need for complete encapsulation of the antibody.

512

## 513 **5. Evaluation of the green profile**

514 A very important element to take into consideration also concerns the impact of the procedure  
515 on the environment. If green chemistry (GC) was born in the 90s and green analytical chemistry  
516 (GAC) in the early 2000s, given the current state of knowledge it is essential to also consider green  
517 sample preparation (GSP) [121–123]. The GSP considers 10 fundamental principles linked to the  
518 critical step of sample preparation:

519 Principle 1. Favor in situ sample preparation

520 Principle 2. Use safer solvents and reagents

521 Principle 3. Target sustainable, reusable and renewable materials

522 Principle 4. Minimize waste

523 Principle 5. Minimize sample, chemical and material amounts

524 Principle 6. Maximize sample throughput

525 Principle 7. Integrate steps and promote automation

526 Principle 8. Minimize energy consumption

527 Principle 9. Select the most environmentally friendly post-sample preparation setup for analysis

528 Principle 10. Ensure safe procedures for the operator.

529

530 In particular, considering these principles and applying them to metal organic frameworks in  
531 point of care testing, in all the various declinations and configurations covered in this review, it is  
532 immediately clear how they respond perfectly to several points. Specifically:

533 ✓ Principle 1. Favor *in situ* sample preparation - these are metal organic frameworks in point of  
534 care testing systems that do not require particular sample treatment procedures and therefore  
535 can be considered as "*in situ*" or, in some cases "*on line*" procedures;

536 ✓ Principle 2. Use safer solvents and reagents - solvents are often not necessary, the biological  
537 sample is used directly to obtain the instrumental response for the analysis;

538 ✓ Principle 4. Minimize waste and Principle 5. Minimize sample, chemical and material amounts  
539 - metal organic frameworks in point of care testing devices generally require a minimum  
540 amount of sample and/or solvents, as they are portable (or wearable) devices, resulting in  
541 reduced waste;

542 ✓ Principle 7. Integrate steps and promote automation - the use of these metal organic frameworks  
543 in point of care testing devices allows the reduction of sample manipulation with consequent  
544 reduction of waste, reduction of possible errors in the measurement with consequent  
545 improvement in the precision and trueness of the procedure. In particular, this point is widely  
546 respected by wearable devices;

547 ✓ Principle 8. Minimize energy consumption - compared to "classic" (HPLC-UV/Vis, GC-FID)  
548 or hyphenated (HPLC and GC-MS) configurations, a portable/wearable device based on metal  
549 organic frameworks powered by a small battery certainly shows a much better green profile;

550 ✓ Principle 9. Choose the greenest possible post-sample preparation configuration for analysis -  
551 simple, readily available detection such as the use of smartphones, desktop scanners, paper  
552 strips are the basis for a green profile in general terms

553 ✓ Principle 10. Ensure safe procedures for the operator - speaking of POCT and portable and/or  
554 wearable devices, it is clear how these ensure the safety of the operator/patient.

555

556 **6. Perspectives and conclusion**

557 MOFs are materials with extremely high surface areas and organized porous cages that have  
558 been studied over the past decades. Due to their design flexibility and tendency towards  
559 functionalization, they have shown promise in a variety of applications, including chemical  
560 sensing. As a result, they have been recognized as sophisticated materials with the potential for  
561 use in analytical instruments for chemical and biochemical sensing applications where high  
562 sensitivity is required, such as in environmental monitoring and personal diagnostics. It is worth  
563 indicating that MOFs have a high surface area for adsorption, a coherent pore structure to govern  
564 mass transport, and a wide variety of physical characteristics, including chemoresistant, electrical,  
565 and optical capabilities, which make them excellent for chemical detection. Each type of MOF in  
566 POCT offers unique advantages and disadvantages, which should be considered based on the  
567 specific requirements of the application. Colorimetric MOF-based sensors have high selectivity,  
568 producing relatively stable colors that can be detected by naked eye, but these sensors have limited  
569 dynamic range compared to the other detection methods. Electrochemical MOF-based sensors  
570 offer Improved sensitivity, and less vulnerability to interference, but the long term stability of  
571 electrodes should be taken into account besides the probable matrix effect [124]. Plasmonic MOF-  
572 based biosensor offer real-time monitoring capabilities, with a high potential for label-free  
573 detection, but the experimental design and optimization could be challenging, in addition to the  
574 overall high cost.

575 POCT could be performed using smartphones,  $\mu$ PADs, and simpler devices. Nowadays, the  
576 concern of POCTs tends towards wearable sensor. Traditional public health systems are plagued  
577 by limited, delayed and sometimes inefficient medical services, particularly in the face of the  
578 pandemic and an aging population. Wearable and portable sensors provide immediate access to  
579 health monitoring without the need for sophisticated systems. Wearable and portable sensors are  
580 becoming increasingly popular due to their ability to provide frequent and continuous monitoring  
581 of physiological data through dynamic, non-invasive assessments of biomarkers present in  
582 biological fluids such as tears, sweat, interstitial fluid, and saliva. Current improvements have  
583 focused on creating optical and electrochemical wearable sensors, as well as non-invasive  
584 monitoring of biomarkers such as metabolites, hormones, and microorganisms. Microfluidic  
585 sampling, multimodal sensing and portable systems have been combined with flexible materials  
586 to improve wearability and ease of operation. Although wearable sensors show promising results



587 and increased reliability, a better understanding of the relationship between target sample  
588 concentrations in blood and non-invasive biological fluids is needed.

589 By combining traditional textiles with diagnostic, therapeutic and protective medical devices,  
590 e-textiles can be used on the human body as POC platform technologies, keeping an eye on the  
591 patient's vital signs and putting treatment plans in place around to the clock. Therefore, our  
592 prospects of integrating MOFs into wearable sensors and electronic fabrics will increase  
593 significantly in the coming years.

594

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598

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600 The authors declare that they have no competing financial interests or personal relationships  
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602

### 603 **Author contributions**

604 All Authors contributed equally to Conceptualization; Investigation; Project administration;  
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614

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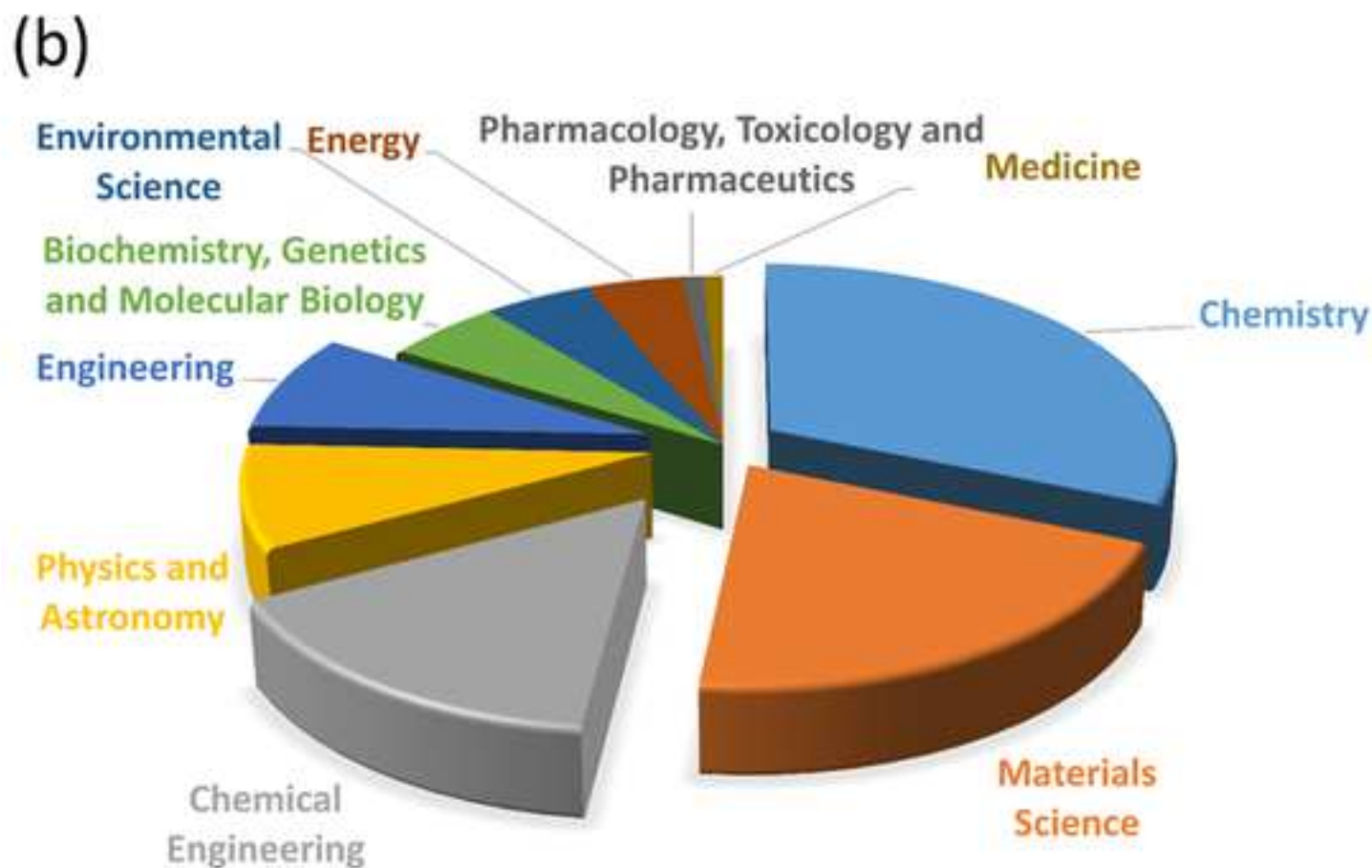
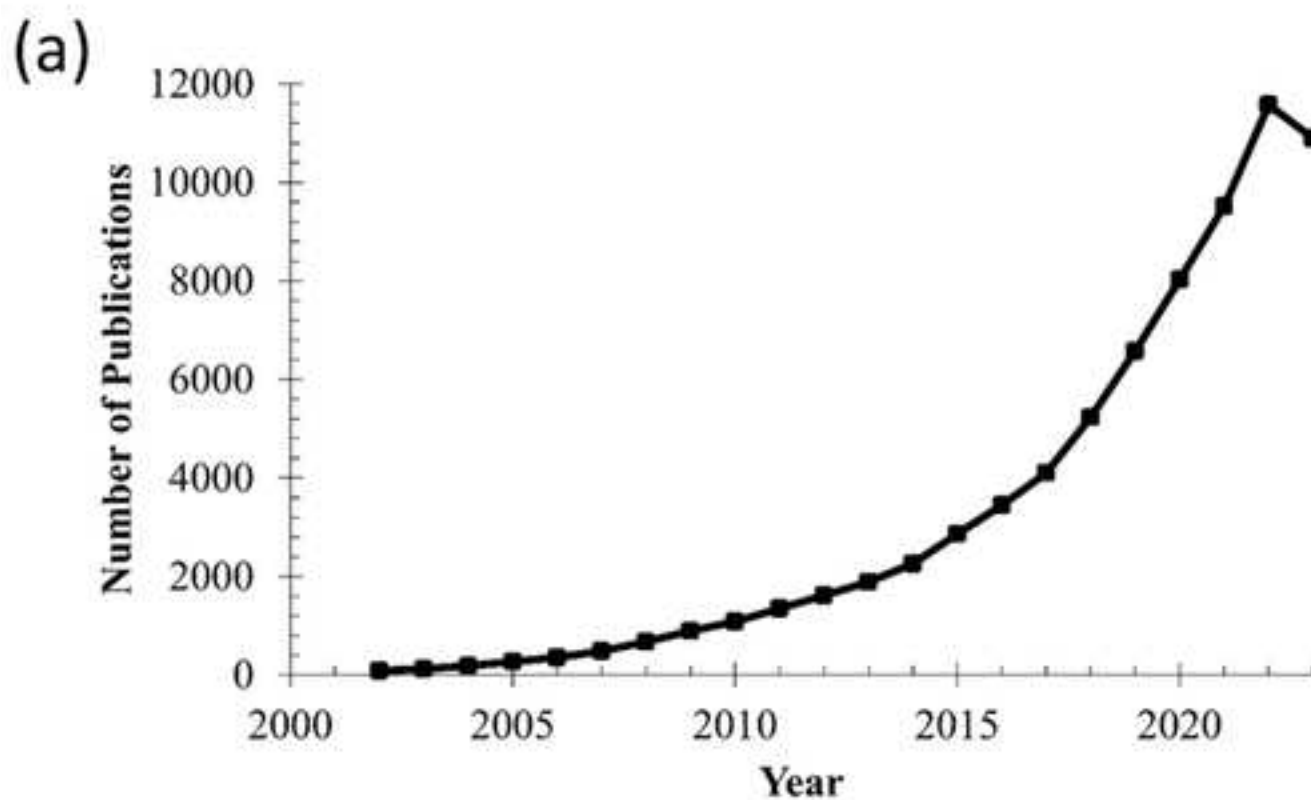
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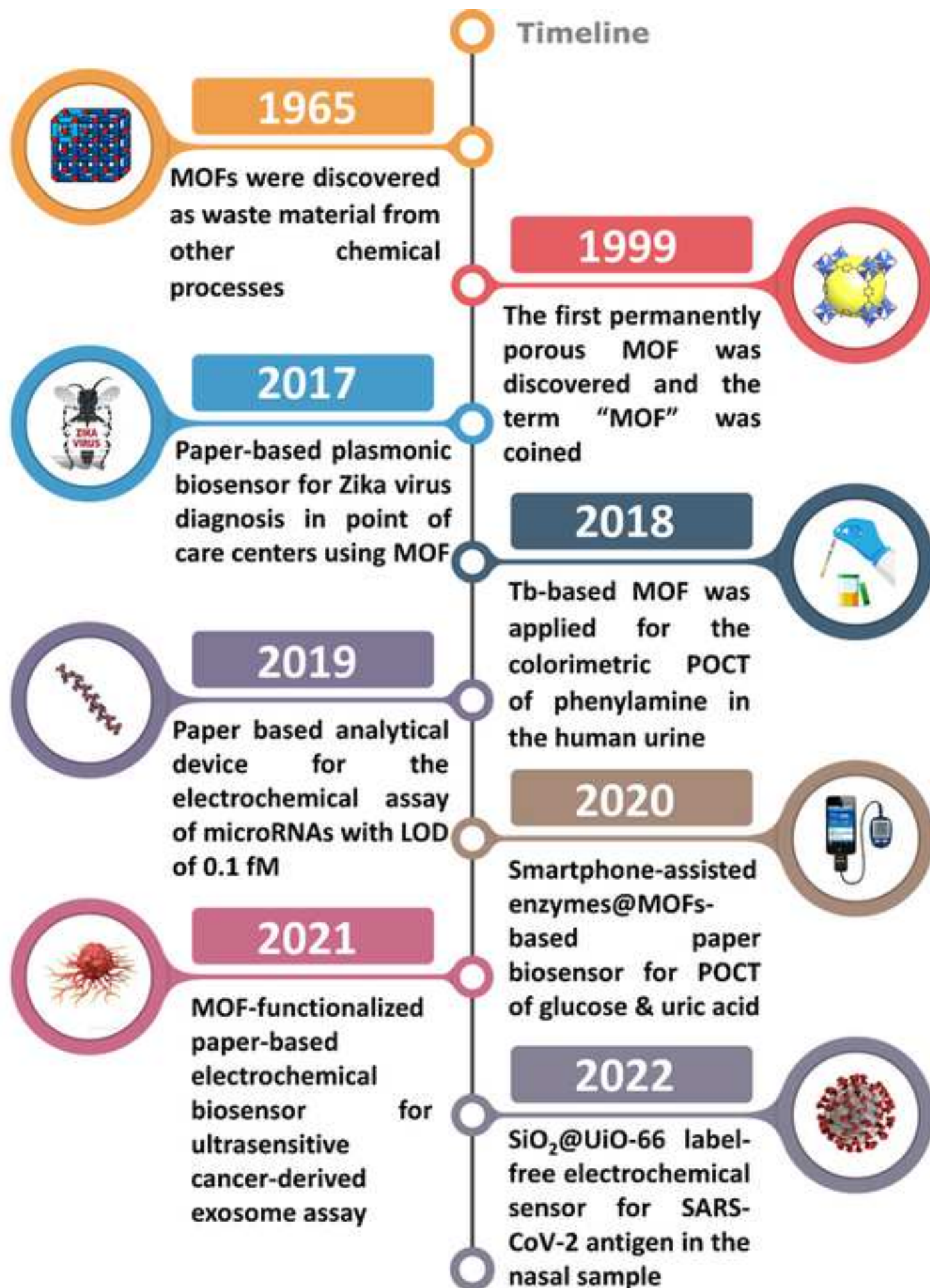
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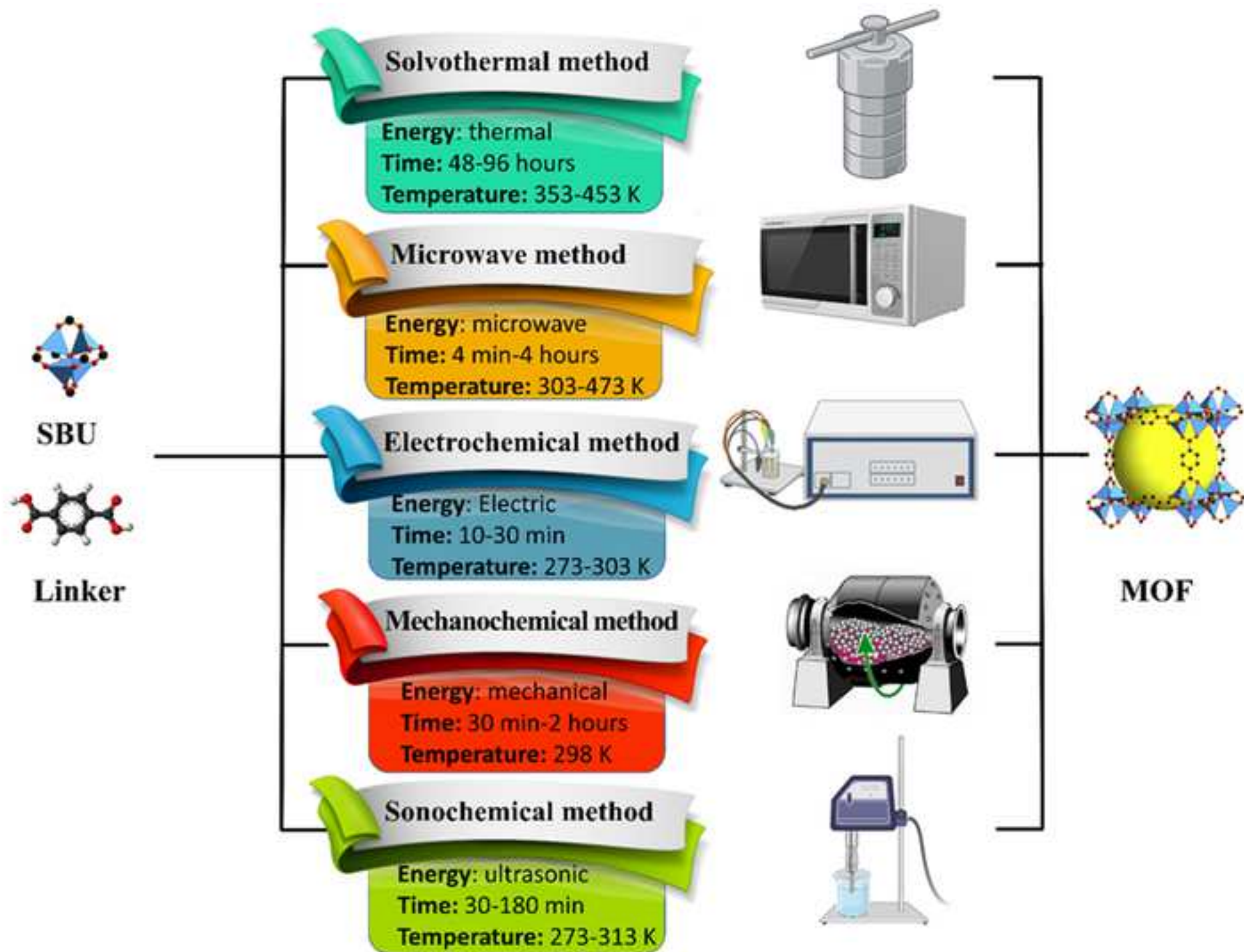
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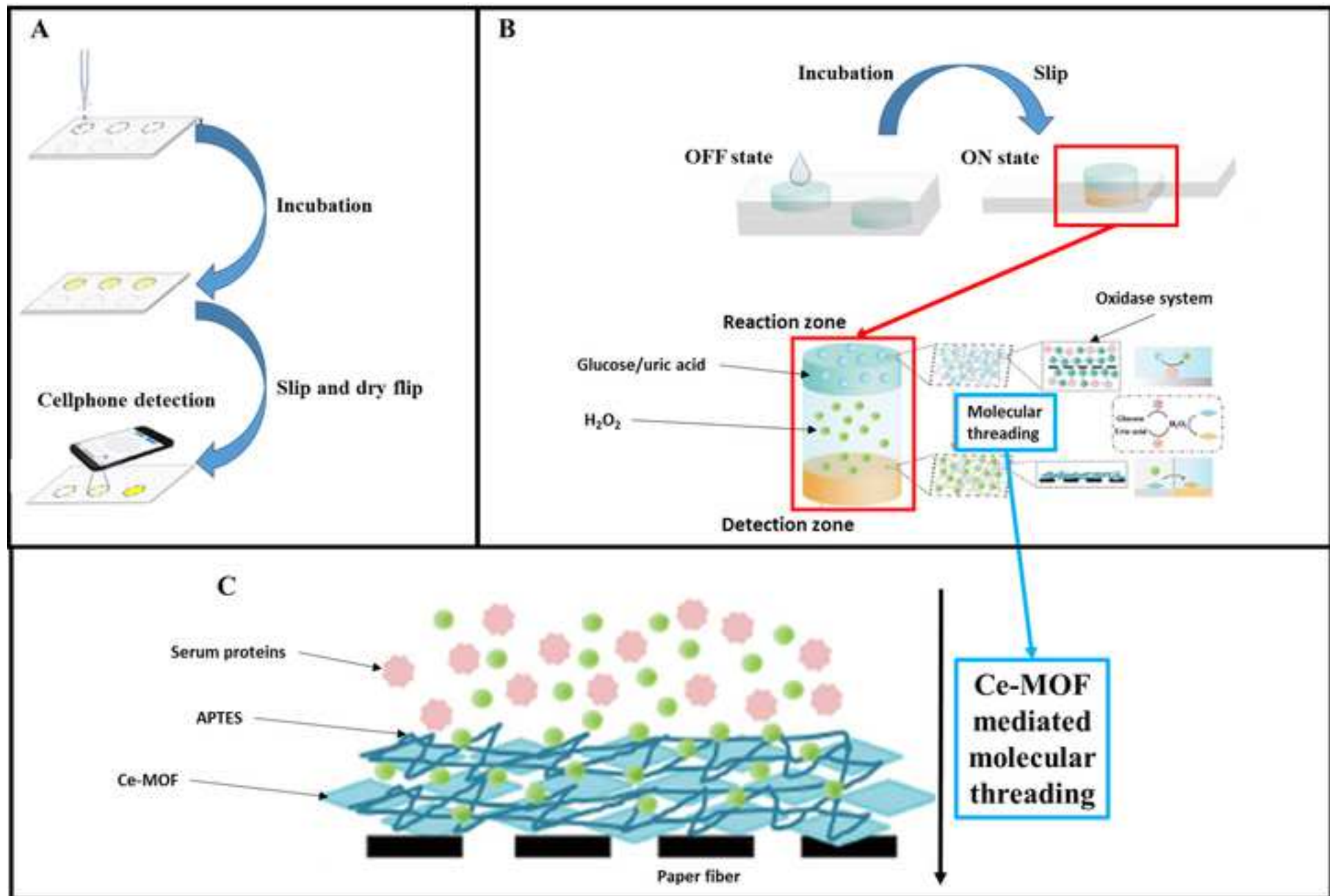
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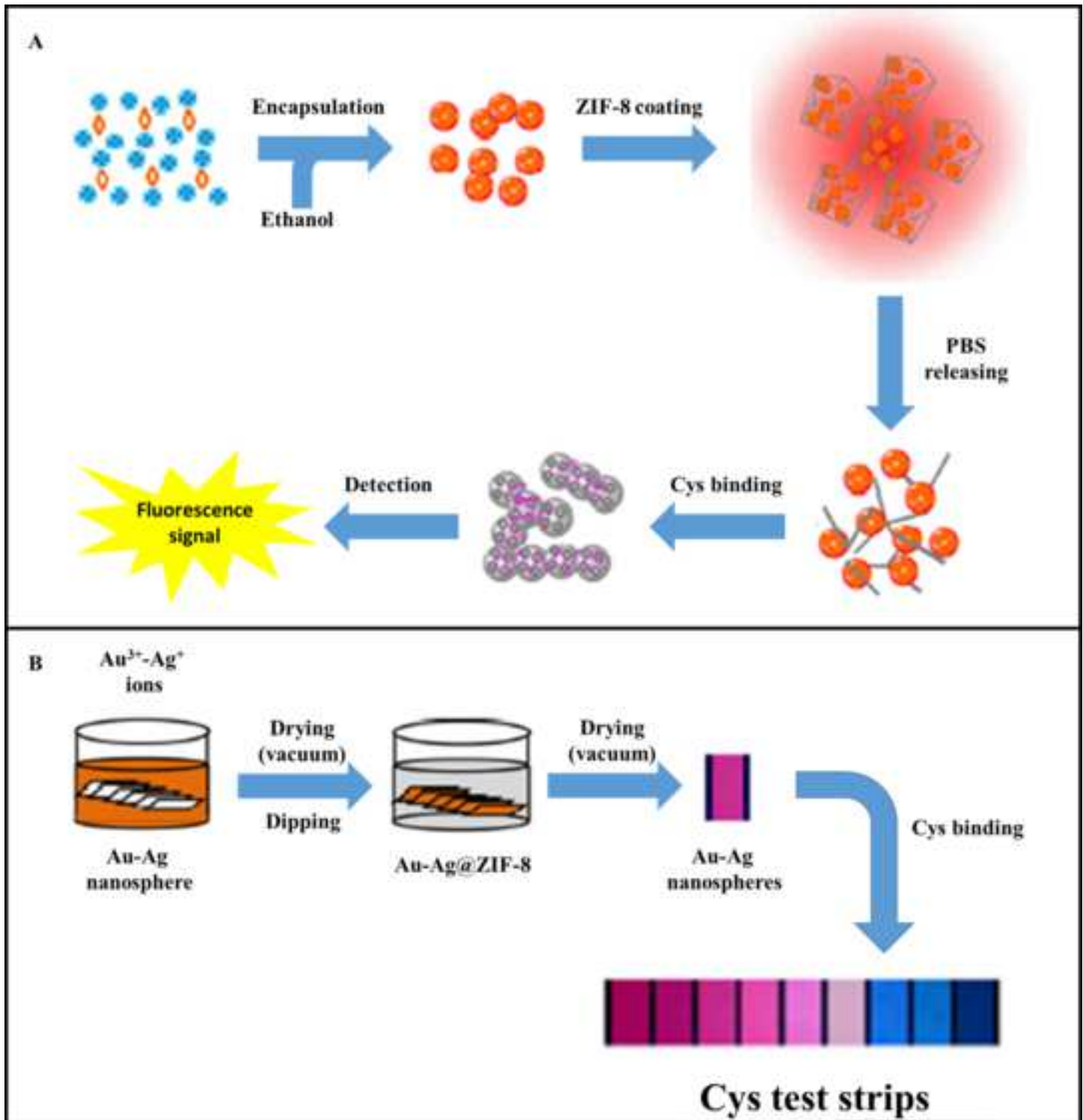


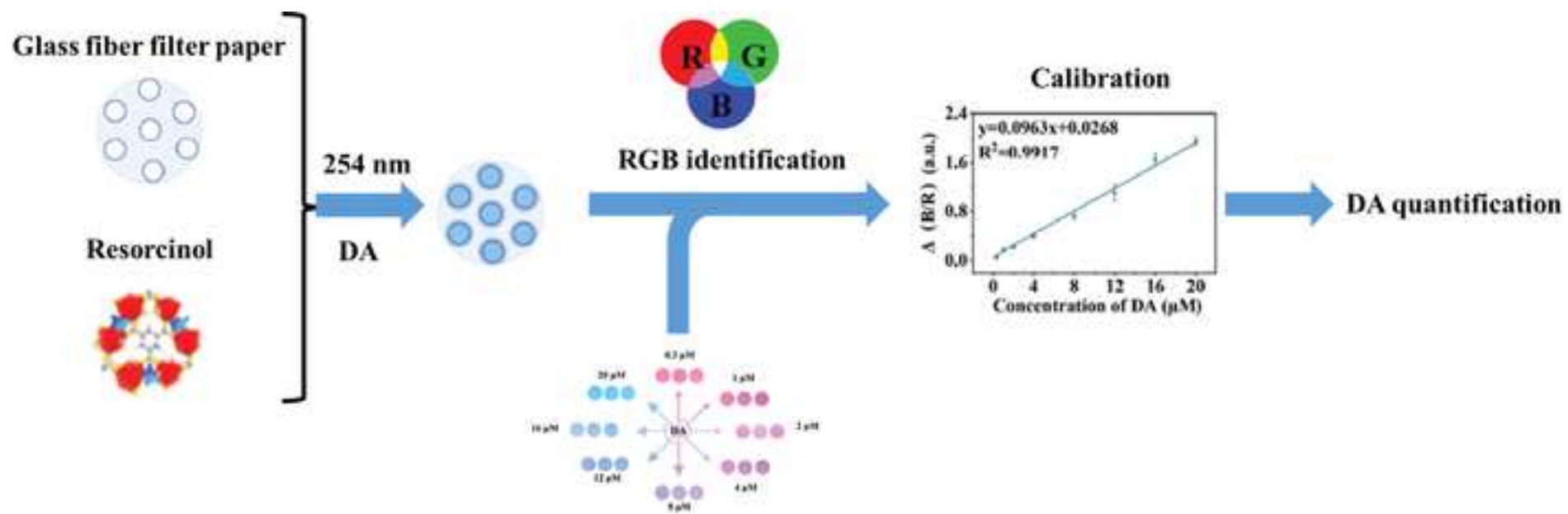






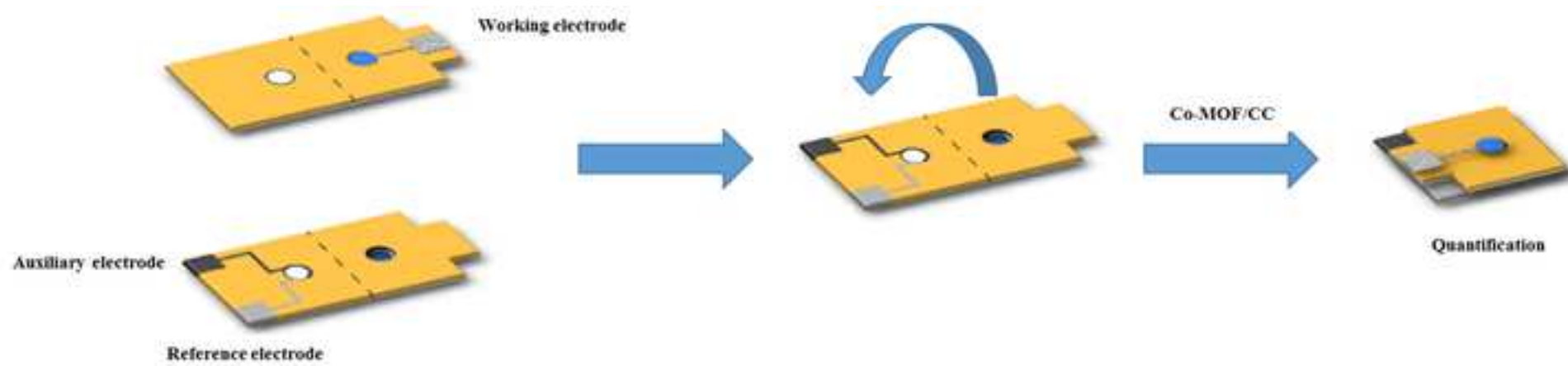


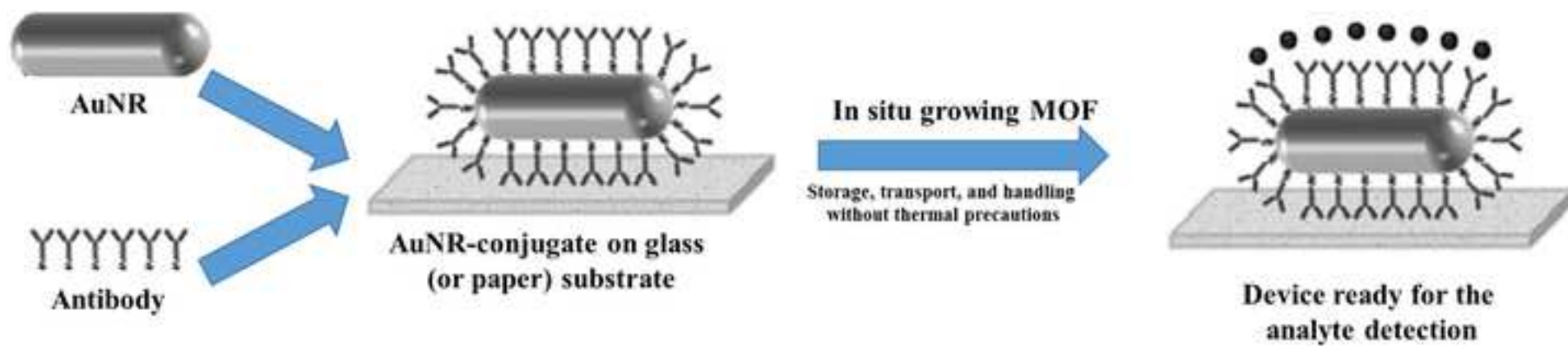


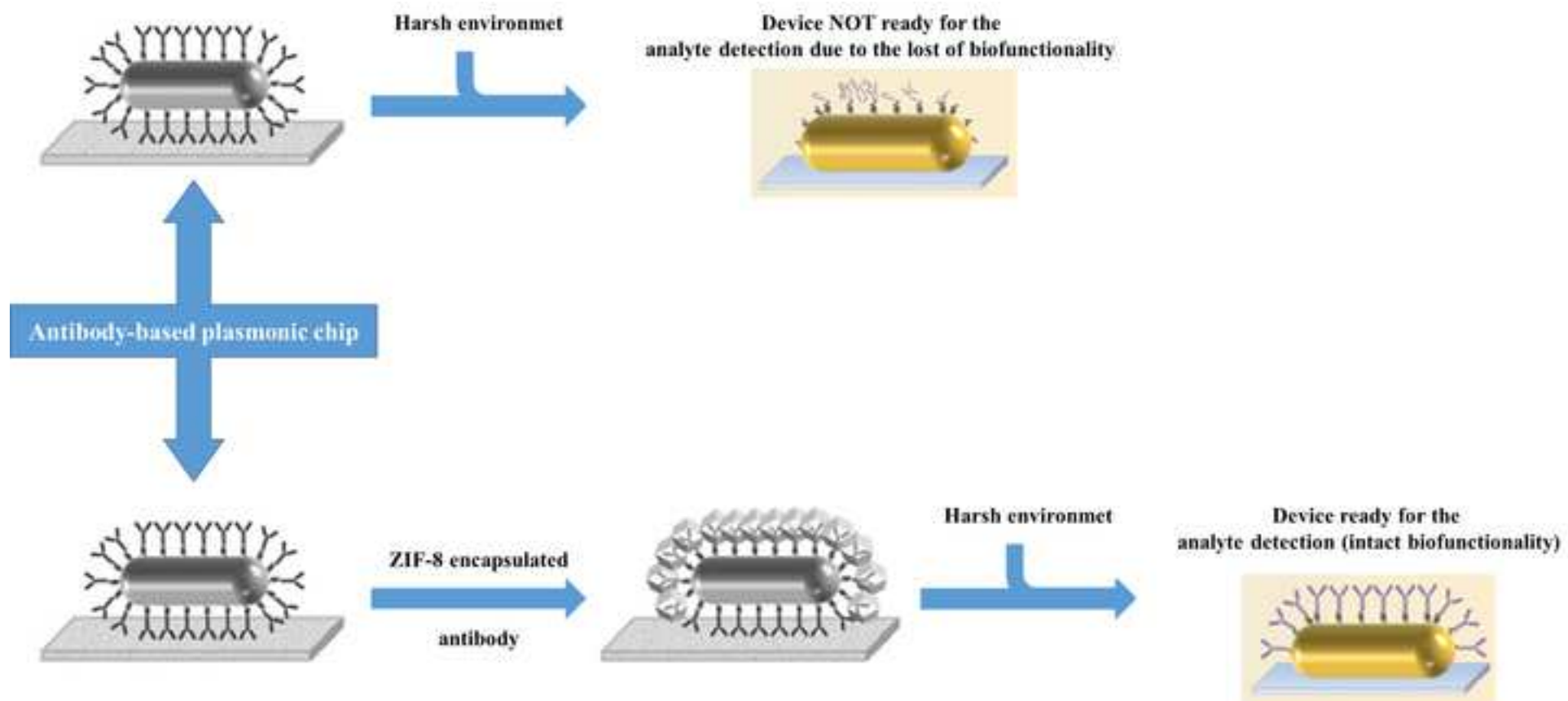












**Table 1.** Colorimetric applications of MOF in POCT

Sample	Sample volume	Analyte	MOF component	MOF synthesis	Colorimetric principle	Visual sensing tool	Linearity range	LOD	%RSD	REF
Serum Urine	N/A	Glucose	Eu <sup>+3</sup> -Zr- 2,2'-bipyridine-5,5'-dicarboxylic acid	Conventional synthesis (solvothermal)	FLD based colorimetric assay	POC Diagnostics logic detector	0.1 μM–10 μM, 10 μM–10 mM,>10 mM)	0.23 μM and 0.25 μM in urine and serum	N/A	[69]
Serum	150 μL	Uric acid and glucose	Cerium terephthalic acid	Conventional synthesis (non-solvothermal)	Direct colorimetric assay	The origami paper Slip Chip (OPSlipChip)	(0-25 mM) for glucose and (0-1000μM)for uric acid	0.069 mM and 39.6 μM for glucose and uric acid respectively.	N/A	[74]
Serum	N/A	Dopamine	Terbium ZrCl <sub>4</sub> and H4btcc	Conventional synthesis (solvothermal)	FLD based colorimetric assay	Portable test paper	0-350 μM	0.06 μM	2.05 and 5.86.	[75]
Serum sample	30 μL	Dopamine	Eu–BTC (1,3,5-benzenetricarboxylic acid)	Conventional synthesis (non-solvothermal)	FLD based colorimetric assay	Paper microchip	0.3–20 μM	0.08 μM	≤6.83%	[76]
Serum samples	100 μL	Glutathione and cysteine	Ag/Eu@Ni-MOF	Conventional method (hydrothermal)	FLD based colorimetric assay	N/A	5-250 μM	0.20 μM and 0.17μM for cysteine and glutathione respectively	N/A	[80]
Human blood	2 μL	Glucose and peroxide	Cobalt -terephthalic acid	Conventional synthesis (solvothermal)	FLD based colorimetric assay	Paper-based devices	50 μM - 15 mM	16.3 and 3.2 μM	3.47	[81]
Human serum	N/A	Alkaline phosphatase activity	Cu@Eu-BTC	Conventional synthesis (solvothermal)	FLD based colorimetric assay	Portable assay tube	1-12 U/ L	0.24 U/L	≤9.5	[82]
Human urine	N/A	phenylamine	Terbium -2,2-bipyridine-5,5-dicarboxylic acid	Conventional synthesis (solvothermal)	FLD based colorimetric assay	Paper strip	0.005 to 5mg/mL	5 μg/mL	3-7%	[88]
Gastric juice	5 μL	Acidity sensor	1-hydroxypyrene@Co/Tb- dipicolinic acid	Conventional synthesis	FLD based colorimetric assay	Paper-based pH microsensor	0.3–7.8	N/A	<5.4	[89]
Solid pharmaceuticals	N/A	Water	Eu-dipicolinic acid/2-aminophthalic acid	Conventional (non-solvothermal)	FLD based colorimetric assay	Paper-Based Water Microsensor	0–100% v/v	0.01% v/v	≤5.8	[90]

### **Declaration of interests**

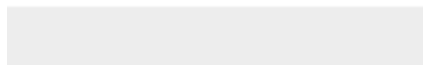
The authors declare that they have no competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.



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**Supporting File**

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