

S100B Protein in Urine of Preterm Newborns with Ominous Outcome

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ABSTRACT

Prematurity is an important cause of perinatal death, and no reliable biochemical/biophysical markers exist to identify newborns with an increased mortality risk. We aimed to use S100B concentrations in urine as an early indicator of risk of neonatal death. We did a cross-sectional study using urine obtained from 165 preterm newborns, of whom 11 suffered neonatal death within the first week, 121 displayed no overt neurologic syndrome, and 33 suffered neonatal hypoxia and intraventricular hemorrhage (IVH) but not ominous outcome. Urine S100B concentrations were determined at four time-points and corrected for gestational age by conversion to multiples of median (MoM) of healthy controls of the same gestational age. Ultrasound imaging was assessed within the first 72 h from birth. In infants that died within the first week, S100B levels in urine were already higher than controls at first urination and increased progressively between the 24 and 96-h time-points. Multiple

logistic regression analysis showed a significant correlation between urine S100B protein concentrations and the occurrence of neonatal death. An S100B concentration cut-off of 12.93 MoM at first urination had a sensitivity of 100% and a specificity of 97.8% for predicting an ominous outcome. The positive predictive value was 78.6%, the negative predictive value was 100%. Measurement of urine S100B protein levels in preterm newborns could be useful to identify newborns at higher risk of neonatal death. (*Pediatr Res* 58: 1170–1174, 2005)

Abbreviations

IVH, intraventricular hemorrhage
MoM, multiples of median
NICUs, neonatal intensive care units
SNAP-PE, Score for Neonatal Acute Physiology–Perinatal Extension

Prematurity constitutes the main cause leading to perinatal death and about 10–15% of high-risk newborns might have an ominous outcome (1,2). The possibility of early identification of infants at higher risk of death is to date limited, inasmuch as clinical, laboratory and standard monitoring procedures may be of no avail. There is thus a constant need for practical and sensitive markers able to identify patients at higher risk as early

as possible, to take immediate preventive or therapeutic measures. The inclusion of such a marker in evidence-based guidelines is eagerly awaited; however, at present no effective biochemical or biophysical tools exist to predict newborns at higher risk of perinatal death (1–4).

The presence in blood of elevated concentrations of a brain constituent such as S100B protein has been described as prognostic of death in adults, and it has been suggested that measurement of this protein be included among peri-mortem procedures (5). S100B is an acidic calcium-binding protein of the EF-hand family (6) that is highly concentrated in the nervous system; it has a half-life of about 1 h and is mainly eliminated in urine (7). In this respect, raised urine S100B concentrations are a consolidated marker of brain damage in infants (8–10) and in preterm newborns with IVH (11), whereas increased amniotic fluid S100B concentrations are a marker of fetal death (12). Because urine is a clinically accessible fluid for the measurement of S100B when monitoring newborns at high risk, we aimed to evaluate whether

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S100B concentrations in urine represent a useful method to identify preterm newborns at risk of postnatal death. At birth, we also evaluated clinical parameters, cerebral ultrasound patterns, and neonatal neurologic conditions.

MATERIALS AND METHODS

Patients. We did a cross-sectional study with urine obtained from preterm newborns ($n = 165$; 27–32 wk of gestation; mean 30 ± 2 wk), whom we recruited consecutively between January 1, 1999, and May 31, 2003, at our tertiary referral centers for NICUs. For this study we enrolled as control subjects ($n = 154$; mean \pm SD gestational age: 30 ± 2 wk) preterm infants in whom no overt neurologic syndrome was detectable ($n = 121$), and preterm newborns ($n = 33$) who suffered neonatal hypoxia and IVH but not ominous outcome. We diagnosed IVH at 72 h from birth by standard cerebral ultrasound scanning (13), which we performed using a real-time ultrasound machine (Acuson 128SP5, Mountain View, CA).

Case subjects ($n = 11$; mean \pm SD gestational age: 30 ± 2 wk) were infants who died within the first week after birth. All cases had a normal karyotype and the fetuses had no detectable anomalies; fetuses with malformations or congenital heart disease and women exposed to alcohol or tobacco smoke were excluded from the study.

We obtained informed consent from the mothers of all newborns before inclusion in the study, as well as approval from our local human investigation committee.

The severity of illness in the first 24 h after birth was measured using the SNAP-PE (14). In addition, on admission to the NICU we routinely assessed the clinical parameters of all newborns [red blood cells count (RBCs), venous blood pH, ion concentrations, plasma glucose levels], and performed a daily neurologic examination [according to Prechtl (15)].

Emergency cesarean section was performed in 6 of the 11 cases in the neonatal death group and in 77 out of 154 cases in the control group. Indications included placental abruption and nonreassuring fetal status, as defined by the American College of Obstetricians and Gynecologists [bradycardia, fetal heart rate) FHR late decelerations, severe and repetitive FHR variable decelerations, reduced beat-to-beat variability] (16). We administered corticosteroid therapy (betamethasone, 12 mg/24 h for two days i.v., Bentelan, Glaxo Wellcome, Verona, Italy) in 6 of the 11 cases in the neonatal death group and in 85 out of 154 cases in the control group; and tocolytic therapy (Ritodrine 30–50 mg/h i.v., Miolene, Lusofarmaco, Milan, Italy) in 3 out of 11 women whose newborns died within the first week, and in 37 of the 154 women whose newborns were included in the control group.

S100B measurement. We measured S100B protein levels in urine at first urination (time 0), and 24 (time 1), 48 (time 2) and 96 (time 3) h after birth. We collected urine samples at each time-point, immediately centrifuged them at 900 g for 10 min, and stored the supernatants at -70°C . We measured S100B in urine with a commercially available immunoluminometric assay (Lia-mat Sangtec 100, AB Sangtec Medical, Bromma, Sweden), and we performed the measurements in duplicate according to the manufacturer's instructions: the averages are reported. This assay is specific for the β subunit of the S100 protein and measures the β subunit using three MAb (SMST 12, SMSK 25 and SMSK 28). The β subunit of the S100 protein is known to be predominant (80–96%) in the human brain (8,17).

The assay detection limit was $0.02 \mu\text{g/L}$; precision was less than 5.5% for intra-assay and less than 10.1% for inter-assay.

Statistical analysis. We expressed the results of S100B concentrations in urine as mean [lower and upper 95% confidence interval (CI)] and assessed differences between groups by the Mann Whitney U test. We performed multiple logistic regression analysis with the occurrence of neonatal death as the dependent variable, to analyze the influence of various clinical parameters [delivery mode, gestational age, tocolytic therapy, antenatal maternal glucocorticoids administration, chorioamnionitis, incidence of respiratory distress syndrome (RDS), neurologic examination, the occurrence of IVH, S100B urine levels, SNAP-PE score] on the occurrence of neonatal death.

Because amounts of S100B in urine correlate with gestational age (8,18), we corrected concentrations for gestational age by conversion to MoM of the controls of the same gestational age. We stratified controls by gestational age, and the medians of each stratum were used to convert all values into MoM. We matched cases with control medians according to gestational age at the time of urine sampling. We divided S100B ($\mu\text{g/L}$) concentrations by the median values of control groups of the same gestation period to improve statistical power and allow external validation of results from different populations, besides allowing regression analysis of data to reach a day-by-day estimate of the expected normal S100B concentrations (19).

We used the cut-off indicated by ROC curve analysis (19,20) to evaluate the positive and negative predictive values, specificity and sensitivity, and likeli-

hood ratios with their respective 95% confidence bounds. Thus, we estimated the probability of neonatal death in preterm newborns and compared it with the pretest probability, defined as the prevalence of neonatal death in the whole group of patients (21).

Statistical analysis was performed using the GraphPad Prism version 3.00 for Windows (GraphPad Software, Inc., San Diego, CA). A value of $p < 0.05$ was considered significant.

RESULTS

Clinical findings and neonatal outcomes of all the infants studied are shown in Table 1. We did not find significant differences regarding gestational age and weight at birth, delivery mode, gender, age at admission to NICUs, antenatal maternal glucocorticoid treatment, tocolytic therapy, the incidence of chorioamnionitis and of emergency cesarean section, and Apgar scores <7 at 1 and 5 min ($p > 0.05$ for all). Furthermore, laboratory parameters such as RBC count, hemoglobin, hematocrit rate, venous blood pH, venous carbon dioxide and oxygen partial pressure, base excess, urea, creatinine, and urine gravity did not differ between the two study groups ($p > 0.05$ for all).

The incidence of RDS, the need for mechanical ventilation support, the number of infants treated with surfactant and inotrope drugs was significantly ($p < 0.001$) higher in the preterm infants with ominous outcome, whereas no significant difference was found for the occurrence of symptomatic patent ductus arteriosus ($p > 0.05$).

The incidences of normal and suspect neurologic examination patterns, assessed at admission to NICUs were, respectively, significantly ($p < 0.05$) lower and significantly ($p < 0.01$) higher in the neonatal death group. No significant ($p > 0.05$) difference between the two groups was observed regarding abnormal neurologic patterns. Neurologic abnormalities assessed in 35 preterm infants included hypertonia/hypotonia syndrome (neonatal death group: $n = 2$; controls: $n = 27$) and hyperexcitability ($n = 6$ in controls). Isolated symptoms were present in 12 preterm infants, including hypertonia-hypotonia (neonatal death group: $n = 2$; controls: $n = 2$), dystonia (controls: $n = 3$) and hyperexcitability (neonatal death group: $n = 1$; controls: $n = 4$) (Table 1). The same incidences of normal and suspect neurologic examination patterns were observed at 24, 48, and 96 h after birth and did not differ with respect to admission time point being, respectively, significantly ($p < 0.05$) lower and significantly ($p < 0.01$) higher in the neonatal death group. However, no significant differences ($p > 0.05$) regarding neurologic abnormalities have been shown between groups.

Cerebral ultrasound patterns evaluated at 72 h after birth showed a significantly ($p < 0.01$) higher incidence of IVH in newborns with ominous outcome (neonatal death group: 45%; controls: 21%, respectively). Ultrasound IVH patterns in the 38 preterm infants included 23 grade-II IVH (neonatal death group: $n = 3$; controls: $n = 20$) and 15 grade-III IVH (neonatal death group: $n = 2$; controls: $n = 13$). No other ultrasound abnormalities were described at this monitoring time-point.

SNAP-PE scores measured in the first 24 h after birth showed significantly ($p < 0.05$) higher values in preterm infants with ominous outcome (Table 1). According to the occurrence of IVH, as diagnosed by cerebral ultrasound, preterm control infants were subdivided into control group A (without IVH: $n = 121$) and control group B (with IVH: $n = 33$). SNAP-PE values were significantly ($p < 0.001$) higher in

Table 1. Perinatal data in neonatal death and control groups (mean \pm SD)

	Neonatal death (n = 11)	Controls (n = 154)
Perinatal clinical characteristics		
Birth weight (g)	1297 \pm 392	1441 \pm 287
Gestational age (wk)	33.1 \pm 2.08	32.6 \pm 2.24
Male, no. (%)	6 (55)	71 (55)
Age at study entry (h)	3 \pm 1	3 \pm 1
Born at study hospital, no. (%)	7 (64)	101 (66)
Antenatal glucocorticoid therapy, no. (%)	6 (54)	85 (55)
Tocolytic therapy, no. (%)	3 (27)	37 (24)
Chorioamnionitis, no. (%)	2 (18)	25 (16)
Caesarean Section, no. (%)	6 (54)	77 (51)
Factors associated with primary outcomes		
Apgar score, no. (%)		
At 1 min <7	6 (54)	81 (52)
At 5 min <7	2 (18)	27 (17)
RDS, no. (%)	8 (72)*	58 (34)
Mechanical ventilation support, no. (%)	11 (100)*	84 (55)
Surfactant therapy, no. (%)	8 (72)*	58 (34)
Inotrope therapy, no. (%)	9 (92)*	28 (25)
Symptomatic patent ductus arteriosus, no. (%)	7 (64)	96 (62)
Neurological examination, no. (%)		
Normal Suspect	6 (55)	112 (73)
Suspect	3 (27)*	9 (6)
Abnormal	2 (18)	33 (21)
SNAP-PE score in the first 24 h from birth	59.7 \pm 5.4*	49.9 \pm 8.9

* $p < 0.05$ vs controls.

control group B than control group A, whereas no significant ($p > 0.05$) difference was found between control group B and the neonatal death group. Furthermore, SNAP-PE values in the neonatal death group were significantly ($p < 0.01$) higher than in the control group A.

In the neonatal death group, 5 out of the 11 died within the first 96 h (mean, 91 h) from birth and the remaining 6 cases died within the first week (mean, 114 h) due to cardiopulmonary failure (Table 1). Detailed postmortem examination indicated, among different causes of neonatal death, the presence of IVH grade IV (IVH and signs of periventricular leukomalacia) ($n = 5$), multi-organ failure, including CNS patterns suggestive of severe perinatal hypoxia ($n = 3$), and cardiopulmonary failure with CNS signs of severe hypoxia ($n = 3$). No neuronal migrational anomaly was detected in the 11 cases examined.

Urine S100B protein levels were detectable in all cases examined ($n = 165$). In particular, S100B levels were significantly higher at all monitoring time-points ($p < 0.001$) in infants who later died. Urine levels of S100B were significantly higher than controls at first urination ($p < 0.001$) and increased progressively between the 24- and 96-h time-points ($p < 0.001$ for all) (Table 2). Urine levels of S100B were

significantly ($p < 0.001$) higher in preterm infants with ominous outcome than in both control groups A and B. Furthermore, S100B levels in group B were significantly ($p < 0.001$) higher than in group A (Table 2).

Multiple forward regression analysis with neonatal death as the dependent variable showed a positive significant [$p < 0.001$; odds ratio (OR), 9.55, respectively] correlation only between urine S100B levels, measured at birth, and the occurrence of neonatal death among a series of monitoring parameters.

The sensitivity/specificity, positive/negative predictive values, likelihood ratios, and the area under the curve (AUC) of S100B protein as a diagnostic test, evaluated by the ROC curve, at different monitoring time-points are shown in Table 3. As can be seen, the higher S100B values as diagnostic test were observed at first urination; at the cut-off of 12.93 MoM S100B achieved a sensitivity of 100% (CI_{95%}: 71.3–100) and a specificity of 97.8% (CI_{95%}: 93.8–99.5) as a single marker for the prediction of neonatal death (Fig. 1). The ROC AUC of S100B was 0.995. In contrast, SNAP-PE scores at the cut-off of 51 combined a sensitivity of 100% (CI_{95%}: 71.3–100) with a specificity of 48.9% (CI_{95%}: 40.4–57.5) for prediction of neonatal death. The ROC AUC of SNAP-PE score was 0.715, and

Table 2. Urine S100B concentrations (MoM) expressed as mean (lower and upper 95% CI), measured at first urination (0), and at 24 (1), 48 (2), 96 (3) h in neonatal death and control groups A (without IVH) and B (with IVH)

S100B MoM	Neonatal death group (n = 11)			Control group A (n = 121)			Control group B (n = 33)		
	Mean	CI _{5%}	CI _{95%}	Mean	CI _{5%}	CI _{95%}	Mean	CI _{5%}	CI _{95%}
First urination (0)*‡	20.31	13.41	33.02	0.67	0.10	2.00	9.53	1.70	15.56
24 h (1)*‡	35.33	5.60	83.98	0.90	0.11	2.68	18.14	1.44	39.25
48 h (2)* ‡	59.37	21.00	113.70	0.92	0.12	3.79	25.54	1.30	68.00
96 h (3)* ‡	81.08	21.98	219.80	0.89	0.14	2.66	33.11	1.17	96.51

* $p < 0.001$ vs control group A.

‡ $p < 0.01$ vs control group B.

Table 3. Sensitivity, specificity, and predictive values of serial urinary S100B levels as diagnostic test for early neonatal death prediction

Monitoring time-point	S100B (MoM) cut-off value	Sens (%)	Spec (%)	PPV (%)	NPV (%)	LR (+)	LR (-)	AUC
First urination	12.93	100	97.8	78.6	100	46.3	0.0	0.995
24 h (1)	15.86	100	90.9	40	99	7.1	0.1	0.938
48 h (2)	38.00	90.9	94.8	62.5	99.1	17.6	0.1	0.967
96 h (3)	10.00	100	85.3	36.7	100	6.8	0.0	0.954

PPV, positive predictive value; NPV, negative predictive value; Sens, sensitivity; Spec, specificity; LR, positive (+) and negative (-) likelihood ratio; AUC, area under the curve.

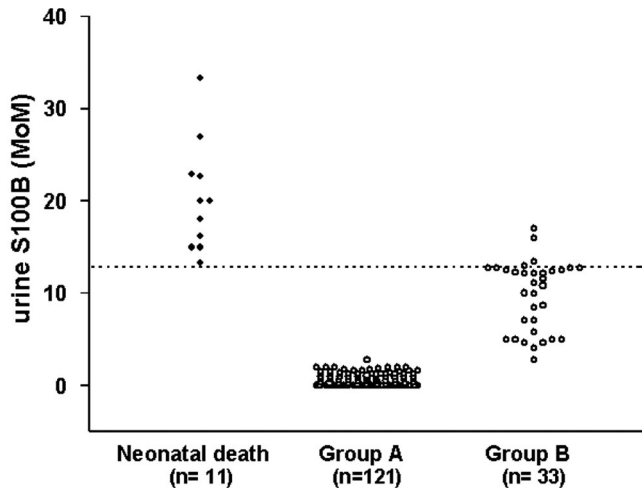


Figure 1. S100B levels in urine at first urination. S100B concentrations were significantly ($p < 0.001$) higher in newborns who died within the first week (●) ($n = 11$) than in healthy controls ($n = 154$) (○; Group A: without IVH, $n = 121$; Group B: with IVH, $n = 33$) ($p < 0.001$). ROC curve analysis shows that the S100B measurement as a diagnostic test has a sensitivity and a specificity of 100% and 97.8%, respectively, at a cut-off of 12.93 MoM (dashed line), with 78.6% positive predictive value and 100% negative predictive value.

was significantly lower than that of S100B ($p < 0.001$; difference between areas: 0.280; $CI_{95\%}$: 0.104–0.455, as evaluated by pair-wise comparison of ROC curves).

Eleven out of 165 newborns died after birth, giving an overall prevalence of neonatal death in the study population of 6.6% ($CI_{95\%}$: 0–55.2%). This was the predicted probability of developing an ominous outcome before urine S100B measurement and SNAP-PE computation were performed (pretest probability). If at first urination S100B levels were found to be high (*i.e.* above the thresholds defined by the ROC curve analysis), the probability of neonatal death (positive predictive value) was as high as 78.6% ($CI_{95\%}$: 57–100), but if S100B concentrations were normal the probability of neonatal death was as low as 0% ($CI_{95\%}$: 0–2%). In contrast, the probability of predicting neonatal death by a high SNAP-PE score was 13% ($CI_{95\%}$: 6–13), whereas the probability was 0% ($CI_{95\%}$: 0–3.5) for a SNAP-PE score below the thresholds identified through ROC curve analysis. Finally, the probability of an ominous outcome in the presence of both S100B and SNAP-PE above the thresholds defined by the ROC curve analysis was superimposable on that of S100B as a single marker, but higher than that of the SNAP-PE score.

DISCUSSION

This is the first study to show that concentration of S100B, a marker of stress in the CNS in adults (4), newborns, and during gestation (8–12,22) in the urine of infants who died in

the first week after birth, is greatly increased. Furthermore, multiple logistic regression analysis showed that urine S100B concentration measured at birth was the only parameter that correlated with the occurrence of neonatal death. Because S100B is highly concentrated in the nervous system, and because it is released by kidney tissue (23), we postulate that the pathologic processes that cause neonatal death lead to increased protein concentrations in urine. The significance of such an increased concentration of urinary S100B warrants consideration. Data on elevated S100B concentrations in growth-retarded fetuses (24), in high-risk newborns developing hypoxic-ischemic encephalopathy (8–10), and in the urine of newborns developing IVH (11) support the hypothesis that early severe hypoxia may be responsible for a continuous release of S100B protein from the damaged CNS into the systemic circulation and, finally, the urine. Thus, elevated S100B urine levels can represent an antenatal insult, which is known to account for 70% of cases of perinatal mortality and morbidity (3). This could be a direct consequence of brain cell damage, or of alteration in cell membrane permeability or blood/brain barrier permeability. However, it is also interesting that at nanomolar concentrations S100B stimulates neurite outgrowth and enhances survival of neurons during development (25), whereas micromolar levels of extracellular S100B *in vitro* stimulate the expression of proinflammatory cytokines and induce apoptosis (26,27). In addition, cell-based and clinical studies have implicated S100B in the initiation and maintenance of a pathologic, glial-mediated proinflammatory state in the CNS (27). Animal studies have indicated that overexpression of S100B increases vulnerability to cerebral hypoxic-ischemic injury, as S100B transgenic mice subjected to hypoxia-ischemia showed a significant increase in mortality, more extensive cerebral injury and neuroinflammation in response to injury (28). Therefore, the possibility that some of the S100B measured in the urine of these patients derives from this process and participates in the pathologic cascade of events responsible for neonatal death should also be taken into account. In other words, perinatal hypoxia may trigger the secretion of S100B from the brain, which, in turn, when released in excess, participates in the cascade of events leading to death.

The hypothesis that hypoxia may contribute to the release of S100B into urine is supported by previous studies describing elevated S100B levels in fetuses and newborns that experienced perinatal asphyxia (8,22,24) and by the fact that in our study preterm infants with ominous outcome had higher SNAP-PE values, and SNAP-PE is well known to include also parameters suggestive of severe hypoxia insult hypothesis as well as the occurrence of cerebral hemorrhage (14).

However, the possibility that S100B may be released, at least in part, from other sites in which it is concentrated, such as adipose tissue (29) could also be considered. Unfortunately, data on the presence of the protein in adipocytes at this stage of maturity are not available. Likewise, at this stage data are lacking on the possible presence of S100B in the kidneys, which in any case do not appear to be a site of concentration for the protein (23). With respect to a possible placental origin, which should also be taken into consideration, given that the expression of the protein in human placenta has been reported (30), this source seems to be quantitatively not relevant, due to the limited half-life of the protein (about 1 h) (6).

The second result of the present study concerns the possibility of early detection, by means of S100B measurements in urine in the perinatal period, of cases at higher risk of ominous outcome. Increased concentrations of S100B in amniotic fluid have been reported to be an early predictor of fetal death (12), and raised urine S100B concentrations are a consolidated marker of brain damage in preterm newborns with IVH (11). The increased release into the urine of a brain constituent such as S100B may offer a direct indicator of active cell damage at a stage when standard diagnostic procedures are still silent or of no avail. These findings may be relevant, bearing in mind that clinical, laboratory, and ultrasound patterns were unable to detect cases at risk of ominous outcome at a time when S100B concentrations in urine were already high, and that the quantification of S100B in the urine is rapid (about 1 h), inexpensive, simple, and can be performed automatically. In addition, urine appears the most suitable among biologic fluids clinically/noninvasively accessible for the measurement of analytes, because it can be collected easily and sampling can be repeated without risk for the newborn, offering improved care of critical newborns, bearing in mind that anemia due to repeated blood sampling is a common pathology in high-risk newborns (31).

As shown by ROC curve analysis, the probability of death within the first week was as high as 78.6% in newborns with urinary S100B levels higher than 12.93 MoM, so that early detection of increased levels of S100B might also represent a warning of the danger of neonatal death. Furthermore, the S100B cut-off specificity and sensitivity, predictive values, likelihood ratios and AUC with their respective 95% confidence bounds were significantly more accurate than other clinical tools for neonatal surveillance, such as SNAP, SNAP-PE, and CRIB (14,32).

In conclusion, the measurement of S100B in urine may provide physicians with an additional clinical tool for detecting high-risk preterm newborns at an earlier stage. Whether the increased release of S100B is a causal factor or reflects an adaptive phenomenon warrants further investigations.

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