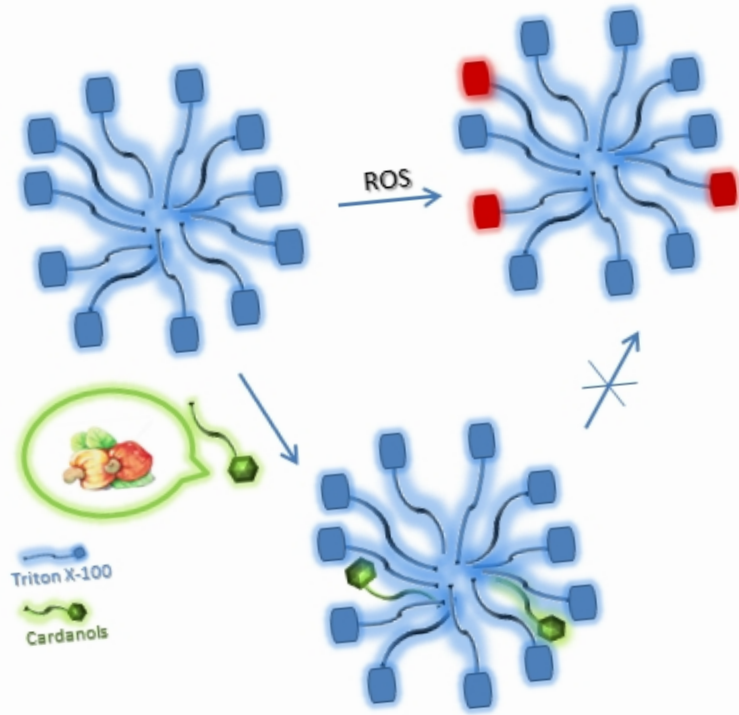


HIGHLIGHTS

- Cardanols are natural occurring alkylphenols byproducts of cashew nut processing
- Hydrogenated cardanol derivatives (HC) were co-micellized with Triton X-100
- CMC, microviscosity, polarity, aggregation number of co-micelles were obtained
- HC in micelles demonstrated radical-trapping
- HC in micelles demonstrated protective activity toward peroxidation of PEG tails



1 **Cardanol-like co-surfactants solubilized in pegylated micelles keep**
2 **their antioxidant activity and preserve polyethylene glycol chains**
3 **from oxidation**

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12

13 KEYWORDS: Cardanol derivatives; antioxidant activity; micelles; polyethylene glycol-chained
14 surfactants; polyethylene glycol oxidation

15

16 **Abstract.** ~~Pegylated (PEG) surfactants~~ ~~polyethylene glycols (PEG)~~ are widely used ~~surfactants~~ for
17 material and biomedical applications. Their use, however, is limited by the radical-mediated
18 oxidation of the OCH₂ moieties by atmospheric oxygen, that produces unwanted and toxic
19 products such as hydroperoxides. We show herein that cardanols, natural alkylphenols byproducts
20 of cashew nut processing, are able to form stable co-micellar systems with a model PEG-

21 containing surfactant (Triton X-100, i.e. *p*-*tert*-octylphenoxy polyethylene-glycol ether) and
22 display antioxidant activity toward PEG degradation by O₂. The cardanols investigated were 6-
23 *tert*-butyl-3-pentadecylphenol and 4-hydroxy-6-*tert*-butyl-3-pentadecylphenol derivatives. The
24 ability of cardanols to form co-micelles with Triton X-100 was investigated by determining the
25 CMC, the microviscosity, the polarity and the aggregation number of the aggregates. The
26 antioxidant activity of cardanol derivatives in dispersed systems of Triton X-100 was evaluated by
27 studying the reaction with DPPH radical and the protecting activity toward the peroxidation of the
28 polyethylene-glycol tails. The obtained activity of cardanol derivatives was similar or better than
29 that of commercial synthetic antioxidants BHT (2,6-di-*tert*-butyl-4-methylphenol) and DTBQ
30 (2,5-di-*tert*-butylhydroquinone), taken as reference, under the same conditions. This study
31 enlightens the ability of hydrogenated cardanol derivatives to act as radical-trapping agents and/or
32 as protective co-surfactants toward the oxidative degradation PEG-coated nanoaggregates used in
33 food and drug science.

34

35 **1. Introduction**

36 Polyethylene glycol(PEG)-chained surfactants are popular means for the solubilization of water
37 insoluble molecules that have recently received great attention for the preparation of PEG-coated
38 nanoobjects, usable as carrier systems in pharmaceutical applications [1-3] and in the field of food
39 packaging and food safety [4]. PEG serves as a stealth corona to avoid capture by macrophage and
40 favors circulation of nanoparticles in the blood stream [5], and it can form solid hydrophilic
41 matrixes easy to hydrate and capable to form gels [6]. However, being a poly-ether, in the presence
42 of oxygen, PEG undergoes radical-mediated oxidation which generates unstable hydroperoxides,
43 which then react further, leading ultimately to the cleavage of C-O bonds and consequent
44 shortening of the PEG chain and formation of reactive aldehydes [7, 8]. This drawback limits the

45 applications of PEG-based surfactants [9] and requires the addition of antioxidants to reduce the
46 problem [10].

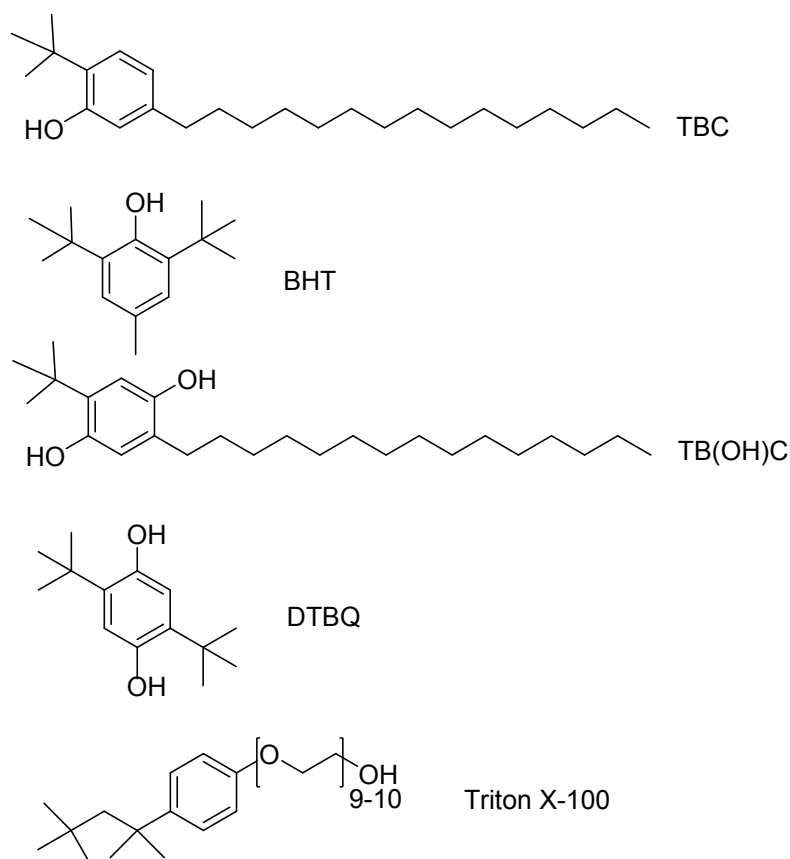
47 The use of antioxidant agents from natural sources, such as plant-derived compounds, has
48 received increasing interest in the recent literature as a means to replace synthetic phenols both for
49 sustainability and toxicity reasons [11-15].

50 Cardanol is considered one of the most interesting examples of sustainable plant-derived raw
51 material. It is the main constituent of Cashew Nut Shell Liquid (CNSL), a by-product obtained
52 from cashew nut (*Anacardium occidentale L.*), whose final precise composition - depending on
53 the extraction method - is mainly based on cardanol, cardol, anacardic acid and methylcardanol,
54 with different unsaturation degrees on the alkyl sidechain [16-18]. The antioxidant activity of some
55 cardanol derivatives, compared with that of analogous commercial products, has been studied by
56 some of us and the data obtained demonstrated that these compounds represent a convenient
57 alternative to synthetic antioxidants [19-21]. Very recently, epoxidized cardanol have been
58 investigated for their antioxidative properties for vegetable oils and biodiesel [22], whereas
59 cardanol-derived arylamines demonstrated superior antioxidant properties and thermal-oxidation
60 stability [23]. These results are particularly relevant because cardanol and its hydrogenated
61 derivatives isare biocompatible, biodegradable [24 - 26] and non-persistent in the environment
62 [2527].

63 In a previous paper we have proved that hydrogenated cardanol behaves as a co-surfactant of
64 Triton X-100 in a percentage as high as 10% mole ratio and, therefore, it can be used as such in
65 order to promote sustainability and renewability of commercial amphiphiles [2628].

66 In the wake of these considerations here we have investigated the antioxidant performance
67 toward the peroxidation of polyethylene-glycol (PEG) tails and toward the stable 2,2-diphenyl-1-
68 picrylhydrazyl (DPPH•) free radical [2729, 2830] of hydrogenated cardanol derivatives (6-*tert*-

69 butyl cardanol, TBC, and 6-*tert*-butyl-4-hydroxy cardanol TB(OH)C), see Figure 1, when they are
70 incorporated in micelles of Triton X-100.



71
72 **Fig. 1.** Chemical structure of hydrogenated cardanol derivatives (TBC and TB(OH)C), the
73 reference antioxidants BHT and DTBQ, and Triton X-100 surfactant.

74
75 TBC and TB(OH)C were chosen because they showed a better antioxidant activity compared to
76 cardanol in ~~homogeneous~~ organic solvents [19 - 21]. The aim of the present study is to investigate
77 in detail the mixed cardanol derivative/Triton X-100 micelles. In particular, the localization of
78 antioxidants was studied through surface tension measurements of CMC and spectrofluorimetric
79 evidences of microviscosity, polarity and aggregation number whereas spectrophotometric
80 evidences allowed to investigate the arrangement of radicals in the micelles. All these data were

81 used to compare the effect of the different cardanol derivatives on micelles features and to interpret
82 both the obtained DPPH• scavenging data and inhibition of Triton X-100 peroxidation.

83

84 **2. Materials and Methods**

85 *2.1. Materials*

86 Triton X-100 (peroxide free, as assessed by QUANTOFIX® Peroxide test strip), pyrene (99%),
87 BHT (2,6-di-*tert*-butyl-4-methylphenol), DTBQ (2,5-di-*tert*-butylhydroquinone), 2,2'-Azobis(2-
88 methylpropionamide) dihydrochloride (AAPH), diphenylpicrylhydrazyl (DPPH•) radical,
89 2,2,5,7,8-pentamethyl-6-chromanol (PMHC) and solvents of analytical grade were purchased
90 from Sigma-Aldrich and used without further purification. Water was HPLC grade. Samples of 6-
91 *tert*-butyl hydrogenated cardanol [2931] and 6-*tert*-butyl-4-hydroxy hydrogenated cardanol
92 [3032], having a saturated alkyl chain, were kindly provided by Prof. Attanasi (University of
93 Urbino). NMR spectra, performed in order to confirm the degree of purity of TBC and TB(OH)C,
94 are reported in the Electronic Supplementary Information, section S1.

95 Aqueous dispersions were obtained by solubilizing the investigated antioxidant or cardanol
96 derivative in aqueous solutions of Triton X-100 of the elected concentration.

97 *2.2. Tensiometric analyses*

98 Surface tension measurements were performed with a SensaDyne tensiometer QC6000 via the
99 bubble pressure method. Triton X-100 solutions at different concentrations were obtained by
100 diluting a concentrated mother solution to the elected value. Readings, recorded at room
101 temperature, were taken after thorough mixing. The accuracy of measurements was within ± 0.1
102 dyne cm^{-1} . Surface tension values (dyne cm^{-1}) were plotted against the decimal logarithm of the
103 molar concentration of the Triton X-100 in order to evaluate the relevant CMC. The investigated

104 concentrations of Triton X-100 were 2.00×10^{-5} - 4.00×10^{-3} M. The obtained CMC is the mean
105 value of at least two different measurements.

106 2.3. Aggregation number

107 The aggregation number was determined by exploiting the fluorescence quenching method
108 [3433] and using pyrene as the fluorescent molecule and N,N-dibutylaniline (DBA) as the
109 quencher [2628].

110 An appropriate volume of pyrene stock solution in ethanol was added to a cuvette containing the
111 2.00×10^{-2} M Triton X-100 aqueous solutions. The concentration of Triton X-100 was chosen in
112 order to reduce the fraction of micelles with more than one pyrene molecule.

113 After evaporation of the ethanol, DBA, dissolved in dioxane, was added to the cuvette in order
114 to obtain a range of quencher concentrations of 5–100 μ M while keeping the concentrations of
115 pyrene and the surfactant constant. Pyrene was excited at λ 335 nm and the emission intensity (I_0)
116 was monitored at λ 376 nm and λ 395 nm. If the micelles are assumed to be monodisperse, the
117 relative intensity of fluorescence emission (I) is given by the following equation: $\ln(I_0/I) = N$
118 $[Q]/(C - \text{CMC})$ where I_0 is the fluorescence intensity in the absence of quencher, $[C]$ is the total
119 surfactant concentration, $[Q]$ is the quencher concentration and N is the surfactant aggregation
120 number.

121 2.4. Microviscosity and micropolarity

122 The microviscosity and micropolarity of the Triton X-100 micelles (2.00×10^{-3} M) have been
123 determined fluorimetrically using pyrene as the fluorescent probe [3234, 3335]. Fluorescence
124 emission spectra were recorded using an excitation wavelength of 335 nm. The fluorescence
125 intensity ratio, I_E/I_M , was used to determine the microviscosity, where I_E , the emission at λ 473
126 nm, is the intensity of the excimer and I_M , the emission at λ 395 nm, is the intensity of the
127 monomer. The micropolarity was measured by the intensity ratio of the first and the third band of

128 the pyrene emission spectrum, I_1/I_3 , where I_1 is the emission at λ 374 nm and I_3 is the emission at
129 λ 385 nm.

130 2.5. Spectrophotometric determination of the localization of DPPH• radical in the micelles

131 The micellar localization of the scavenger DPPH• was provided by monitoring the position of its
132 mixed valence band centered at about λ 520 nm. This band can be used as a solvatochromic tool
133 as it can shift to higher wavelengths in the presence of an aggregation process promoted in aqueous
134 media. Experimentally, a concentrated solution of DPPH• was prepared in methanol (1.0×10^{-3}
135 mol/L). This solution was used as a stock solution for the preparation of sample with different
136 dispersants (acetonitrile, methanol, water/methanol 4:1, Triton X-100 1.0×10^{-3} M and 1.00×10^{-5}
137 M), diluting few microliters directly in quartz cuvette with a final DPPH• concentration of $1.0 \times$
138 10^{-6} M. After that, the spectra were recorder with a Cary UV 300 spectrophotometer.

139 2.6. Determination of DPPH• scavenging

140 The reactivity of micellized antioxidants toward the DPPH• radical was assessed by measuring
141 the disappearance of the DPPH• absorption band at λ 517 nm after injecting the proper amount of
142 methanolic DPPH• solution (final concentration $2.0 - 15.0 \times 10^{-5}$ M) into a quartz cuvette
143 containing micelles of Triton X-100 (1.29×10^{-3} M) and the antioxidant (1.29×10^{-4} M) [3436].
144 The stoichiometry of the reaction (i.e., number of radicals quenched by each antioxidant) was
145 determined by using a slight excess of DPPH•, whereas the rate constant was obtained by using
146 antioxidants in large excess. Reaction rates constants were obtained from the absorption decrease
147 by fitting the experimental data with a kinetic simulator software (Gepasi) [3537] by using well
148 assessed reaction schemes (see Electronic Supplementary Information) [3638]. The spectra were
149 recorder with a Jasco V-550 spectrophotometer.

150 2.7. Inhibition of Triton X-100 peroxidation

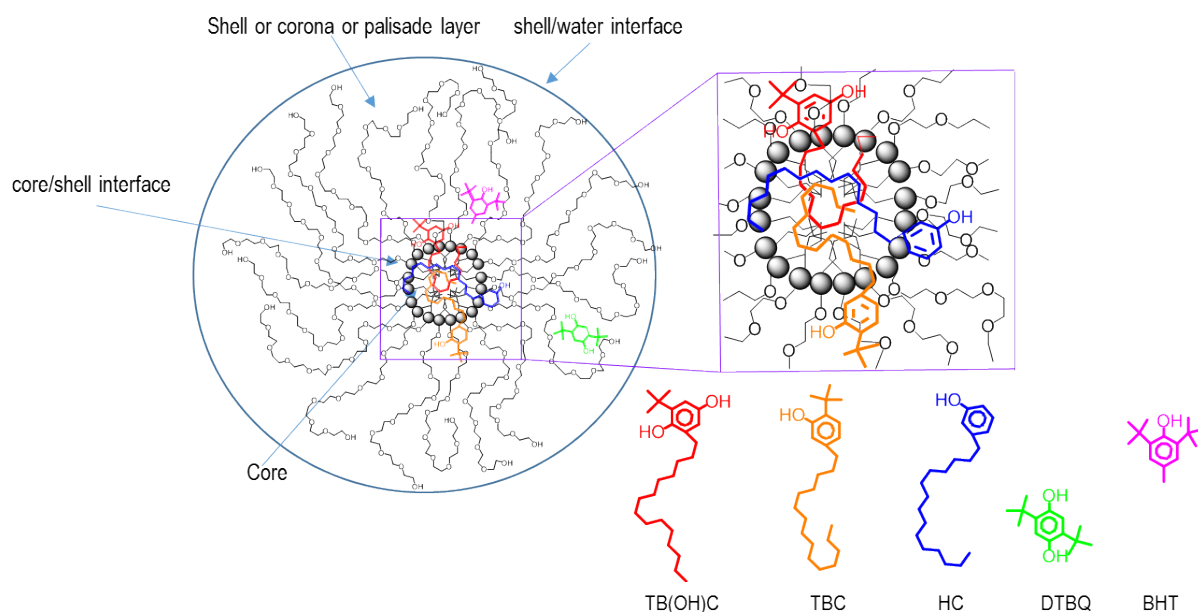
151 Formation of hydroperoxides during Triton X-100 autoxidation initiated by the water-soluble
152 azo-initiator 2,2'-Azobis(2-methylpropionamide) dihydrochloride (AAPH) was qualitatively
153 evaluated with the ferrous xylenol orange test (QUANTOFIX[®] Peroxide test strip). The extent of
154 Triton X-100 peroxidation was quantitatively evaluated by measuring the O₂ consumption by a
155 differential oxygen uptake apparatus build in our laboratory and based on a Validyne DP 15
156 differential pressure transducer [3739, 3840]. Triton X-100 peroxidation was initiated by AAPH
157 at 30 °C and the O₂ uptake was measured in the absence and in the presence of the co-micellized
158 antioxidants. In a typical experiment, an air-saturated Triton X-100 (13 mM), containing AAPH
159 (5 mM) was equilibrated with a reference solution containing only water. After equilibration, and
160 when a constant O₂ consumption was reached, a small amount of a concentrated solution of the
161 antioxidant (final concentration 1.3 mM) was injected in the sample flask. The oxygen
162 consumption in the sample was measured after the calibration of the apparatus from the differential
163 pressure recorded with time between the two channels. Initiation rates, R_i, were determined in the
164 preliminary experiments by the inhibitor method using 2,2,5,7,8-pentamethyl-6-chromanol
165 (PMHC) as a reference.

166 **3. Results and Discussion**

167 *3.1. Arrangement of guests in the micelles*

168 In order to gauge the effect of the guests (hydrogenated cardanol derivatives and commercial
169 antioxidants) on the surfactant features as well as the position of the guests into the micelles we
170 evaluated the critical micelle concentration (CMC), the aggregation number, the micellar
171 dimensions, the microviscosity and the polarity of the micellar systems. CMC data (Table 1 and
172 Electronic Supplementary Information) highlight an increase of CMC upon addition of the guests.
173 The CMC is two and three times higher than that of Triton X-100 for DTBQ and BHT,
174 respectively, whereas the increase of CMC is less marked and approximately related to the increase

175 of guests molecular weight and/or steric hindrance when cardanol guests are considered. The
 176 observed increase of CMC values in the presence of synthetic antioxidants is therefore indicative
 177 of a more difficult micellization. Since it is generally accepted that solubilization of guests in the
 178 shell region increases the CMC [3941], it is likely that these guests solubilize in the
 179 polyoxyethylene shell of the micelles. It is important to stress at this point that previous studies
 180 [4042, 4143] referring to a prevailing residence of BHT in the micellar core of micelles did
 181 consider a concentration ratio of 5×10^{-4} and 5×10^{-2} for BHT/Triton X-100 and BHT/POE(23) lauryl
 182 ether, respectively. In the present case the concentration of BHT is therefore 200 and 2 times higher
 183 than the one used in those reports and a BHT partition in both regions in the present study is very
 184 likely. Indeed, Torres et al. [4244] demonstrated that very hydrophobic molecules such as fullerene
 185 C_{60} affect the arrangement of Triton X-100 molecules around themselves by pushing the 1,1,3,3-
 186 tetramethylbutyl moiety towards the outer side of the aggregate. A similar arrangement would
 187 equally explain our polarity and viscosity data as well as the capability of radicals to encounter the
 188 partially core-confined BHT (see below).



189

190 **Figure 2.** Distribution scheme of guests in Triton X-100 micelles.

191
192 Very interestingly, the dimensions of the micelles, determined by dynamic laser light scattering
193 techniques, do not change on addition of guests (Table 1 and Electronic Supplementary
194 Information). This is indicative of the fact that guests do not solubilize simply in the core of the
195 micelle. Likely, the cardanol derivatives localize at the core/shell interface with long alkyl chains
196 anchored to the micellar core and polar head exposed in the shell layer (i.e. corona region) (See
197 Figure 2). This arrangement ensures the maintenance of the micelle dimensions due to a
198 compensation effect. Moreover, depending on the hydrophilicity of the head group and the
199 capacity of the guests to interact via hydrogen bonding, the guest will be more or less exposed
200 towards the shell layer (see below). On the other hand DTBQ and BHT, that lack the anchoring
201 chain and therefore are more hydrophilic with respect to cardanol derivatives (i.e. log P calculated
202 using Advanced Chemistry Development (ACD/Labs) are 5.17 ± 0.34 for BHT, 4.16 ± 0.32 for
203 DTBQ, 9.18 ± 0.19 for HC, 10.79 ± 0.22 for TBC and 9.66 ± 0.30 for TB(OH)C) can spread further
204 into the shell layer where they can establish hydrogen bonding with the polyoxyethylene chains.
205 The fact that the solubilization of these guests do not change the size of micelles agrees with
206 evidences of Dharaiya and Bahadur [4345] that demonstrated that no size variations were obtained
207 for inclusion of less than 10% of phenols in Triton X-100 micelles. Indeed, Patel et al. [4446]
208 observed an increase of dimensions and aggregation number of Triton X-100 micelles on addition
209 of parabens and gallates but they investigated concentrations of Triton X-100 from 4 to 80 times
210 higher than those used in the present study and concentrations of antioxidants higher than 10 mol%.
211
212 **Table 1.** CMC, Aggregation number (N_{Agg}), size, microviscosity and micropolarity of the
213 investigated micellar systems in water.

Antioxidant guest	CMC (mM)	Size (nm)	N _{Agg}	Relative viscosity	Polarity
Pure Triton X-100	0.56±0.08 ^a	6.7 ± 0.2 ^a	106 ± 2 ^a	1	1.29±0.07
HC 10%	0.62±0.08 ^a	10.0 ± 0.1 ^a	99 ± 1 ^a	1.3	1.21± 0.01
TBC 10%	0.79±0.19	8.0 ± 1.0	81 ± 1	1.5	1.3± 0.01
BHT 10%	1.50±0.45	7.0 ± 1.0	87 ± 3	1.4	1.22±0.01
TB(OH)C 10%	0.98±0.22	8.0 ± 1.0	51 ± 4	1.5	1.14±0.03
DTBQ 10%	1.01±0.09	7.0 ± 1.0	36 ± 2	1.5	1.13±0.04

214 ^a Reference [2628](#), values obtained by using the surface tension method.

215

216 We choose to evaluate the micropolarity and the microviscosity of the micelles with pyrene.

217 Pyrene is known to locate on a time average in the inner shell layer of the micelle [[4547](#), [4648](#)]

218 and therefore should be ideal for discriminating the effect of the investigated guests on Triton X-

219 100 micelles. By considering the well-known Pyrene Scale [[4749](#)], it appears that, in pure Triton

220 X-100 and TBC/Triton X-100 micelles, pyrene molecules sense a polar environment similar to

221 pure tetrahydrofuran ($\epsilon = 7.6$) or methanol ($\epsilon = 32.7$). Instead in the presence of cardanol, BHT

222 and even more TB(OH)C and DTBQ, the pyrene molecules feel a less polar environment (lower

223 values of I_1/I_3), similar to ethyl ether ($\epsilon = 4.3$) or ethanol ($\epsilon = 24.5$).

224 Guests containing two hydroxyl groups per molecule, i.e. TB(OH)C and DTBQ, are more prone

225 to establish hydrogen bonds with the neighboring polyoxyethylene chains and displace a larger

226 number of water molecules from the shell region thus decreasing the polarity experienced by

227 pyrene [[4345](#), [4850](#)]. In the presence of BHT, pyrene feels a less hydrophilic environment due

228 either to the presence of the guest itself in the shell region or to the above mentioned BHT-induced

229 different arrangement [[4244](#)] of Triton X-100 molecules in the micelles. On the other hand, due to

230 its high log P value, TBC, extends barely in the shell region and the presence of the *tert*-butyl
231 group in close proximity with the polar hydroxyl head group at the core/shell interface hampers
232 hydrogen bond formation with the polyoxyethylene chains and results in a shell region that is as
233 hydrated as in pure Triton X-100.

234 The microviscosity is similarly spectrofluorimetrically measured [4951] by exploiting the
235 tendency of pyrene to solubilize in the micelle and form excimers. This is an indirect measurement
236 of microviscosity and every event that slows down the excimer formation is translated into a
237 microviscosity increase, or a corresponding “microfluidity” decrease, of the shell region of the
238 micelle (see Electronic Supplementary Information) [5052]. In the present systems, all the guests
239 induce a decrease of excimer formation. The shell layer of the guest containing micelles is altered
240 with respect to that of pure Triton X-100 for the presence of sterically hindered guests establishing
241 hydrogen bonds with the polyoxyethylene chains. The measured decrease of micellar microfluidity
242 (Table 1) agrees with the demonstrated increase of the relative viscosity of Triton X-100 solution
243 in the presence of α -naphthol, *p*-cresol and phenol [4345, 5153]. The decrease of microfluidity of
244 the shell layer, particularly evident for TB(OH)C and DTBQ enriched Triton X-100 micelles, may
245 be related to the network of hydrogen bonds established among hydroxyl phenolic groups and
246 polyoxyethylene chains. Interestingly, TBC decreases the fluidity of Triton X-100 micelles in
247 which it is solubilized but does not alter the corresponding polarity. As mentioned above, the head
248 group of TBC is less prone to extend towards the shell region with respect to the other guests and
249 establish hydrogen bonds. Despite the unmodified hydration with respect to pure Triton X-100
250 micelles, the presence of *tert*-butyl groups at the core/shell interface of TBC/Triton X-100 micelles
251 affects the mobility of pyrene and the related microfluidity of the shell region.

252 The addition of guests causes the reduction of the aggregation number, that appears to be
253 approximately inversely related to the corresponding CMC, i.e. the aggregation number is 99 ± 1

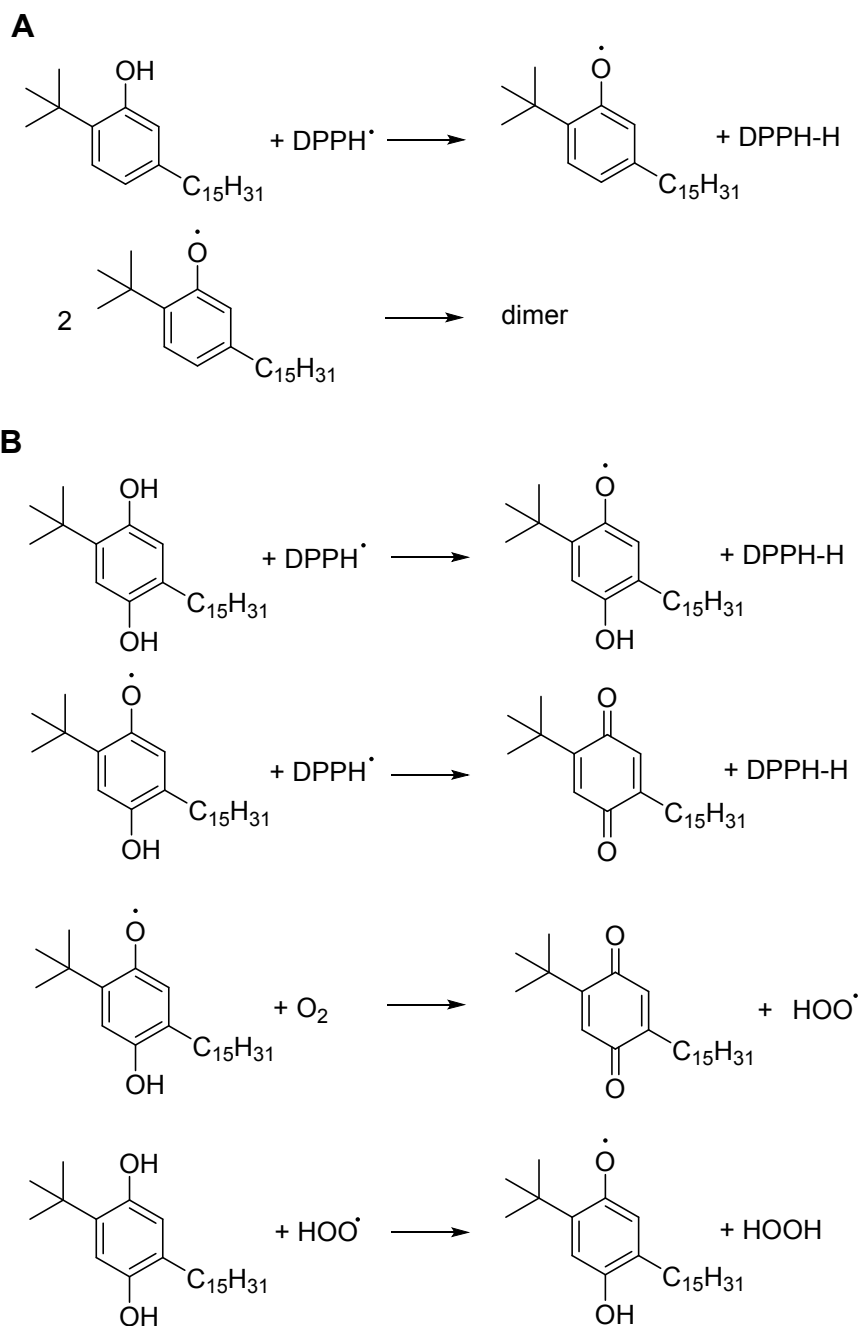
254 for HC, 81 ± 1 for TBC and 51 ± 4 for TB(OH)C (hydrogenated cardanol derivatives) and 87 ± 3 and
255 36 ± 2 for BHT and DTBQ, respectively (Table 1 and Electronic Supplementary Information). A
256 reduction of the aggregation number on increasing the steric hindrance in the two series of guests
257 can be noticed in agreement with an increase of packing of the head groups at the core/shell
258 interface [5254]. The particularly low aggregation number highlighted for the dihydroxyl-
259 substituted guests, i.e. TB(OH)C and DTBQ, can be a consequence of the extended network of
260 hydrogen bonds established among the hydroxyl groups of the guests and the polyoxyethylene
261 chains. This organization can induce a transition of the aggregation mode from a micellar
262 aggregation directed by the alkyl chain packing in the core to an aggregation directed by the head
263 group. A similar change has been evidenced for long PEG chains [5355] and caused the halving
264 of the aggregation number on doubling the PEG length of the surfactant.

265 We measured also the CMC of Triton X-100 added with 10% DPPH. The relevant CMC
266 $(1.47 \pm 0.41) \times 10^{-3}$ M is ca. 2.5 times higher than that of pure Triton X-100, thus confirming the
267 prevailing solubilization of DPPH• in the micellar corona region in strict contact with the
268 antioxidative guests [3941]. Unluckily, it was not possible to perform viscosity and polarity
269 measurements, because DPPH• demonstrated to significantly quench pyrene molecules (see
270 Electronic Supplementary Information, Figure S15S19).

271 3.2. Antioxidant activity

272 The radical trapping ability of the micellized TBC and TB(OH)C was assessed by studying the
273 reaction with the 2,2-diphenyl-1-picrylhydrazyl radical (DPPH•), which is commonly used as
274 preliminary test for the estimation of the antioxidant activity [3436]. In the presence of reducing
275 molecules, the purple DPPH• radical is reduced to the yellow hydrazine through a formal H atom
276 transfer reaction [5456]. As reference antioxidants, the commercial inhibitors DTBQ and BHT
277 were also investigated. Reactions were followed by UV-vis spectroscopy by measuring the

278 decrease of the absorption maximum of DPPH• as a function of time after mixing a small volume
279 of a methanol solution of DPPH• with Triton X-100 co-micellized with the tested antioxidants.
280 For each co-micellized antioxidant, two sets of experiments were performed, with DPPH• in excess
281 or as limiting reagent (with respect to the antioxidant), to determine with improved accuracy the
282 stoichiometries and the reaction rates, respectively. Rate constants were obtained from the
283 absorption decrease by fitting the experimental data with a kinetic simulator software (Gepasi)
284 [3537, 3638]. The reaction mechanism is exemplified in Figure 3. In the case of compounds having
285 the hydroquinone moiety, the reaction of the semiquinone radical with oxygen to form HOO• had
286 to be considered to explain the low stoichiometry of radical trapping (see Figure 3B) [5557]. The
287 results are reported in Table 2, together with the rate constant for the reaction with alkylperoxyl
288 radicals measured in ~~homogeneous~~ organic solution for comparison purposes [19]. Figure 4
289 reports, as an example, the kinetics of DPPH• radicals reacting with TBC and TB(OH)C in the
290 presence of Triton X-100 micelles.



291

292 **Figure 3.** Mechanism for the reaction of DPPH with the monophenols (A) and hydroquinones (B)

293 investigated in the present study.

294

295 Results, reported in Table 2, show that hydroquinone derivatives TB(OH)C and DTBQ are more

296 reactive toward DPPH• than the monophenols TBC and BHT. As this difference is observed also

297 in the ~~homogeneous~~ chlorobenzene solution for the reaction with ROO•, it is due to the lower
298 dissociation enthalpy of the O-H bonds of hydroquinones [5658]. Unexpectedly, in Triton X-100
299 micelles, TBC is about 50 times less reactive than BHT, whereas in ~~homogeneous~~ solution of
300 chlorobenzene they have a similar antioxidant activity. This result can be explained by considering
301 that the reaction between phenols and DPPH• is strongly accelerated in protic solvents by the onset
302 of a sequential proton-loss electron transfer mechanism (SPLET) [5759]. The localization of
303 DPPH• in the micelles can be determined by considering the position of its band centered at
304 λ about 520 nm [3436]. It was reported that the absorbance of DPPH• shifts at higher wavelengths
305 when increasing the water content of the medium due to an aggregation process [5860]. As shown
306 in Fig S16 (SI), the normalized absorbance of DPPH• in the presence of micelles of Triton X-100
307 (1.0×10^{-3} M) is between the aggregate form ([Triton X-100] = 1.0×10^{-5} M, concentration of
308 surfactant below CMC), and that of well solubilized molecules observed in organic solvents. This
309 slightly shifted position and the broad shape of the DPPH band in the micellar system excludes
310 that DPPH• is solubilized in the apolar interior of Triton X-100 micelles, and suggests that the
311 radical is localized in the polyoxyethylene region, where DPPH• is exposed to water molecules,
312 similarly to the localization of analogous 2,4,6-trinitrotoluene in Triton X-100 micelles [5961]. We
313 suggest that the reaction of BHT with DPPH• is accelerated by the SPLET mechanism, while that
314 of TBC is not. Actually, we found that moving from MeCN (polar aprotic) to MeOH containing
315 20% H₂O, the k_{DPPH} of BHT increases 20 times [6062], while that of TBC remains nearly constant
316 (see Electronic Supplementary Information, Table S1). Moreover, the lower viscosity of
317 BHT/Triton X-100 micelles with respect to TBC/Triton X-100 micelles may affect their relevant
318 reactivity with DPPH• conferring a higher mobility to BHT in the shell layer with respect to TBC,
319 that is, vice versa, anchored to the micellar core.

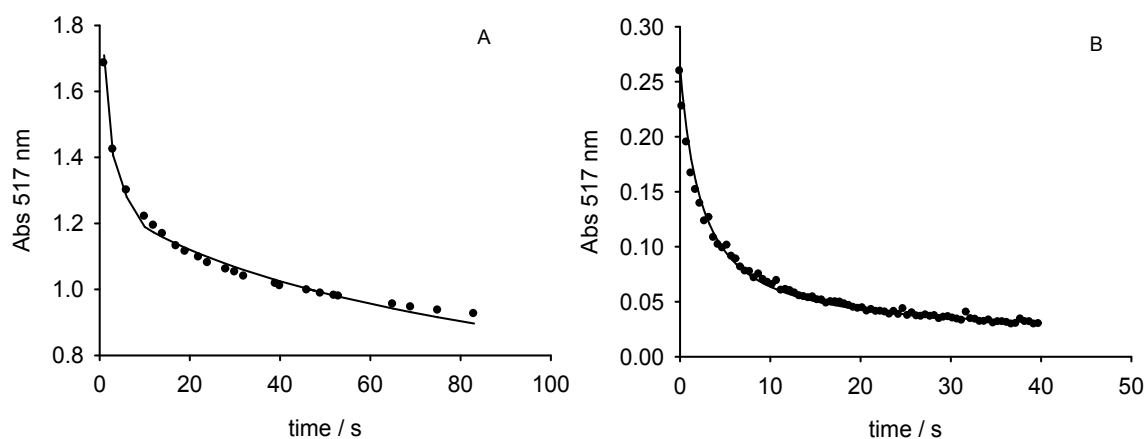
320

321 **Table 2.** Rate constants and stoichiometry of the reaction with DPPH• radicals in Triton X-100 13
 322 mM micelles, and rate constant for the reaction with alkylperoxyl radicals in homogeneous-organic
 323 solution.

Antioxidant	k_{dpph} ($\text{M}^{-1}\text{s}^{-1}$)	Stoichiometry	$k_{\text{ROO}\cdot}$ ($\text{M}^{-1}\text{s}^{-1}$)
TBC	8.5 ± 3.0	1.0 ± 0.1	3.2×10^4 ^a
BHT	$(4.7 \pm 0.9) \times 10^2$	1.3 ± 0.2	2.6×10^4 ^a
TB(OH)C	$(3.4 \pm 0.6) \times 10^3$	0.5 ± 0.1	3.6×10^5 ^a
DTBQ	$(7 \pm 2) \times 10^3$	0.8 ± 0.1	1.6×10^6 ^b

324 ^a50 °C, from reference 19; ^b30 °C, solvent chlorobenzene, from reference 5557.
 325

326 The low stoichiometry of the reaction with DPPH• observed for TB(OH)C and DTBQ (Table 2)
 327 can be explained as due to the reaction of the semiquinone radical with oxygen (see Figure 3)
 328 [5557].
 329

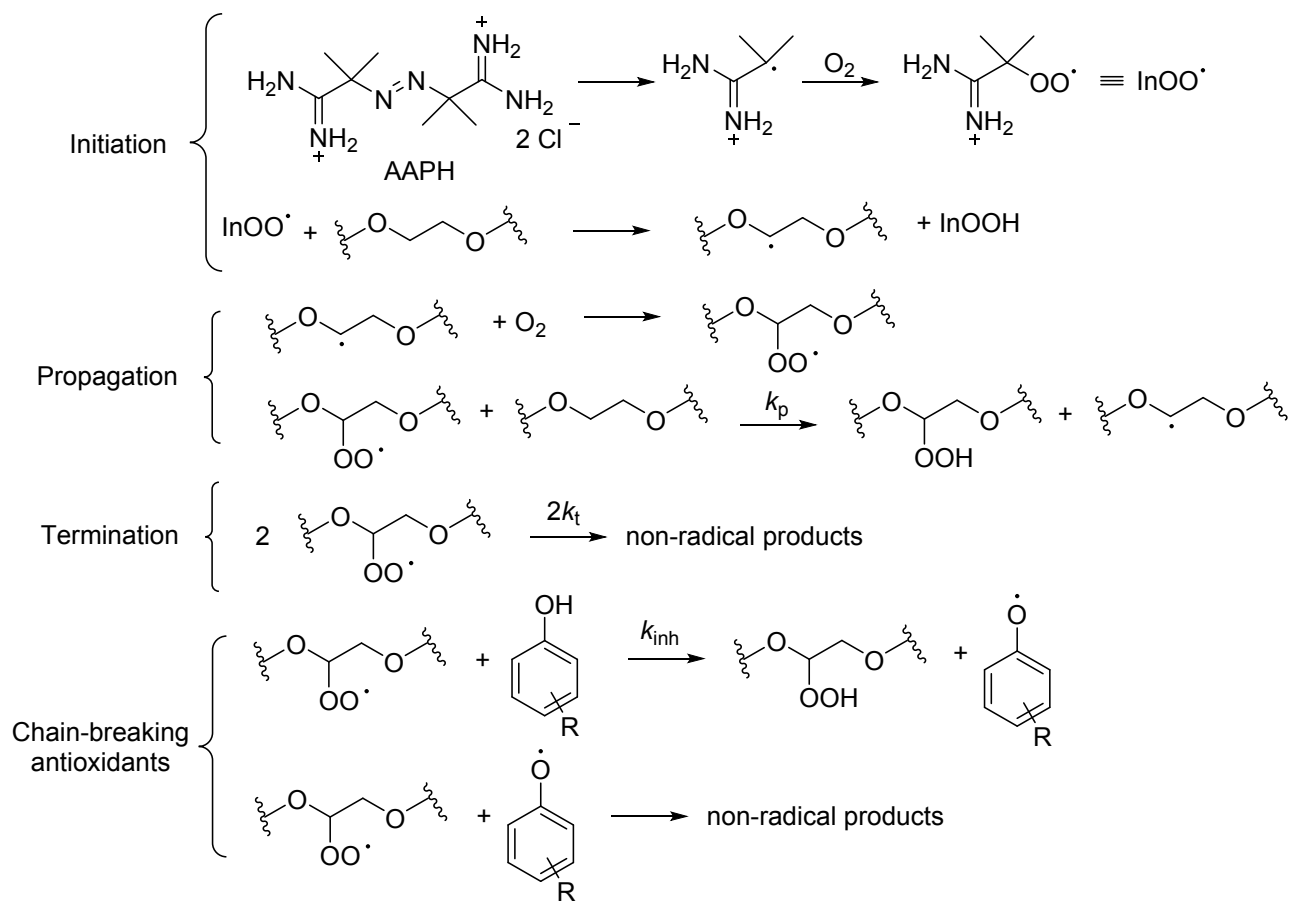


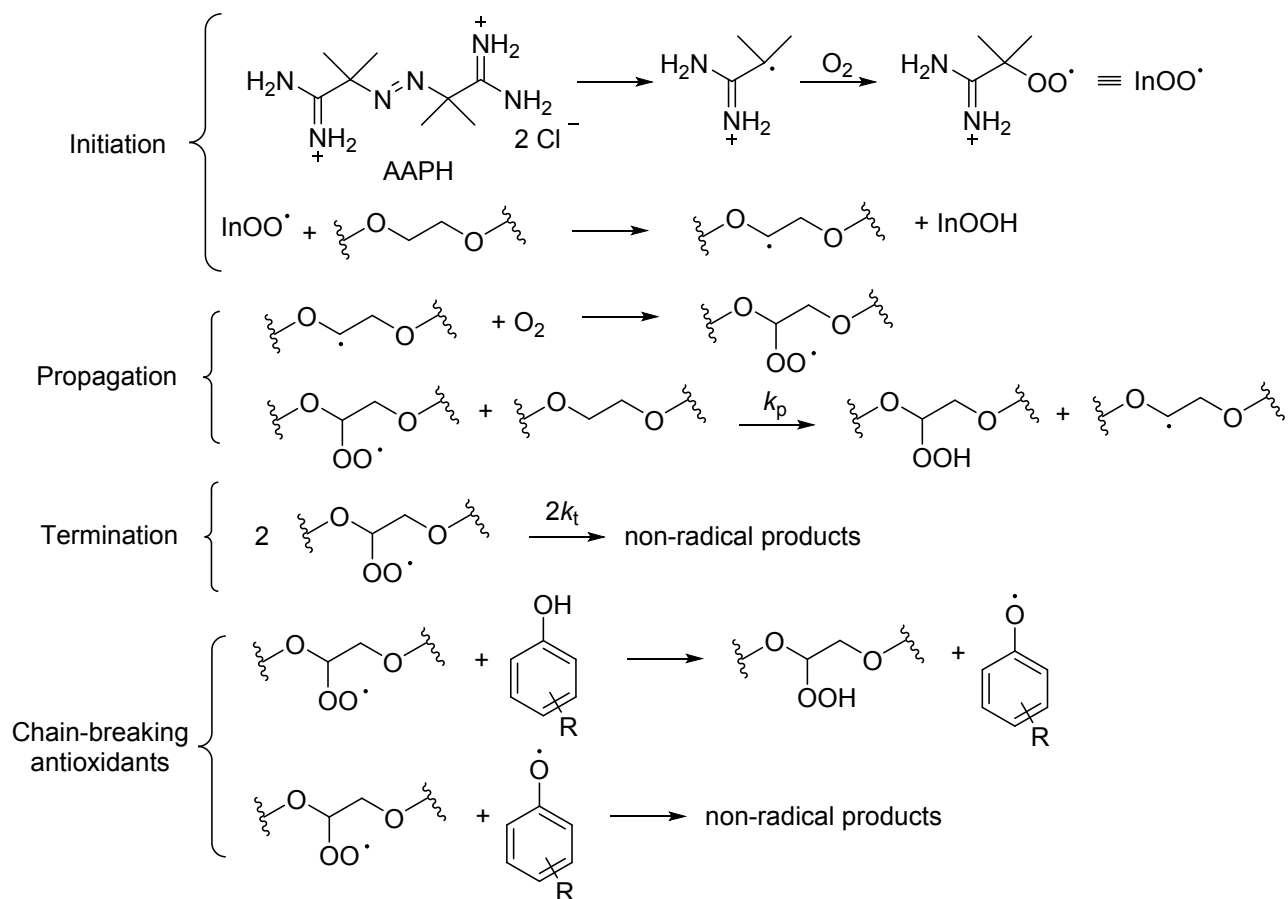
330
 331 **Figure 4.** Decrease of the absorbance of DPPH• after the addition of (A) TBC or (B) TB(OH)C in
 332 cardanol/Triton X-100 micelles. Concentrations of cardanols are 1.0×10^{-4} M, those of DPPH• are

333 1.7×10^{-4} M and 2.4×10^{-5} M in graph A and B, respectively. Lines represent numerical fitting
334 obtained by the Gepasi software.

335

336 The antioxidant activity of the cardanol derivatives and that of the reference antioxidants was
337 assessed by verifying their ability to counteract the autoxidation of Triton X-100. Polyethylene
338 glycols are easily oxidized to hydroperoxides under air by a radical-chain reaction following the
339 same mechanism as that of peroxidation of lipids (see Figure 5) [[6163](#), [6264](#)].





341
 342 **Figure 5.** Autoxidation of the polyethylene glycol portion of Triton X-100 initiated by the thermal
 343 decomposition of AAPH and action of phenolic antioxidants.

344

345 The Triton X-100 autoxidation was initiated by the hydrosoluble azo-initiator 2,2'-Azobis(2-
 346 methylpropanamide) dihydrochloride (AAPH) at 37 °C, and the formation of hydroperoxides
 347 was confirmed by using the ferrous xylenol orange assay on samples containing either AAPH or
 348 AAPH + Triton X-100 (see Figure 5 and Electronic Supplementary Information, Figure [S22S26](#)).
 349 The reaction progress was followed by measuring the oxygen consumption by an automatic
 350 oxygen-uptake apparatus based on a differential pressure transducer [[3739](#)]. Typical plots of O_2
 351 consumption are reported in Figure 6. In the absence of antioxidants, autoxidation of Triton X-100
 352 causes a relatively fast linear oxygen consumption (R_0). The rate of radical generation (initiation

353 rate, R_i) was measured by the inhibitor method, and a R_i value of $3.7 \times 10^{-9} \text{ M s}^{-1}$ was obtained.
 354 The oxidizability of Triton X-100, i.e. the $k_p/(2k_t)^{1/2}$ value, could then be measured from equation
 355 1, which describes the oxygen consumption R_0 of any given substrate (RH) as a function of its
 356 concentration and the value of R_i . The rate of oxidation in the presence of an antioxidant (AH) is
 357 instead described by equation 2,[19] where R_{inh} is the slope of oxygen consumption in the presence
 358 of the antioxidant, k_t is the rate constant for peroxy radical termination, and k_{inh} is the rate constant
 359 for the reaction of the antioxidant with peroxy radicals (see Figure 5).

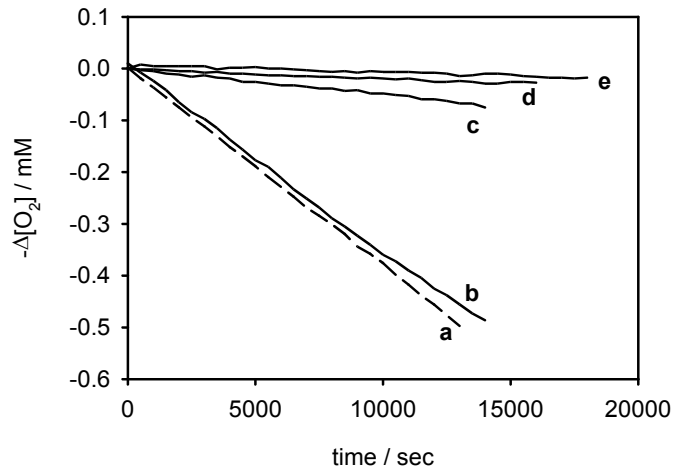
360
$$R_0 \equiv \frac{k_p}{\sqrt{2k_t}}[RH]\sqrt{R_i} \text{----- eq. 1}$$

361
$$\frac{R_0}{R_{inh}} = \frac{R_{inh}}{R_0} \equiv \frac{2k_{inh}[AH]}{\sqrt{2k_t R_i}} \text{----- eq. 2}$$

362

363
$$-\frac{d\{O_2\}}{dt} = \frac{k_p}{\sqrt{2k_t}}[RH]\sqrt{R_i} \text{----- eq. 1}$$

364 The measured oxidizability of Triton X-100 ($0.047 \text{ M}^{-1/2} \text{ s}^{-1/2}$) is comparable to that of other
 365 easily oxidizable compounds such as methyl linoleate ($0.021 \text{ M}^{-1/2} \text{ s}^{-1/2}$) [3739], in agreement with
 366 previous reports of the ease of oxidation of polyethylene glycols. In fact, Triton X-100 possesses
 367 9-10 repeated CH_2O units, accounting for 36-40 reactive H atoms. In the reasonable assumption
 368 that the $2k_t$ of Triton X-100 is the same observed for secondary peroxy radicals (i.e. $10^6 \text{ M}^{-1} \text{ s}^{-1}$)
 369 [3739], the k_p value of Triton X-100 can be estimated as $47 \text{ M}^{-1} \text{ s}^{-1}$, that is $1.2 \text{ M}^{-1} \text{ s}^{-1}$ for each H
 370 atom, in good agreement with the k_p of ethers [6365].



371
 372 **Figure 6.** Oxygen consumption measured during the autoxidation of 13.2 mM Triton X-100
 373 micelles (a) and Triton X-100 co-micellized with 10% of: DTBQ (b), TB(OH)C (c), TBC (d), BHT
 374 (e), initiated by AAPH (5 mM) at 37 °C in water.

375
 376 In the presence of the co-micellized antioxidants, the oxygen consumption was strongly inhibited,
 377 except for DTBQ. The most active compounds were TBC and BHT, while TB(OH)C showed a
 378 smaller inhibition (see Figure 6). This result shows that mono-phenolic antioxidants, such as BHT
 379 and TBC, interrupt the radical chain of autoxidation by the two last reactions shown in Figure 5.
 380 The effect is very evident because of the large amount of phenol present in the system.

381 Surprisingly, hydroquinones which have a larger reactivity toward ROO• and DPPH• radicals
 382 than monophenolic derivatives, show a smaller antioxidant activity or no effect at all. The poor
 383 antioxidant properties of hydroquinones cannot be imputed to their difficulty to reach the palisade
 384 layer where reactive OCH₂ groups reside, as TBC/micelles are characterized by a similar high
 385 microviscosity. This result can be instead explained by superoxide (O₂^{•-}/HOO•) formation (see
 386 Figure 3), in analogy with the experiments of DPPH• decay. Superoxide can propagate the
 387 oxidative chain, and cause the depletion of the antioxidant, or decay to H₂O₂ and O₂, depending

388 on the reaction conditions and on the localization of the antioxidant [5557, 6466]. The commercial
389 antioxidant DTBQ although being the most active in homogeneous-organic solution and in the
390 DPPH• test, has the weakest activity in micelles, whereas TBC has an activity superimposable to
391 that of BHT. Interestingly, if comparing the commercial DTBD and the cardanol-derived
392 hydroquinones TB(OH)C, the latter has a stronger activity than the former, presumably as effect
393 of small differences in the localization of the respective semiquinone radicals. It may be suggested
394 that the formation of superoxide by semiquinones is facilitated by water, because it promotes the
395 deprotonation of the semiquinone ($pK_a \approx 4$) [5557].

396 By using the kinetic equation describing the oxygen consumption during the autoxidation of an
397 organic substrate in the presence of an antioxidant (equation 2) [19], it was possible to obtain the
398 rate constants for the reaction of TBC with peroxy radicals in our system (k_{inh}) as $480 \text{ M}^{-1}\text{s}^{-1}$. The
399 knowledge of k_{inh} allowed us to predict the inhibition degree at different TBC concentrations by
400 using equation 2. For instance, 5 % and 10% TBC are able to slow down the Triton-X100
401 autoxidation by about 10 and 20 times, respectively. A proportionally weaker inhibition can be
402 achieved if employing a smaller antioxidant concentration. Of course, the amount of cardanols to
403 be added to Triton X-100 will depend on the antioxidant protection required for each specific
404 application.

405

406 **4. Conclusions**

407 In the present study we demonstrated through tensiometric measurements, DLS analysis, polarity
408 and microviscosity determinations that hydrogenated cardanol derived guests do reside in the polar
409 corona region of Triton X-100 micelles. Thanks to this arrangement they can act as good
410 antioxidants reacting with DPPH• in the same micellar polar region and reducing the autoxidation
411 of polyoxyethylene chains of macromolecular surfactant Triton X-100. Compared to previous

412 studies carried out in ~~homogeneous~~ organic solvents, the novelty of the present research work is
413 that the antioxidant activity of the investigated cardanol derivatives is assessed in a micellar
414 environment. In these conditions, the antioxidant activity is in fact strongly influenced by the
415 localization of the radical-trapping agent in the aggregate.

416 Since pegylated derivatives are widely used in cosmetic products as surfactants, emulsifiers,
417 cleansing agents, humectants, and skin conditioners [6567] as well as in drug delivery carriers
418 because pegylated nanoparticles demonstrated to avoid the reticuloendothelial system activation
419 and allow to increase the circulatory time and reducing renal clearance of nanoparticles,[6668-
420 6870] the here demonstrated ability of green and renewable cardanol derivatives to protect them
421 from oxidation is an important outcome.

422

423 **Conflict of interest**

424 There are no conflicts to declare.

425

426 **Electronic Supplementary Information**

427 Electronic Supplementary Information: [1H and 13C NMR spectra of TBC and TB\(OH\)C,](#)
428 [Tensiometric-tensiometric](#) data, spectrofluorimetric determination of aggregation number and
429 viscosity, spectrophotometric spectra and Dynamic Light Scattering (DLS), determination of
430 DPPH• scavenging, solvent effect on the reaction between DPPH• and monophenolic antioxidants,
431 Triton X-100 autoxidation evidences. This material is available free.

432

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435 for funding, and Prof. O. Attanasi for providing cardanol samples.

436

437 **Abbreviations:** PEG, polyethylene-glycol; BHA, butylated hydroxyanisole; BHT butylated
438 hydroxyl-toluene; PG, propyl gallate; TBHQ, *tert*-butyl-hydroquinone; DTBQ, 2,5-di-*tert*-
439 butylhydroquinone; NPEs, nonyl phenol ethoxylates; LABs, alkyl benzenes; TBC, 6-*tert*-butyl
440 hydrogenated cardanol; TB(OH)C, 6-*tert*-butyl-4-hydroxy hydrogenated cardanol; CMC, critical
441 micelle concentration; DPPH•, 2,2-diphenyl-1-picrylhydrazyl radical; PMHC, 2,2,5,7,8-
442 pentamethyl-6-chromanol; AAPH, 2,2'-Azobis(2-methylpropionamide) dihydrochloride;
443 CNSL, Cashew Nut Shell Liquid.

444

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639 **Supplementary Material Description:**

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SUPPORTING INFORMATION

642 **S1. ¹H and ¹³C NMR spectra (page S3-S7):** Fig. S1. ¹H NMR spectrum of TBC, Fig S2. ¹³C
643 NMR spectrum of TBC, Fig. S3. ¹H NMR spectrum of TB(OH)C, Fig S4. ¹³C NMR spectrum of
644 TB(OH)C.

645 **S2. CMC determinations (page S3S8-S5S10):** Fig S4S5. TBC/Triton X-100, Fig S2S6.
646 TB(OH)C/Triton X-100, Fig S3S7. BHT/Triton X-100, Fig S4S8. DTBQ/Triton X-100

647 **S2S3. Determination of aggregation Number (page S6S11-S7S12):** Fig S5S9. TBC/Triton X-
648 100, Fig S6S10. TB(OH)C/Triton X-100, Fig S7S11. BHT/Triton X-100, Fig S8S12.
649 DTBQ/Triton X-100

650 **S3S4. Determination of microviscosity (page S8S13-S10S15):** Fig S9S13. Pure Triton X-100,
651 Fig S10S14. Cardanol/Triton X-100, Fig S11S15. TBC/Triton X-100, Fig S12S16.
652 TB(OH)C/Triton X-100, Fig S13S17. BHT/Triton X-100, Fig S14S18. DTBQ/Triton X-100

653 **S4S5. Fluorescence spectra of pyrene in the presence of DPPH (page S11S16):** Fig S15S19.

654 **S5S6. Micelles Characterization: Dynamic Light Scattering (DLS) (page S11S16-S13S18):**
655 Fig S2016. Triton X 100 10⁻³ M, Fig S17S21. Triton X 100 10⁻³ M/TBC 10%, Fig S18S22. Triton
656 X 100 10⁻³ M/TB(OH)C 10%, Fig S19S23. Triton X 100 10⁻³ M/BHT 10%, Fig S20S24. Triton X
657 100 10⁻³ M/DTBQ 10%

658 **S6S7. UV-Vis spectra of DPPH• radical in different media (page S14S19):** Fig S21S25.

659 **S7S8. Determination of DPPH scavenging (page S14S19):** Table S1. Solvent effect on the
660 reaction between DPPH• and monophenolic antioxidants

661 **S8S9. Kinetic analysis of DPPH• experiments (page S15S20-S16S21)**

662 **S9S10. Triton X-100 autoxidation (page S16S21):** Fig S22S26.

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Cardanol-like co-surfactants solubilized in pegylated micelles keep their antioxidant activity and preserve polyethylene glycol chains from oxidation

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Electronic Supplementary Material

S1. ¹H and ¹³C NMR spectra of cardanol derivatives

S2. CMC determinations

TBC/Triton X-100

TB(OH)C/Triton X-100

BHT/Triton X-100

DTBQ/Triton X-100

S3. Determination of aggregation Number

TBC/Triton X-100

TB(OH)C/Triton X-100

BHT/Triton X-100

DTBQ/Triton X-100

S4. Determination of microviscosity

Pure Triton X-100

Cardanol/Triton X-100

TBC/Triton X-100

TB(OH)C/Triton X-100

BHT/Triton X-100

DTBQ/Triton X-100

S5. Fluorescence spectra of pyrene in the presence of DPPH

S6. Micelles Characterization: Dynamic Light Scattering (DLS)

Triton X 100 10^{-3} M

Triton X 100 10^{-3} M/TBC 10%

Triton X 100 10^{-3} M/TB(OH)C 10%

Triton X 100 10^{-3} M/BHT 10%

Triton X 100 10^{-3} M/DTBQ 10%

S7. UV-Vis spectra of DPPH• radical in different media

S8. Determination of DPPH scavenging

Solvent effect on the reaction between DPPH• and monophenolic antioxidants.

S9. Kinetic analysis of DPPH• experiments

S10. Triton X-100 autoxidation

S1. ^1H and ^{13}C NMR spectra of cardanol derivatives

General Information. Analytical grade solvents and commercially available reagents were used as received unless otherwise stated. ^1H and ^{13}C NMR spectra were recorded on Varian Mercury (400 MHz for ^1H) spectrometer. Chemical shifts (δ) are reported in ppm relative to residual solvent signals for ^1H and ^{13}C NMR (^1H NMR: 7.27 ppm and ^{13}C NMR: 77.0 ppm for CDCl_3). ^{13}C NMR spectra were acquired with ^1H broadband decoupled mode. Coupling constants are given in Hz.

TBC

^1H NMR (CDCl_3 , 400 MHz) δ 7.17 (d, $J = 7.9$ Hz, 1H), 6.70 (dd, $J = 8.0$ Hz, $J = 1.8$ Hz, 1H), 6.50 (d, $J = 1.8$ Hz, 1H), 4.64 (bs, 1 OH), 2.51 (t, $J = 7.7$ Hz, 2H), 1.63 – 1.56 (m, 2H), 1.40 (s, 9H), 1.28 – 1.26 (m, 24H), 0.89 (t, $J = 6.8$ Hz, 3H).

^{13}C NMR (CDCl_3 , 100 MHz) δ 153.9 (C), 142.1 (C), 133.2 (C), 126.9 (CH), 120.5 (CH), 116.6 (CH), 35.1 (CH_2), 34.2 (C), 32.0 (CH_2), 31.3 (CH_2), 29.7 (5 CH_2), 29.7₁ (CH_3), 29.6₈ (CH_2), 29.6₃ (CH_2), 29.5₆ (CH_2), 29.5 (CH_2), 29.4 (CH_2), 22.7 (CH_2), 14.1 (CH_3).

TB(OH)C

^1H NMR (CDCl_3 , 400 MHz) δ 6.70 (s, 1H), 6.45 (s, 1H), 4.36 (bs, 1 OH), 4.24 (bs, 1 OH), 2.50 (t, $J = 7.8$ Hz, 2H), 1.63 – 1.55 (m, 2H), 1.38 (s, 9H), 1.30 – 1.26 (m, 24H), 0.89 (t, $J = 6.8$ Hz, 3H).

^{13}C NMR (CDCl_3 , 100 MHz) δ 147.8 (C), 146.7 (C), 134.7 (C), 126.6 (C), 117.9 (CH), 114.4 (CH), 34.2 (C), 31.9 (CH_2), 29.8 (CH_2), 29.6₉ (5 CH_2), 29.6₆ (2 CH_2), 29.6 (CH_2), 29.5₉ (CH_3), 29.5₅ (CH_2), 29.4 (CH_2), 29.3 (CH_2), 22.7 (CH_2), 14.1 (CH_3).

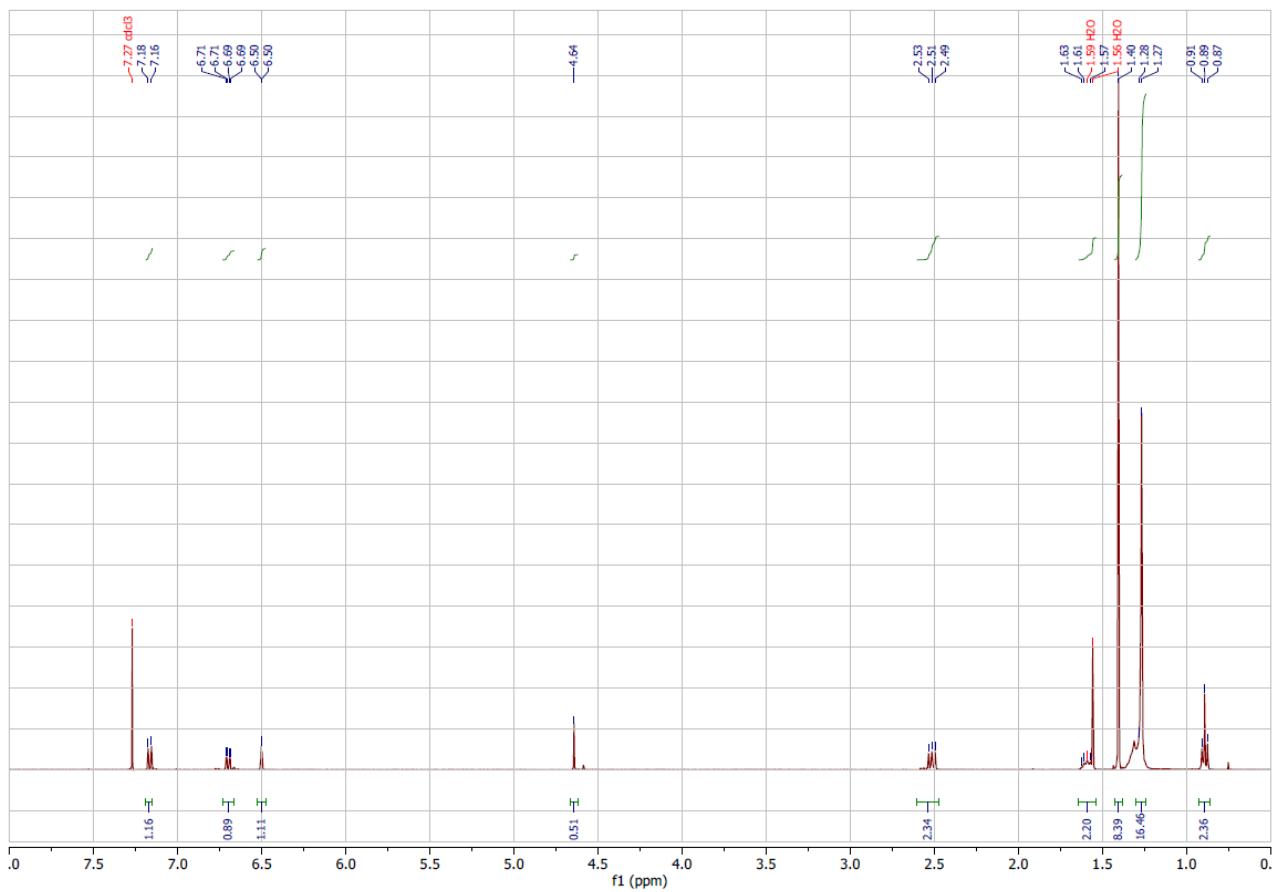


Fig. S1. ¹H NMR spectrum of TBC in deuterated chloroform.

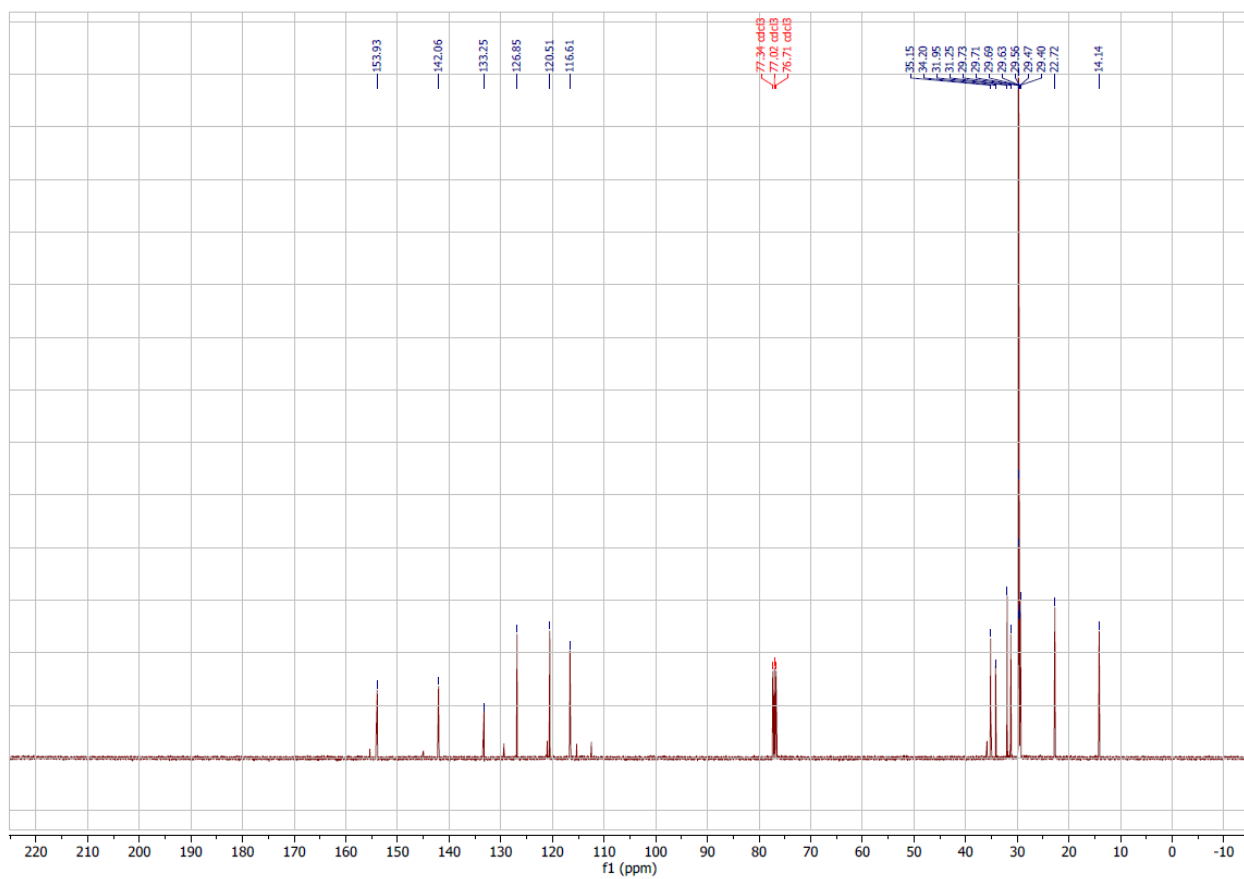


Fig. S2. ^{13}C NMR spectrum of TBC in deuterated chloroform.

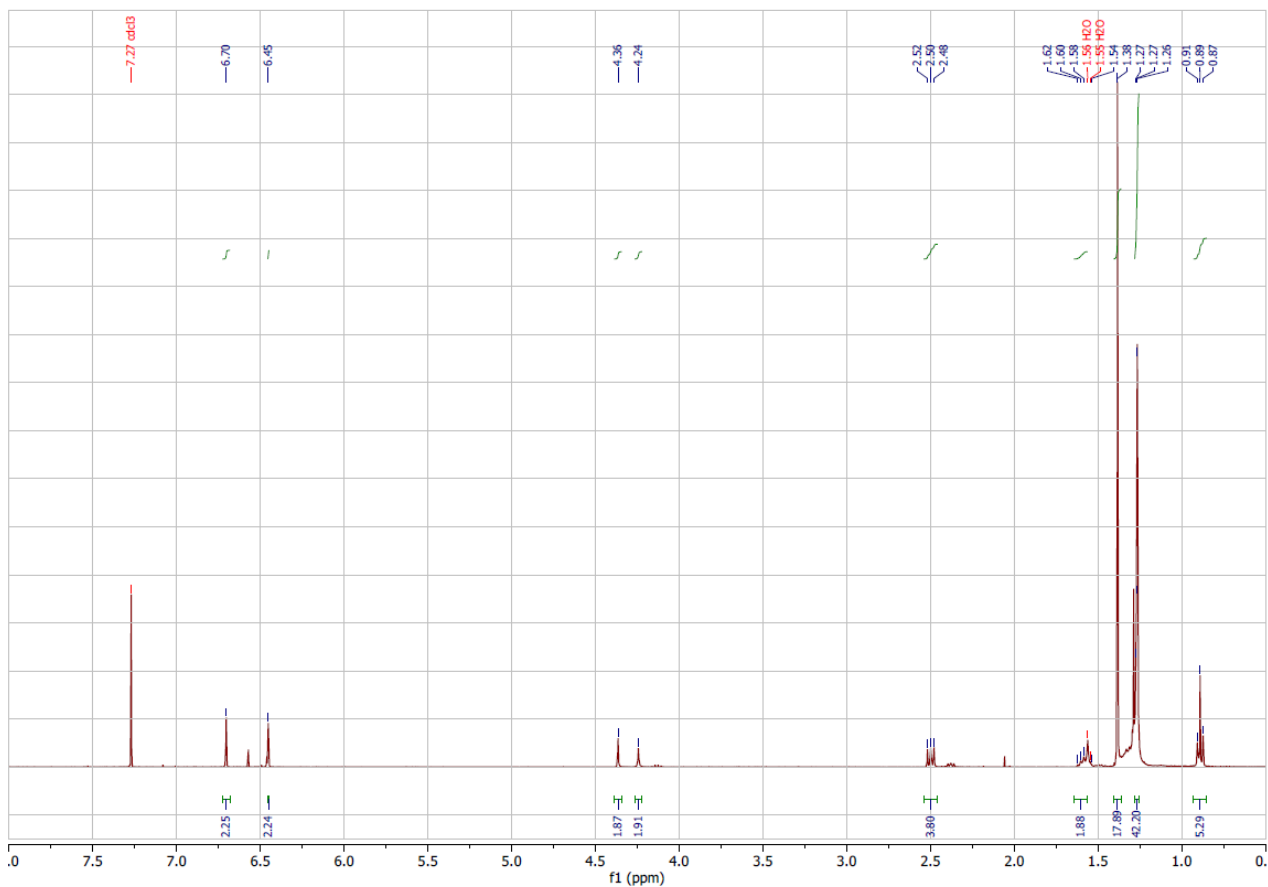


Fig. S3. ^1H NMR spectrum of TB(OH)C in deuterated chloroform.

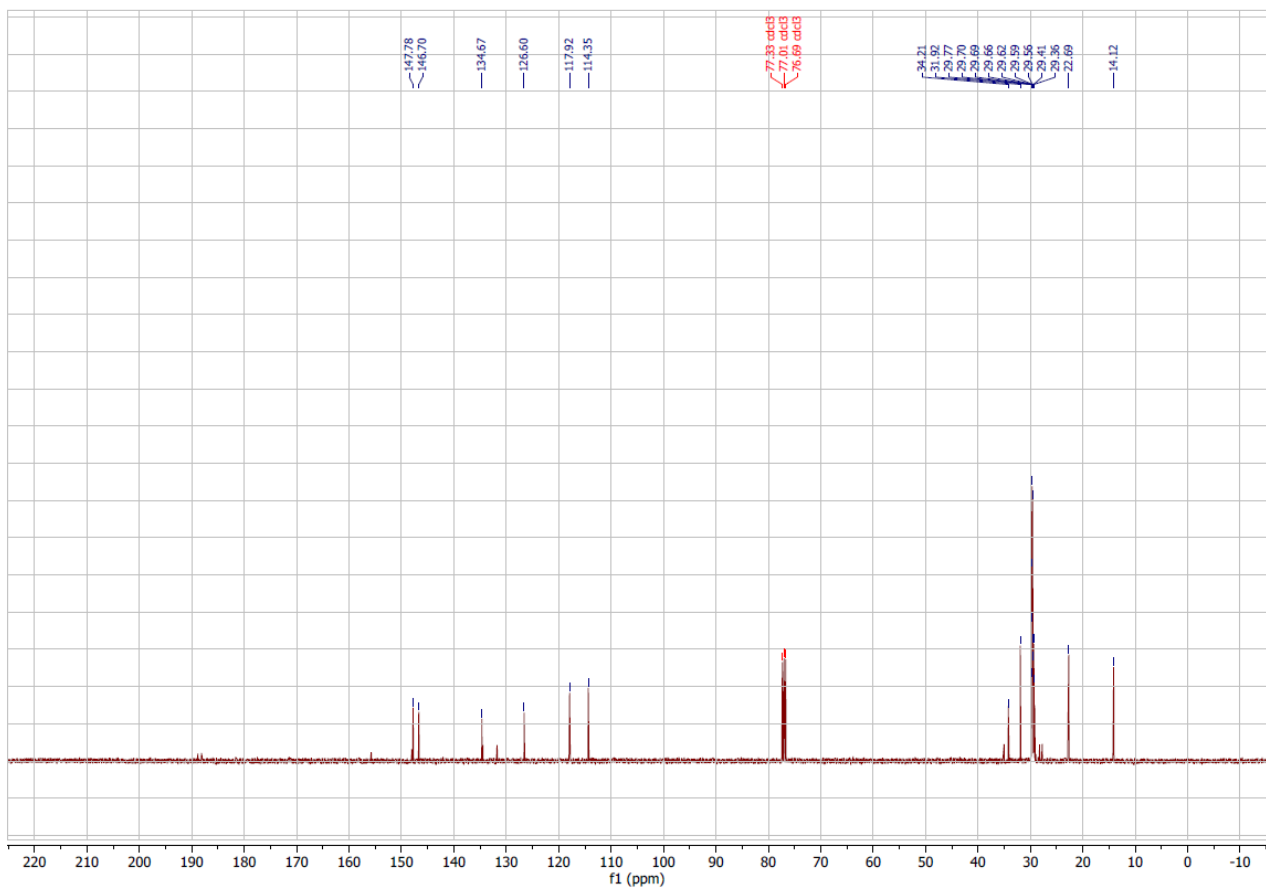


Fig. S4. ^{13}C NMR spectrum of TB(OH)C in deuterated chloroform.

S2. CMC determinations

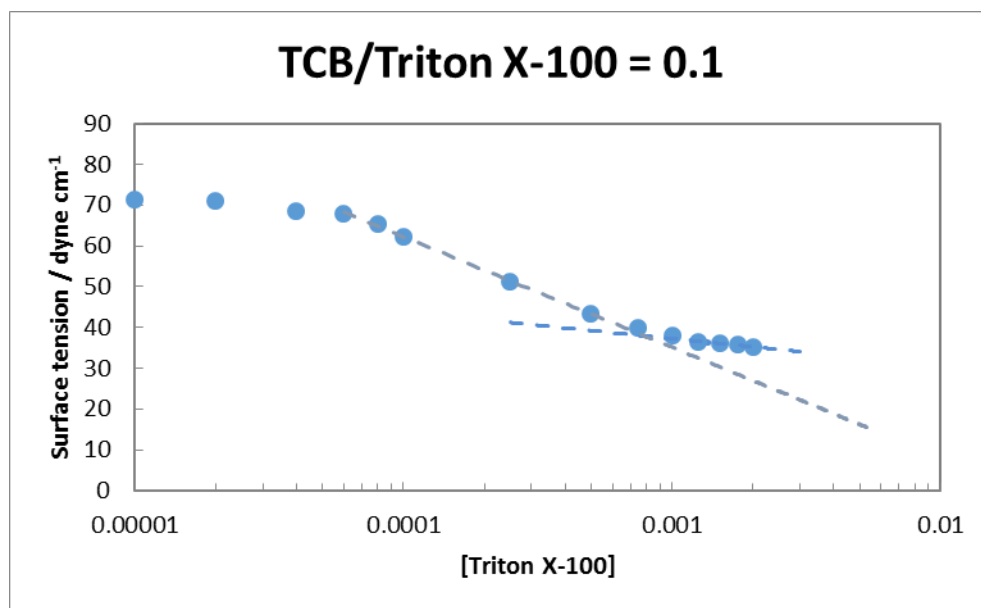


Fig. S5. Representative determination of the CMC of TBC/Triton X-100 micelles. The surface tension values (dyne cm⁻¹) were plotted against the decimal logarithm of the molar concentration of the Triton X-100, varied in the interval $1.00 \times 10^{-5} - 2.00 \times 10^{-3}$ M, in order to evaluate the relevant CMC as the point where the baseline of minimal surface tension and the slope where surface tension shows linear decline intersect.

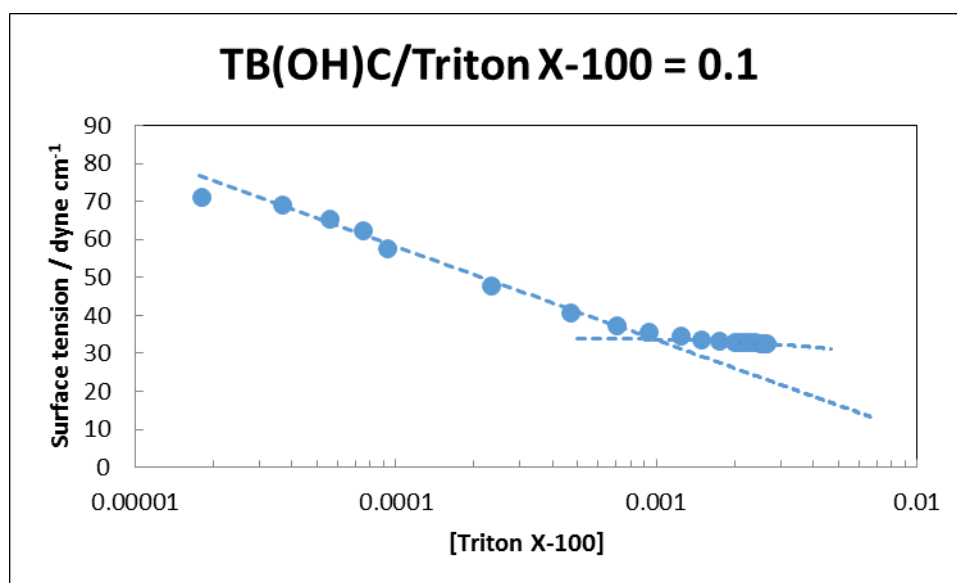


Fig. S6. Representative determination of the CMC of TB(OH)C/Triton X-100 micelles. The surface tension values (dyne cm⁻¹) were plotted against the decimal logarithm of the molar concentration of

the Triton X-100, varied in the interval $1.80 \times 10^{-5} - 2.67 \times 10^{-3}$ M, in order to evaluate the relevant CMC as the point where the baseline of minimal surface tension and the slope where surface tension shows linear decline intersect.

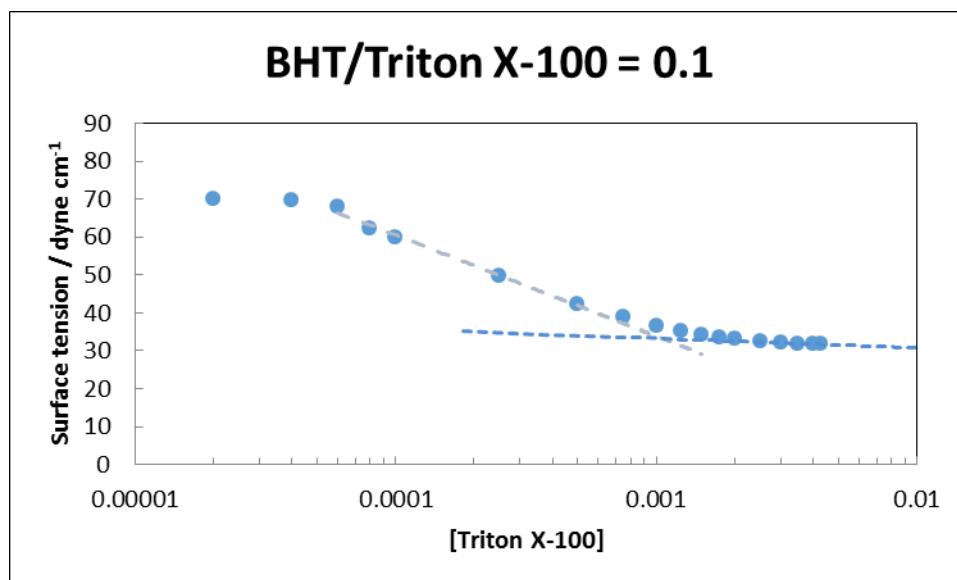


Fig. S7. Representative determination of the CMC of BHT/Triton X-100 micelles. The surface tension values (dyne cm⁻¹) were plotted against the decimal logarithm of the molar concentration of the Triton X-100, varied in the interval $2.00 \times 10^{-5} - 4.28 \times 10^{-3}$ M, in order to evaluate the relevant CMC as the point where the baseline of minimal surface tension and the slope where surface tension shows linear decline intersect.

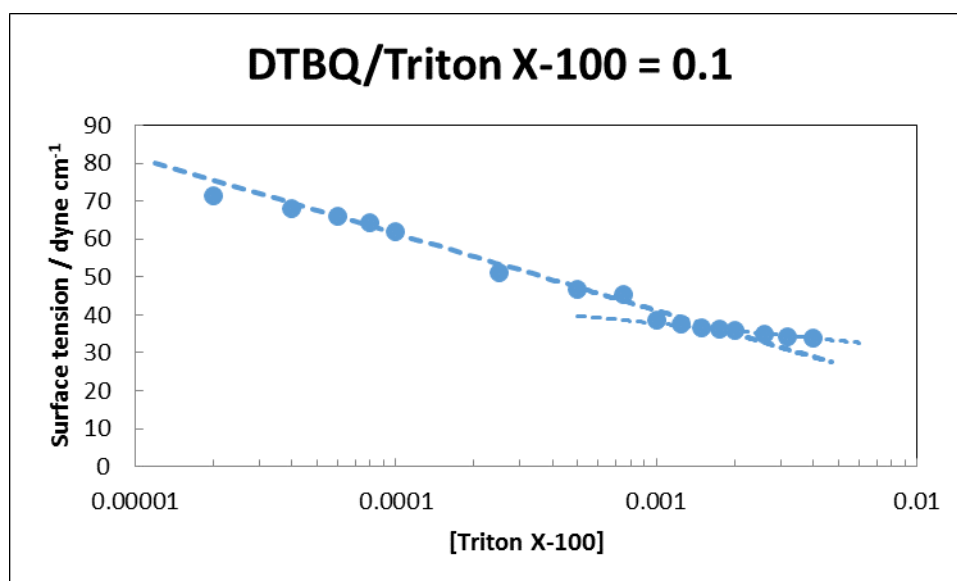


Fig. S8. Representative determination of the CMC of DTBQ/Triton X-100 micelles. The surface tension values (dyne cm⁻¹) were plotted against the decimal logarithm of the molar concentration of the Triton X-100, varied in the interval $2.00 \times 10^{-5} - 4.00 \times 10^{-3}$ M, in order to evaluate the relevant CMC as the point where the baseline of minimal surface tension and the slope where surface tension shows linear decline intersect.

S3. Determination of aggregation number

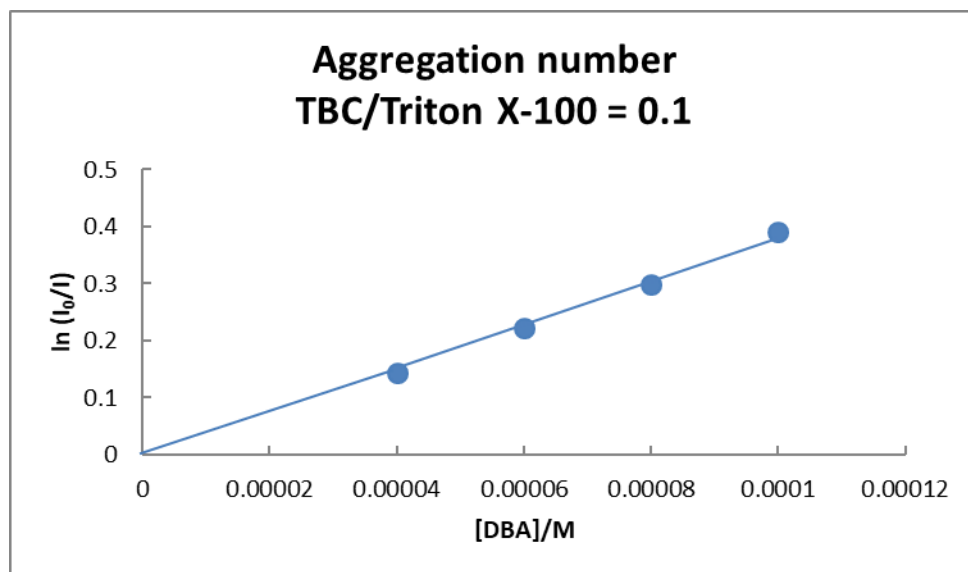


Fig. S9. Determination of the aggregation number of TBC/Triton X-100 micelles. The concentration of Triton X-100 was 2.00×10^{-2} M and pyrene 1.00×10^{-6} M. The concentration of the quencher N,N-dibutylaniline (DBA) varied in the interval 4.00×10^{-5} – 1.00×10^{-4} M.

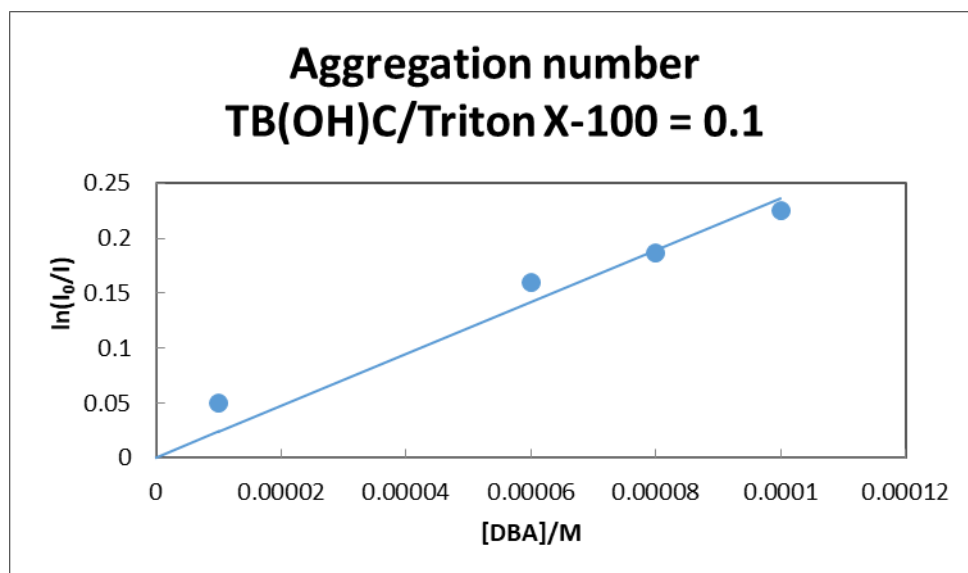


Fig. S10. Determination of the aggregation number of TB(OH)C/Triton X-100 micelles. The concentration of Triton X-100 was 2.00×10^{-2} M and pyrene 1.00×10^{-6} M. The concentration of the quencher N,N-dibutylaniline (DBA) varied in the interval 1.00×10^{-5} – 1.00×10^{-4} M.

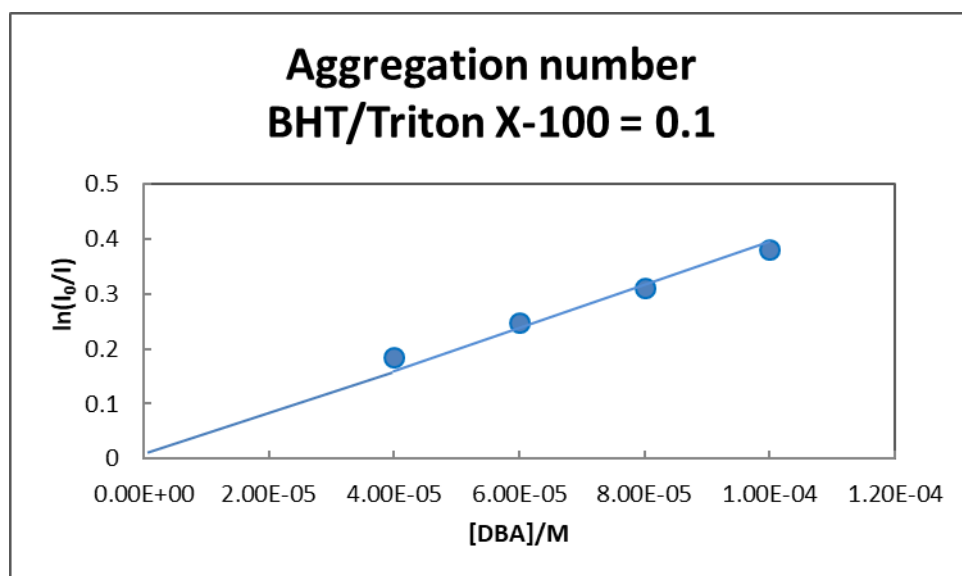


Fig. S11. Determination of the aggregation number of BHT/Triton X-100 micelles. The concentration of Triton X-100 was 2.00×10^{-2} M and pyrene 1.00×10^{-6} M. The concentration of the quencher N,N-dibutylaniline (DBA) varied in the interval $4.00 \times 10^{-5} - 1.00 \times 10^{-4}$ M.

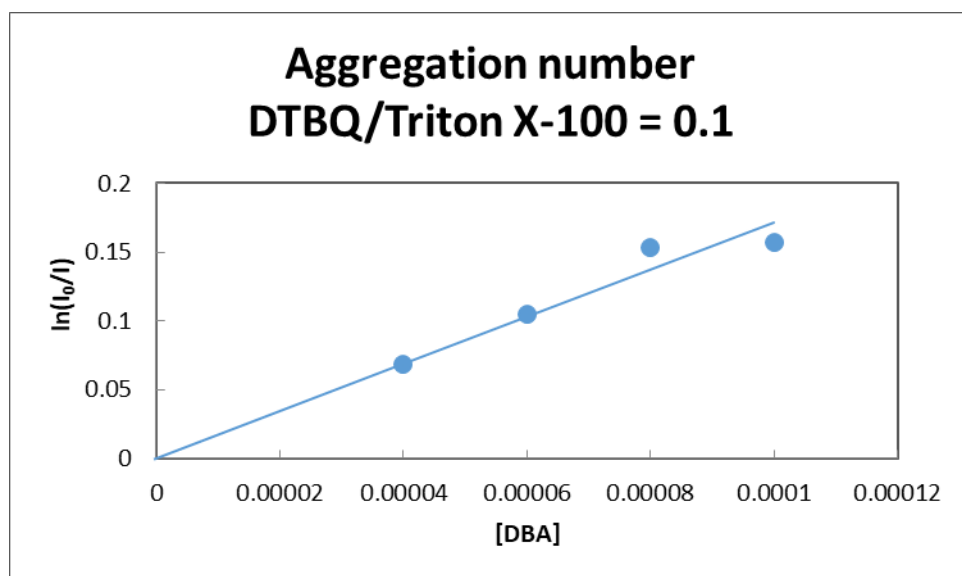


Fig. S12. Determination of the aggregation number of DTBQ/Triton X-100 micelles. The concentration of Triton X-100 was 2.00×10^{-2} M and pyrene 1.00×10^{-6} M. The concentration of the quencher N,N-dibutylaniline (DBA) varied in the interval $4.00 \times 10^{-5} - 1.00 \times 10^{-4}$ M.

S4. Microviscosity measurements

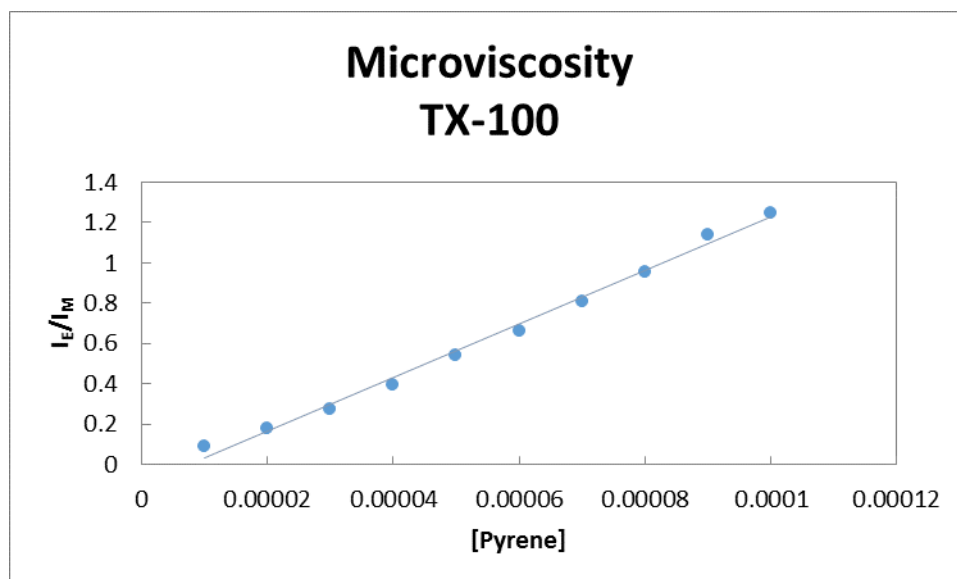


Fig. S13. Microviscosity of Triton X-100 micelles. at a constant Triton X-100 concentration of 2.00×10^{-3} M. Pyrene varied in the interval $1.00 \times 10^{-5} - 1.00 \times 10^{-4}$ M.

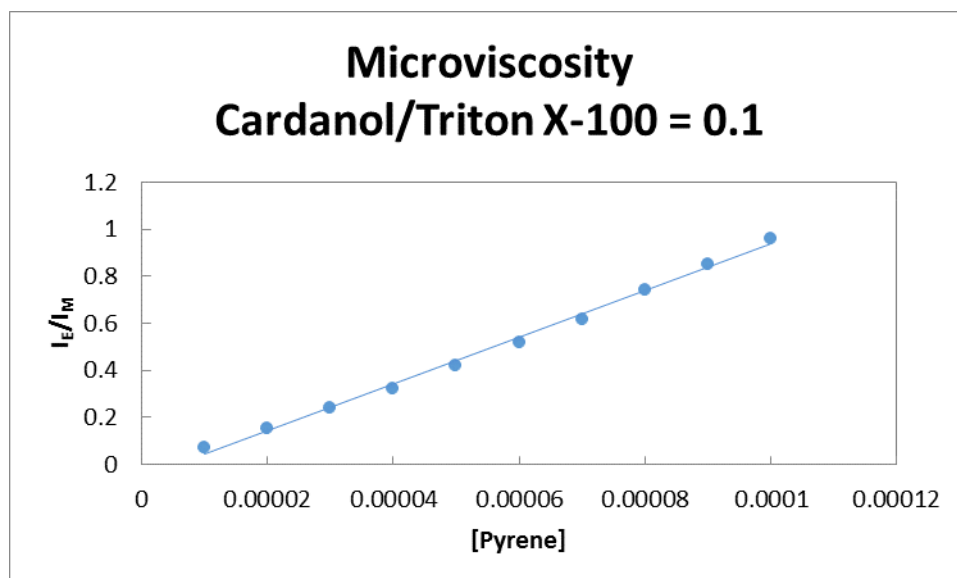


Fig. S14. Microviscosity of Cardanol/Triton X-100 micelles at a constant Triton X-100 concentration of 2.00×10^{-3} M. Pyrene varied in the interval $1.00 \times 10^{-5} - 1.00 \times 10^{-4}$ M.

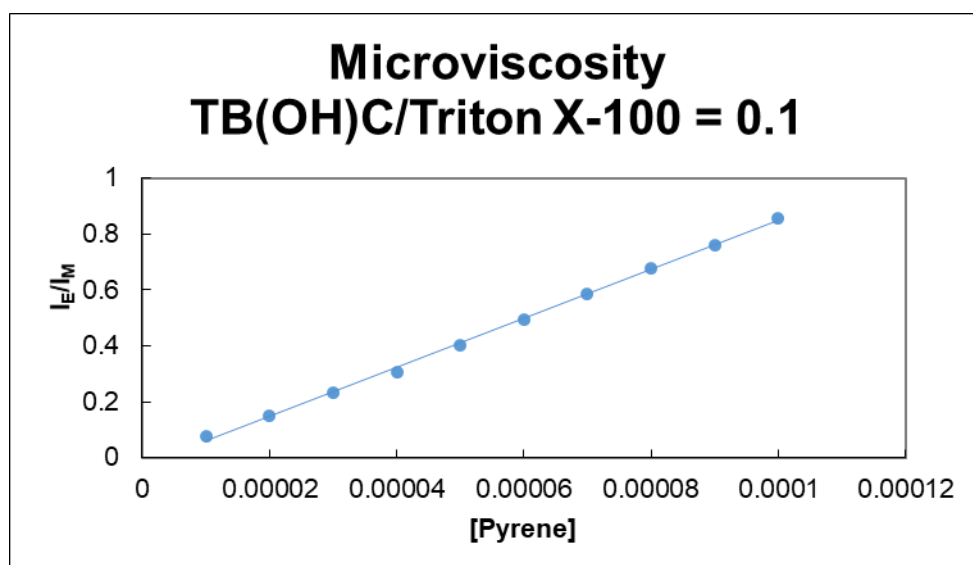


Fig. S15. Microviscosity of TBC/Triton X-100 micelles at a constant Triton X-100 concentration of 2.00×10^{-3} M. Pyrene varied in the interval $1.00 \times 10^{-5} - 1.00 \times 10^{-4}$ M.

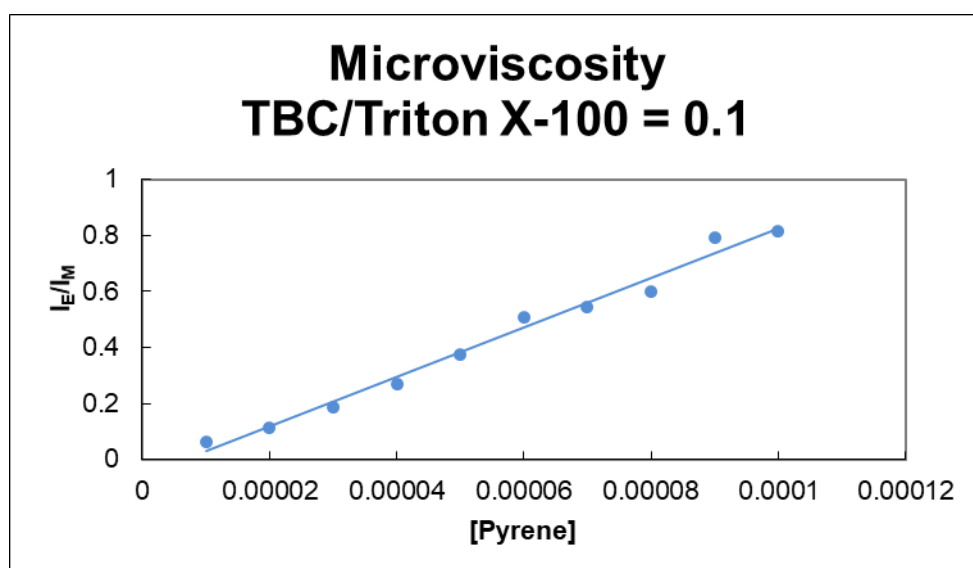


Fig. S16. Microviscosity of TB(OH)C/Triton X-100 micelles at a constant Triton X-100 concentration of 2.00×10^{-3} M. Pyrene varied in the interval $1.00 \times 10^{-5} - 1.00 \times 10^{-4}$ M.

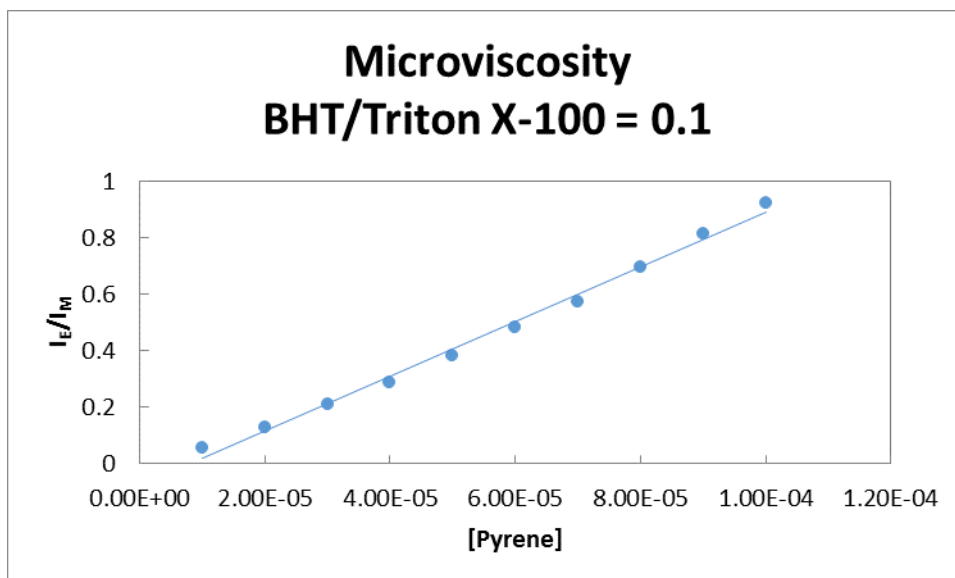


Fig. S17. Microviscosity of BHT/Triton X-100 micelles at a constant Triton X-100 concentration of 2.00×10^{-3} M. Pyrene varied in the interval 1.00×10^{-5} – 1.00×10^{-4} M.

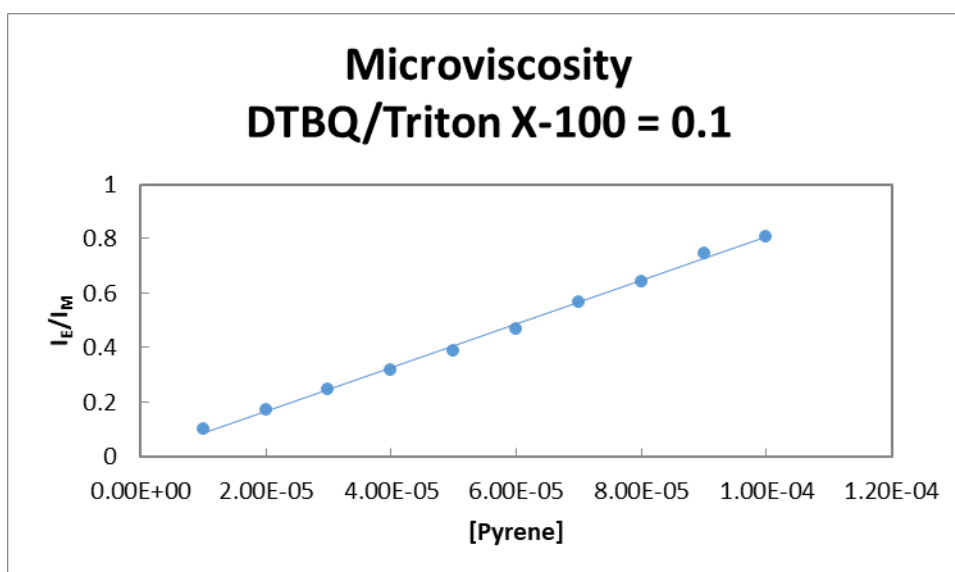


Fig. S18. Microviscosity of DTBQ/Triton X-100 micelles at a constant Triton X-100 concentration of 2.00×10^{-3} M. Pyrene varied in the interval 1.00×10^{-5} – 1.00×10^{-4} M.

S5. Fluorescence spectra of pyrene in the presence of DPPH

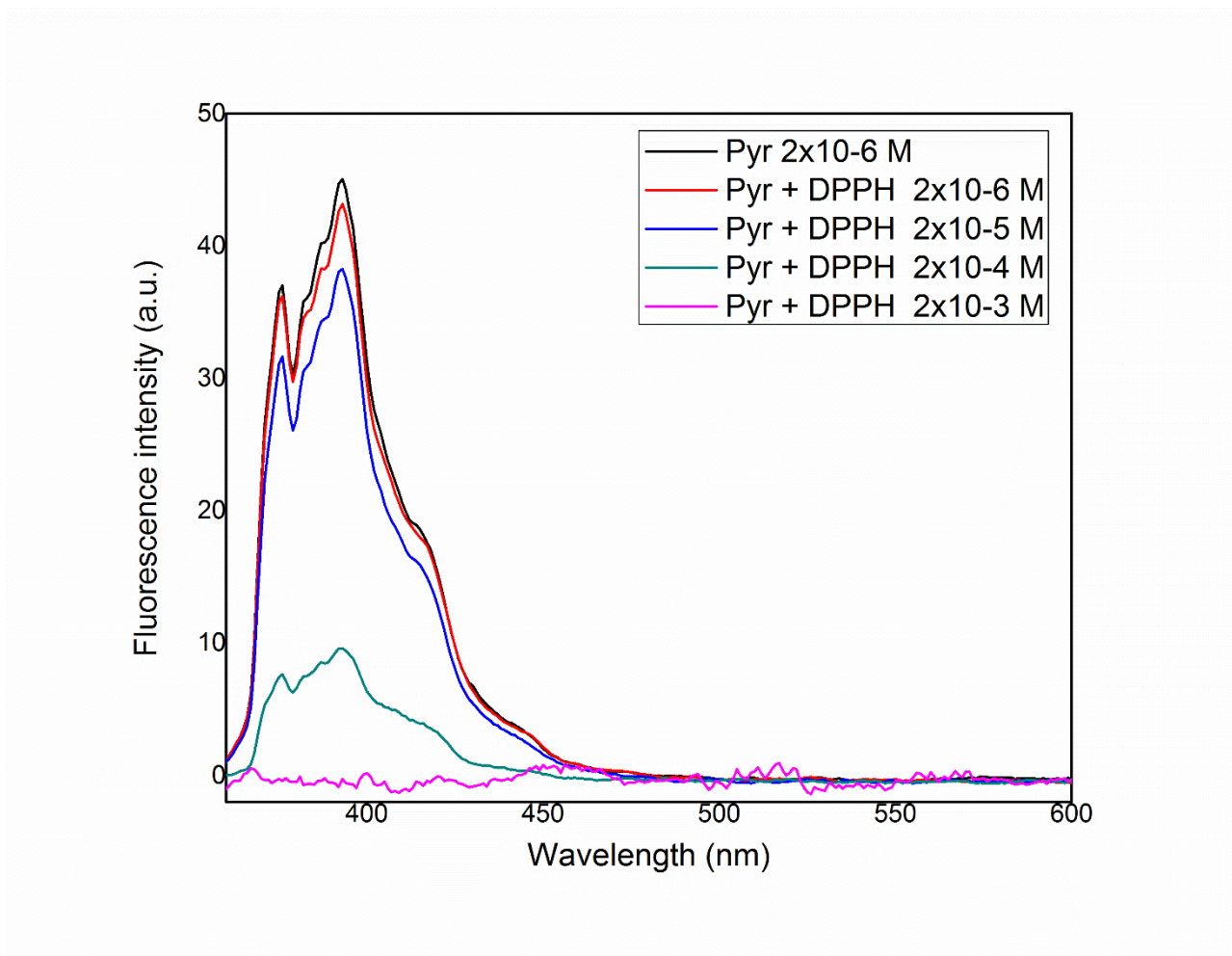


Fig. S19. Fluorescence spectra of pyrene in EtOH on addition of different amount of DPPH.

S6. Micelles Characterization: Dynamic Light Scattering (DLS)

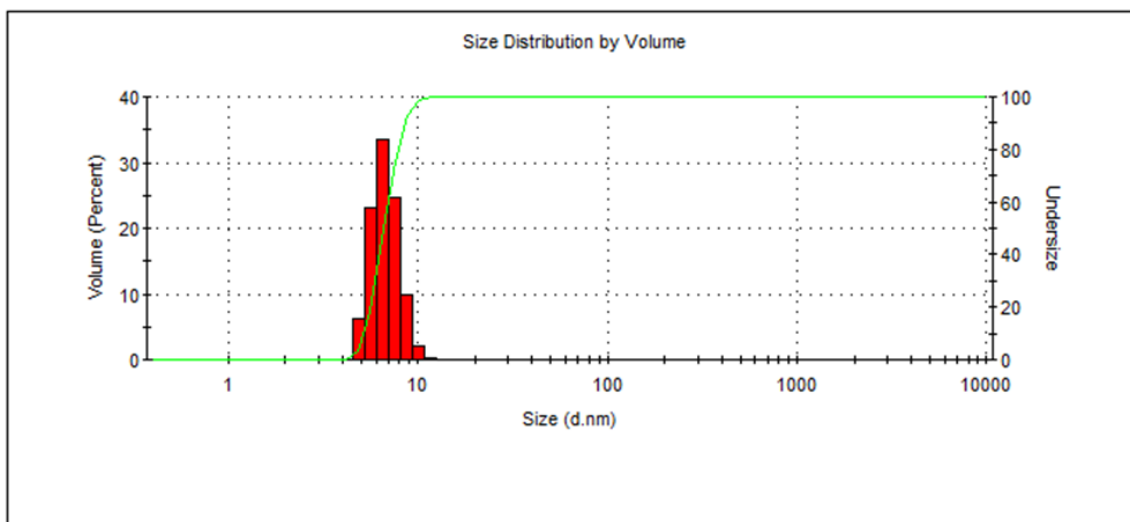


Fig. S20. Hydrodynamic diameter distribution of Triton X 100 1.00×10^{-3} M

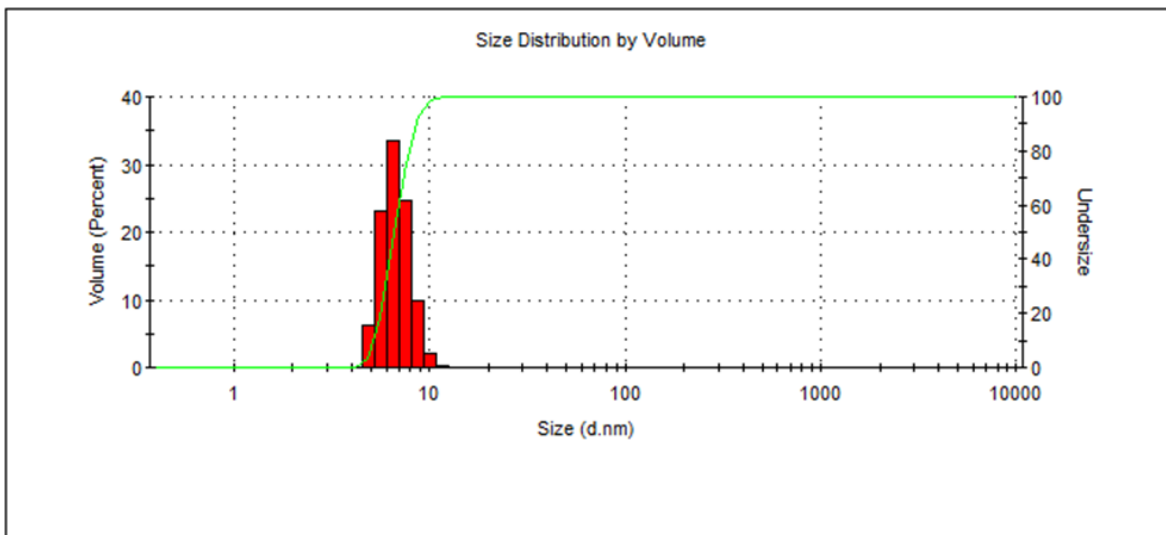


Fig. S21. Hydrodynamic diameter distribution TBC/Triton X 100 $1.00 \times 10^{-4} / 1.00 \times 10^{-3}$ M

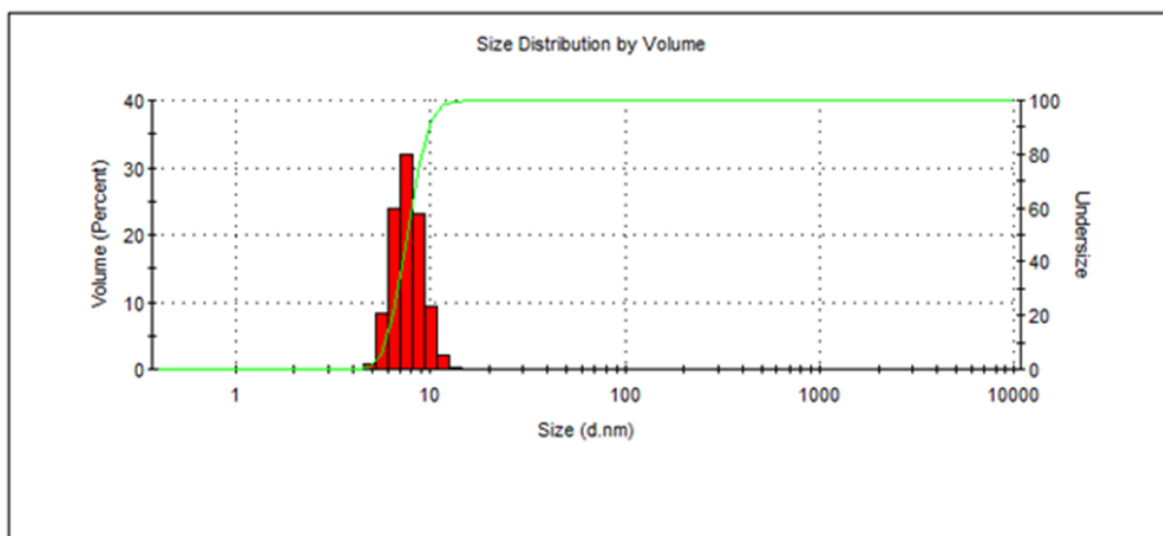


Fig. S22. Hydrodynamic diameter distribution TB(OH)C/Triton X 100 $1.00 \times 10^{-4} / 1.00 \times 10^{-3}$ M

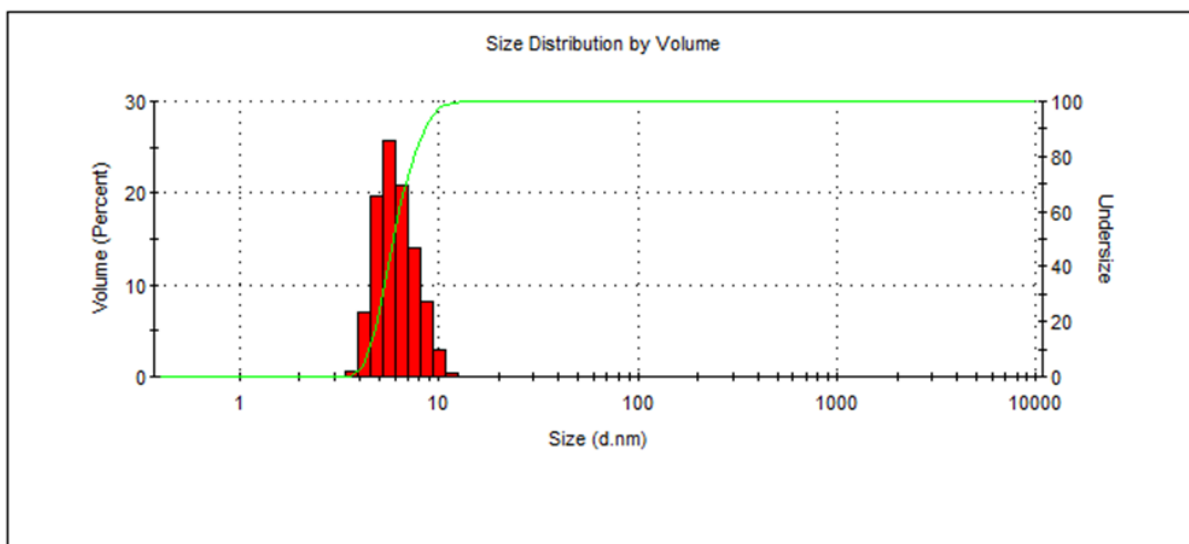


Fig. S23. Hydrodynamic diameter distribution BHT/Triton X 100 $1.00 \times 10^{-4} / 1.00 \times 10^{-3}$ M

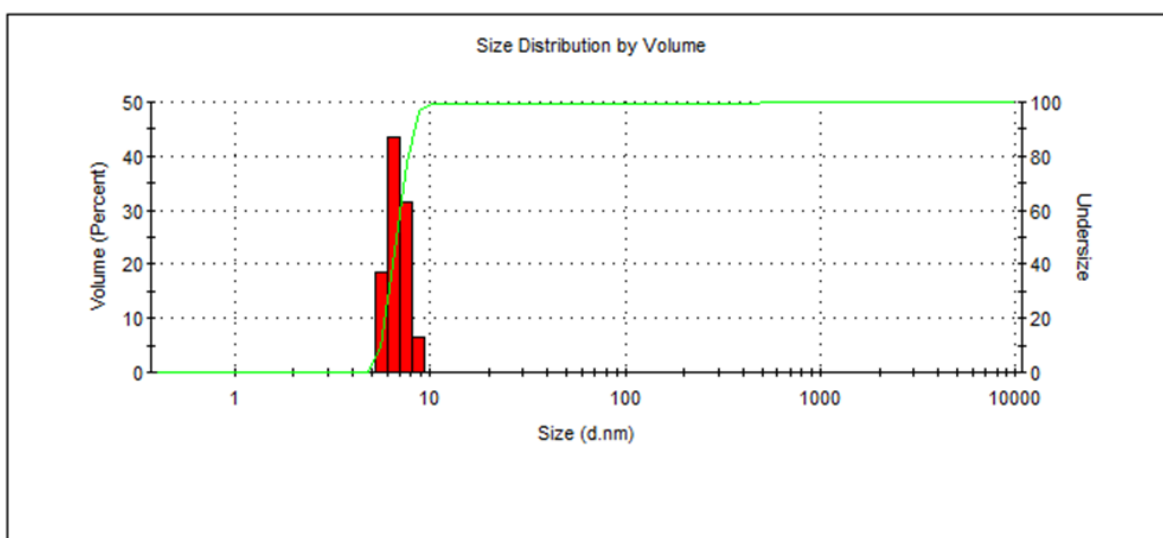


Fig. S24. Hydrodynamic diameter distribution DTBQ/Triton X 100 $1.00 \times 10^{-4} / 1.00 \times 10^{-3}$ M

S7. UV-Vis spectra of DPPH• radical in different media

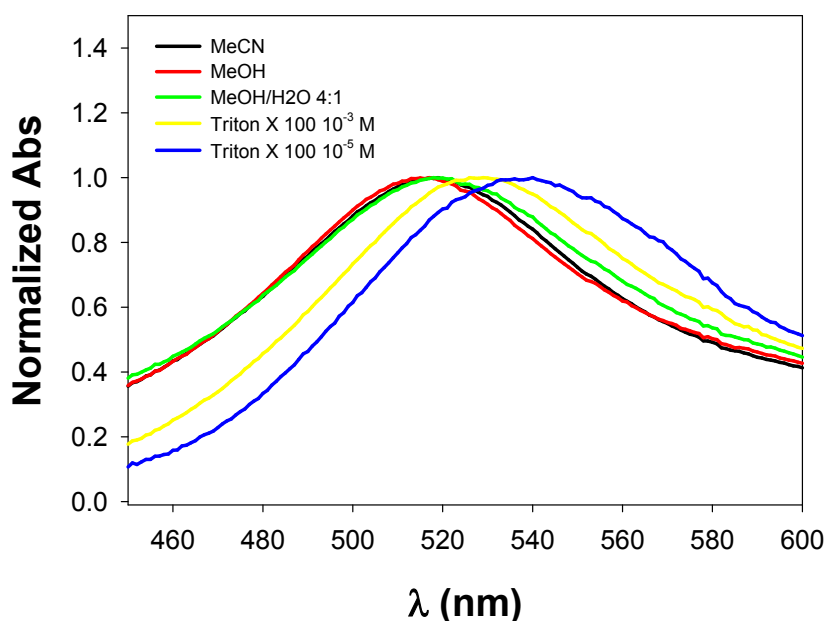


Fig. S25. Normalized absorption spectra of DPPH• 1.00×10^{-5} M in different media: acetonitrile (black line), methanol (red line), methanol/water 4:1 (green line), Triton X 100 1.00×10^{-3} M (yellow line), Triton X 100 1.00×10^{-5} M (blue line)

S8. Determination of DPPH scavenging

Table S1. Solvent effect on the reaction between DPPH• and monophenolic antioxidants.

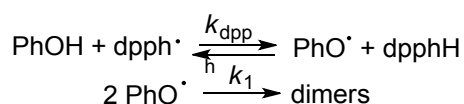
Phenol	$k_{\text{DPPH}} / \text{M}^{-1}\text{s}^{-1}$			
	MeCN	MeOH	MeOH+H ₂ O 20%	Triton
TBC	0.7±0.3	0.7±0.2	1.3±0.3	5.0±0.9
BHT	0.21 ^a	2.4 ^a	4.0 ^a	$(4.7 \pm 0.9) \times 10^2$

a) From reference: Musialik, M.; Litwinienko, G. Scavenging of dpph• radicals by Vitamin E Is Accelerated by Its Partial Ionization: the Role of Sequential Proton Loss Electron Transfer. *Org. Lett.*, **2005**, 7, 4951-4954.

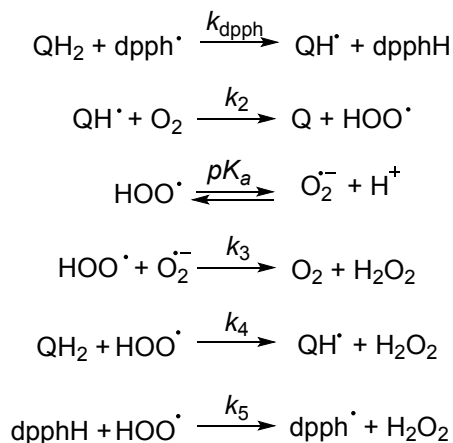
S9. Kinetic analysis of DPPH• experiments

The absorbance at λ 517 nm was converted into the concentration of DPPH by using its molar extinction coefficient in Triton X-100 micelles of $6819 \text{ M}^{-1}\text{cm}^{-1}$.

In the case of monophenols (TBC and BHT), the kinetic traces were analyzed by the two following reactions:



In the case of hydroquinone derivatives (TB(OH)C and DTBQ), after the reaction with DPPH•, a semiquinone radical is formed (QH• / Q•-) that reacts with oxygen forming superoxide, which exists in equilibrium with its protonated form. Superoxide can react with a second dpph• (k_5), disappear by disproportionation (k_3) or can deplete the hydroquinone antioxidant (k_4). Superoxide may also react with dpphH regenerating dpph•. In the last two cases, a stoichiometry of dpph• trapping < 1 is expected.



The value of k_2 is $1.6 \times 10^6 \text{ M}^{-1}\text{s}^{-1}$ [Dohrmann, J. K.; Bergmann B. Equilibria and Rates of Redox Reactions Involving the 2-tert-Butyl-1,4-benzosemiquinone Radical in Aqueous Solution: An Investigation by Potentiometry, ESR, and Pulse Radiolysis. *J. Phys. Chem.* **1995**, *99*, 1218-1227], $pK_a = 4.7$ and $k_3 = 10^8 \text{ M}^{-1}\text{s}^{-1}$ [Sawyer, D. T.; Valentine J. S. How super is superoxide? *Acc. Chem.*

Res., **1981**, *14*, 393-400], $k_4 = 1.6 \times 10^6 \text{ M}^{-1}\text{s}^{-1}$ [Valgimigli, L.; Amorati, R.; Fumo, M. G.; Di Labio, G. A.; Pedulli, G. F.; Ingold, K. U.; Pratt, D. A. The Unusual Reaction of Semiquinone Radicals with Molecular Oxygen. *J. Org. Chem.*, **2008**, *73*, 1830-1841]. The concentration of O_2 in the sample is derived from the solubility of O_2 in water at 30°C in air: $2.36 \times 10^{-4} \text{ M}$ [Battino, R.; Rettich, T. R.; Tominaga, T. The Solubility of Oxygen and Ozone in Liquids. *J. Phys. Chem. Ref. Data*, **1983**, *12*, 163-178].

S10. Triton X-100 autoxidation



Fig. S26. Hydroperoxide formation was measured by using the QUANTOFIX® Peroxide test sticks (ferrous xylenol orange assay). In the presence of hydroperoxides, the test paper turns blue. In the samples containing either AAPH or AAPH + Triton X-100, the concentration of peroxides rapidly increases (the intensity of the blue crescent is more pronounced in the presence of Triton X-100).