



# Article Evaluation of Groundwater Resources in Minor Plio-Pleistocene Arenaceous Aquifers in Central Italy

Diego Di Curzio 🔍, Sergio Rusi \*🔍, Alessia Di Giovanni and Emanuele Ferretti

Department of Engineering and Geology (InGeo), Università degli Studi "G. d'Annunzio" Chieti-Pescara, 66100 Chieti, Italy; diego.dicurzio@unich.it (D.D.C.); alessia.digiovanni@unich.it (A.D.G.); emanueleferretti6@gmail.com (E.F.)

\* Correspondence: sergio.rusi@unich.it

Abstract: The hilly landscape of the Periadric area in Central Italy is characterized by mainly marlyclayey foredeep basin deposits (Plio-Pleistocene age). These lithotypes are generally considered aquicludes, if compared with the regional limestone aquifers of Apennines. However, a coarsening upward trend characterizes the upper portion of this stratigraphic sequence, with arenaceous deposits and even conglomerates on the top. From a geomorphological viewpoint, the areas with coarser outcrops show a flat shape and sub-vertical slopes, like boundaries. At the base of these scarps, springs can be found at the interface between coarse and fine deposits, whereas these arenaceous bodies are actual aquifers. Until now, the hydrodynamics and hydrochemical features of this kind of aquifer have not been investigated deeply, because they have always been considered a worthy water resource. However, they could play a crucial role in integrated water management, especially to cope with climate changes and drought periods. Considering these, the main purpose of this study was to investigate from a hydrogeological point of view and to assess the groundwater quantity and quality. Five examples throughout the Abruzzo region were considered. For evaluation and comparisons between water resources, the water volume that infiltrates yearly at each squared kilometer of an aquifer (Mm<sup>3</sup>/y/km<sup>2</sup>) was applied. This value was calculated through three different approaches to provide a recharge estimation for this kind of aquifer that is as exhaustive and representative as possible. The results allowed us to characterize the hydrogeological model and to quantify the resources between 0.1 and 0.16 Mm<sup>3</sup>/y/km<sup>2</sup>, to be suitable for multi–purpose utilization.

**Keywords:** minor arenaceous aquifer; groundwater budget; yearly specific recharge; historical tapping systems; integrative water resources

# 1. Introduction

In recent decades, population growth, industrialization, and urbanization have generated an ever-increasing demand for fresh water [1–3]. This has led to a huge transition from small and local water resource exploitation and distribution networks to regional and more integrated systems that bring water from springs and wells over great distances.

Traditionally, areas on the Mediterranean, specifically Central Italy, sourced water from local small springs or wells near villages and towns [4]. Now, water for drinking, irrigation, hydroelectricity production, and manufacturing mainly come from regional karst or alluvial aquifers [5–11]. As a matter of fact, the regular steady baseflow of springs and rivers is directly connected to the amount of groundwater [12].

The principal aqueducts, which have a capillary pipeline system on the order of hundreds of kilometers, distribute groundwater to both the Tyrrhenian and Adriatic coasts (Figure 1) mainly from the karst aquifers in the Apennine Mountains [13–16] and to a lesser extent from alluvial aquifers [17–21].



Citation: Di Curzio, D.; Rusi, S.; Di Giovanni, A.; Ferretti, E. Evaluation of Groundwater Resources in Minor Plio-Pleistocene Arenaceous Aquifers in Central Italy. *Hydrology* **2021**, *8*, 121. https://doi.org/10.3390/hydrology 8030121

Academic Editors: David Brauer, Nathan Howell and Ryan Bailey

Received: 8 July 2021 Accepted: 11 August 2021 Published: 16 August 2021

**Publisher's Note:** MDPI stays neutral with regard to jurisdictional claims in published maps and institutional affiliations.



**Copyright:** © 2021 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/).



**Figure 1.** Regional geological framework of the aquifers. (1) Alluvial deposits of the main rivers and (2) of inland intermontane basins; (3) foredeep basin deposits; (4) turbiditic deposits; (5) carbonate deposits; (6) location of the meteorological stations.

The abovementioned economic transition caused a progressive abandonment of local aquifers located in the terrigenous sandy and gravelly stratigraphic sequence that constitutes the top of important hills in the Periadriatic area. Here, springs and elevated flat plains bounded by steep slopes provided optimal topographical and morphological conditions for the development of towns (Figure 2) that played an important political and commercial role a few centuries ago [22].

Until the middle of the 20th century, these springs were the sole source of freshwater (Figure 3), and local communities used peculiar water-tapping systems consisting of a combination of drainage tunnels and wells located at the interface between permeable and non-permeable geological bodies. Springs' discharge is rarely over 1 L/s and usually it goes from 0.1 to 0.4 L/s during summer and from 0.3 and 0.9 L/s during winter. These systems are similar to the Persian "Quanats", as they had similar hydraulic functions (i.e., draining water from subsoil). Different archaeological studies have investigated these water-tapping systems [22,23], pointing out that, besides being able to extract groundwater,



they also served as protective barriers against pollution and high temperatures that could cause rapid evaporation.

**Figure 2.** Examples of historical centers located on the arenaceous plain. At the top, Atri; in the middle, Silvi; at the bottom, Miglianico (see Figure 1 for the locations).

The geological features of these water bodies have already been investigated in many detailed studies either from a stratigraphic and sedimentological [24,25] or paleoenvironmental point of view and as on-shore and off-shore natural gas reservoirs [26,27]. Nevertheless, the hydrogeological features of these local aquifers are unclear. In fact, no detailed investigation has been conducted on their geometries: groundwater flow, physicochemical properties, and quantification of stored water volumes and seasonal recharge. Such information would be highly valuable because water from secondary sources like local groundwater could help mitigate water scarcity and the overexploitation of larger water distribution networks, worsened by drought periods caused by climate change [28–31].

For these reasons, this study's objective was twofold: to characterize the hydrodynamic and hydrochemical properties of five sample aquifers (Figure 1) and to quantify the "groundwater budget", the seasonal recharge and total amount stored in the subsoil.

It is worth noting that, except for restricted use for recreational purposes, these wells and springs fell into disuse because of urban development, the spread of water networks, and the loss of surrounding farmland, so the opportunity for a detailed study based on continuous monitoring has been very limited.



**Figure 3.** Some examples of tapped springs of the study area discharging at the interface between permeable and non-permeable lithotypes located at the border of the historical town of Atri (**a**–**d**), Chieti (**e**), and Pescara (**f**); (**a**,**e**,**f**) are examples of architectural restoration.

In fact, the only available method was manual seasonal monitoring through a field survey of a few accessible wells (usually private) and well-known springs. For this reason, the observational data in this study represent an informative hydrogeological scenario that is often the only one available for aquifer management. Recharge estimation for this kind of aquifer was carried out by calculating the yearly specific recharge ( $Mm^3/y/km^2$ ) in the five areas using different methods: (1) a water budget starting from weather data, rainfall, and temperature; (2) water table fluctuation measured seasonally in wells; and (3) a water budget based on spring water discharge.

The paper first explains the methods used, then characterizes the five sites from a geological and hydrogeological point of view; after this, the data are shown in a table and charts, followed by a discussion of the results and conclusions.

## 2. Materials and Methods

# 2.1. Study Area

The five study areas are in the hilly Periadriatic region in Central Italy at elevations up to 300 m above sea level (a.s.l.); they are, from north to south, Atri and Silvi (AS), Città Sant'Angelo (CSA), Chieti (CH), Villamagna (VI), and Manoppello (MA) (Figure 1).

These were chosen because of the importance of the old city centers, for the historical and evident aqueducts and for the available literature information about water uses. Geologically speaking, all are characterized by foredeep deposits (Plio-Pleistocene age). The soil is mainly marly-clayey, with a coarsening upward trend in the upper portion where an arenaceous lithology can be found. These deposits are known as the Mutignano Formation [32,33] and three associations can be observed from bottom to top:

- Marly-clayey (clays and marly-clayey deposits with sandy levels);
- Sandy-clayey, (sands and clayey sands); and
- Sandy-gravelly (arenaceous deposits with gravelly levels in the upper portion, Figure 4).



(a)

(b)

(c)

**Figure 4.** Some examples of sandy-gravelly association (Arenaceous complex), like they appear in outcrop; (**a**): mainly arenaceous, (**b**) arenaceous with gravel, (**c**) mainly gravelly.

However, above the Mutignano Formation, continental deposits are found, mainly alluvial (sands and gravels) and slope deposits (mix of sands, gravels, and silts).

From now on, sandy-gravel and sandy-clayey will be associated in the "arenaceous complex" because of their similar properties, while the marly-clayey association will be considered as the "clayey complex".

The geomorphology of the landscape is related to the outcroppings of arenaceous deposits having a flat shape and subvertical slopes as boundaries, which at the base are less steep.

The hydrogeological features of these aquifers are influenced by stratigraphic ones [34]. As a result, an aquifer was found inside the arenaceous complex, while the clay complex is individuated as aquiclude [35]. The hydraulic conductivity of the porous lithotypes (associations) constituting these aquifers, estimated from previous works by a pumping

test in similar lithologies [18–20,36,37], is marly-clayey,  $10^{-8} < K < 10^{-6}$ ; sandy-clayey,  $10^{-5} < K < 10^{-3}$ ; and sandy-gravelly, ~ $10^{-3}$  m/s, in addition to the highly variable values ( $10^{-8} < K < 10^{-4}$  m/s) of the continental deposits.

At the interface between the arenaceous and the clayey complexes, springs were found, whose groundwater had often been exploited by complex systems of wells and drainage tunnels (Figure 3).

#### 2.2. Datasets

Different kinds of data were used to characterize the hydrodynamic features of the arenaceous hilly aquifers and to quantify with a certain degree of confidence the ground-water resources of these secondary water bodies. Weather data (i.e., monthly rainfall and temperature) collected at the monitoring stations were considered for estimating the effective infiltration (Table 1).

**Table 1.** Gauging stations (see Figure 1 for locations).

Area	<b>Observation Period</b>	Gauging Station Name
AS CSA	1930–2004	Silvi Alta Atri
CH MA	1900–2003	Chieti

Seasonal variation in groundwater was assessed by measuring the hydraulic head of wells and spring discharges (Table 2) during both the wet and dry seasons.

Area	Wells	Springs	<b>Monitoring Period</b>
AS	32	12	2012-2015
CSA	21	1	2014-2015
СН	88	9	2005-2015
VI	36	4	2007
MA	22	2	2012

 Table 2. Monitored wells and springs.

Groundwater physico-chemical parameters (temperature, electrical conductivity, pH, and redox potential) were measured in the abovementioned monitoring network for thorough aquifer characterization and to acquire deeper insight into the recharge mechanism.

### 2.3. Yearly Specific Recharge

As pointed out in the previous section, single aquifers are characterized by different sizes. For this reason, to compare the recharge and the water budget, the yearly specific recharge was considered as a reference recharge unit (i.e., all results were converted to this unit after calculation). This defined the water volume in millions of cubic meters that infiltrates yearly per square kilometer (i.e.,  $Mm^3/y/km^2$ ) and was calculated through the three different approaches described below, to provide a recharge estimation that was as exhaustive and representative as possible. The extension of the recharging area was calculated based on the outcrop area of the arenaceous complex (n. 3 and 4 in the geological map and cross-section of Figures 5 and 6). In this sense, the vertical variation of the piezometric surface does not involve variations in the extension of the recharge area.



**Figure 5.** Geological map and cross-sections of the CH area. (1): Recent alluvial and slope deposits (Holocene); (2): Alluvial deposits (Middle Pleistocene-Holocene); (3): Sandy-gravelly deposits (Middle-Upper Pleistocene); (4): Sandy-clayey deposits (Lower Pleistocene); (5): Marly-clayey deposits (Middle-Upper Pliocene); (6): Sampling well; (7): Pumping test well; (8): Spring; (9): Winter water table contour (m a.s.l.); (10): Cross-section trace; (11): Water table (in cross-section); (12): Spring (in cross-section); (13): Urban area.



**Figure 6.** Geological map and cross-sections of the AS area. (1): Recent alluvial and slope deposits (Holocene); (2): Alluvial deposits (Middle Pleistocene-Holocene); (3): Sandy-gravelly deposits (Middle-Upper Pleistocene); (4): Sandy-clayey deposits (Lower Pleistocene); (5): Marly-clayey deposits (Middle-Upper Pliocene); (6): Sampling well; (7): Pumping test well; (8): Spring; (9): Winter water table contour (m a.s.l.); (10): Cross-section trace; (11): Water table (in cross-section); (12): Spring (in cross-section); (13): Urban area.

2.3.1. Recharge Estimation from Weather Data

The yearly water budget for aquifer recharge is defined as:

$$R = I_R \left( P - ET_r \right) \tag{1}$$

where *R* is the aquifer recharge, *P* is the total rainfall related to a certain area, and  $ET_r$  is real evapotranspiration, while  $I_R$  is the infiltration rate, which depends on the actual vertical hydraulic conductivity of aquifers in the recharge areas.

Most of this water budget is based on  $ET_r$ , which in this study was calculated using two methods: the Turc [38] and the Thornthwaite and Mather [39]. Both provided mean real evapotranspiration values related to a statistically significant period (i.e., over at least 30 years), which can be assumed as representative of the local meteo-climatic condition.

The Turc method allowed for a yearly estimate of the  $ET_r$  value through the following relation in Equation (2):

$$ET_r = \frac{P}{\sqrt{\left(0.9 + \frac{P^2}{L^2}\right)}}$$
(2)

where *L* is the evaporative potential of the atmosphere  $(300 + 25T + 0.05T^3)$ , and *T* is the mean yearly temperature of air (°C). This is the simpler of the two methods for quantifying evapotranspiration because it does not consider seasonal variation in the total amount of water returned to the atmosphere either to affect air temperature (evaporation), or for plant life and growth (transpiration).

A more accurate estimation is provided by the method proposed by Thornthwaite and Mather [39], which calculates potential evapotranspiration in relation to the ith month  $(ET_{pi})$  through an exponential equation (Equation (3)):

$$ET_{pi} = K \left[ 1.6 \left( \frac{10T_i}{I} \right)^a \right]$$
(3)

where  $K = \frac{no. of daylight hours}{\frac{1}{2} no. of hours in a day}$  is a corrective coefficient for the latitude;  $T_i$  is the air temperature related to the *i*th month (in °C); and  $a = 0.49239 + 1792 \cdot 10^{-5}I - 771 \cdot 10^{-7}I^2 + 675 \cdot 10^{-9}I^3$  is the exponent of Equation (3), which is based on the yearly heat index  $I = \sum_{i=1}^{12} \left(\frac{T_i}{8}\right)^{1.514}$ .

Monthly  $ET_{pi}$  values were compared with the residual water content within the shallower portion of the soil, where plant roots influence the water budget, to estimate the monthly evapotranspiration values ( $ET_r$ ). In this way, the yearly  $ET_r$  value was estimated while considering the seasonal variability and the actual availability of water in the topsoil.

After calculating the amount of water returning to the atmosphere, the recharge was calculated accordingly to Equation (1). The lithotype of the aquifers under investigation were sandy deposits with a variable amount of fine-sized fraction; thus, the corresponding  $I_R$  values ranged between 0.4 and 0.6 [36].

## 2.3.2. Recharge Estimation from Water Level Fluctuation

The second method used to quantify the yearly specific recharge was based on water table fluctuation, which is considered to be almost completely dependent of rainfall infiltration. Considering the difference between the hydraulic head measurements related to the dry and wet seasons ( $\Delta H$ ), the effective porosity ( $p_e$ ) of lithotypes forming the aquifers, and the recharge areas (A), water recharge volumes ( $V_{rw}$ ) were calculated as follows:

$$V_{rw} = \Delta H p_e A. \tag{4}$$

Taking into account the saturated portions of each aquifer (H) instead of  $\Delta H$ , the total amount of groundwater stored in each season was also estimated, providing a more thorough quantification of the water resource.

The  $p_e$  values used in Equation (4) were estimated through pumping tests performed on four wells in some of the aquifers (Figures 5 and 6). These tests were carried out with very low flow rates (~0.5–1 L/s) and lasted 6–7 h (including both the pumping and recovery phases). From an analytical point of view, the Cooper–Jacob method [40], a simplification of the Theis theory [41], was selected to estimate the  $p_e$  values (Method 1). This approach allowed calculation of the storativity (*S*, unitless) by Equation (5) and data from the pumping phase, which corresponds to the effective porosity for an unconfined aquifer, like those under investigation (i.e.,  $S \equiv p_e$ ):

$$S = \frac{2.25Tt_0}{r_w^2}$$
(5)

where  $t_0$  is the intercept initial time (s) at drawdown equal to zero;  $r_w$  is the well radius (m); and *T* is transmissivity (m<sup>2</sup>/s) obtained by the following equation:

$$T = \frac{0.183 Q}{C} \tag{6}$$

where *Q* is the constant pumping rate (m<sup>3</sup>/s), and  $C = \frac{dh}{d(\log_{10} \frac{t}{t_1})}$  is a coefficient depending

on the hydraulic head variation (dh), taking place in the time interval between t and  $t_1$ .

Besides calculating  $p_e$  for yearly specific recharge estimations, hydraulic conductivity values (m/s) were obtained from transmissivity values to provide additional quantitative information about the hydrodynamics of the aquifers.

Tests were carried out in quasi-ideal conditions, as equilibrium during the pumping phase had not been achieved properly; however, the results were reliable because the test data were analyzed by other methods for cross-checking. More specifically, *T* values were also calculated by applying Equations (5) and (6) to the data from the recovery phase (Method 2), and the Theis method to data from both the pumping and recovery phases (Method 3), which give transmissivity values as follows:

$$T = \frac{0.183 Q}{\Delta r} \cdot \log_{10} \frac{t}{t_1} \tag{7}$$

where  $\Delta r$  is the residual drawdown.

### 2.3.3. Recharge Estimation from Total Discharge

The last approach to estimating the yearly specific recharge related to the five aquifers was based on direct measurement of their total discharge, which is mainly due to the springs that form at the interface between the arenaceous complex and the underlying marly-clayey aquiclude. Given the hydrodynamic features of this kind of aquifer, the water volumes discharging at the boundaries were definitely considered to be the recharge water that infiltrated and then almost completely comes out every year. This quantity of groundwater, if extrapolated over a year (Mm<sup>3</sup>/y), can be easily converted into a yearly specific recharge by dividing it by the recharge area, which is known with a high level of confidence. However, this method, although hypothetically the most realistic, is affected by a lack of information about the amount of groundwater flowing toward the surface water bodies through the soil or surficial alteration of impervious lithotypes (i.e., the marly-clayey aquitard), or discharging on the surface and then directly evapotraspirating into the atmosphere.

# 3. Results and Discussion

## 3.1. Aquifer Characterization

An aquifer characterization was carried out for all five areas; however, only the results for CH and AS will be shown in detail in the text (Figures 5 and 6).

In all areas, the stratification is horizontal, and the arenaceous complex (i.e., the sandygravelly and sandy-clayey associations together) is some tens of meters thick, while the clayey one is over 500 m. The alluvial deposits can be found in the valleys where the arenaceous complex was eroded, and local streams and rivers deposited a mix of gravelly, sandy, and silty deposits.

The hydraulic head distribution was reconstructed inside the arenaceous complex using the measurements collected in the wells (Figures 5 and 6). Occasionally, the water table contours can also be found in the clayey complex, because of secondary hydraulic conductivity related to the clay alteration.

As can be seen from the cross-sections in Figures 5 and 6, the arenaceous complex acts as an aquifer, while the clayey complex acts as an aquiclude or sometimes as an aquitard. The maximum thickness of the aquifer in each area varies from a few tens of meters to about 200 m, while the maximum saturated thickness varies from a few to tens of meters. Gener-

ally, only the shallower portion of the most permeable complex (i.e., the sandy-gravelly association) was tapped by the historical systems (Figure 3), and today it is exploited by wells in the urban area. This portion of the aquifer is also characterized by the lowest hydraulic gradients. Moving towards the edges of the plateaus and therefore towards the hydraulic boundary between the arenaceous and clayey complexes, the gradients tend to increase due to a considerable decrease in hydraulic conductivity. In general, groundwater moves from higher aquifer portions to lower ones; thus, in all areas, the groundwater flow is divergent. Furthermore, when an underground drainage axis is present, flowlines converge; usually, these drainage axes correspond to surface valleys.

Analyzing the physico-chemical properties of groundwater flowing into these aquifers (Tables 3 and 4), it appears that the pH values range between 7 and 8 in each studied area and in both summer and winter. This evidence shows the groundwater is slightly alkaline. The electrical conductivity values vary from about 600 to about 1120  $\mu$ S/cm. Looking at water temperature, the groundwater is generally below 20 °C; thus, the waters can be considered cold [36]. Finally, an oxidizing environment was found by redox potential in all sampling areas.

Winter Period											
	AS CSA CH VI MA										
Tommonsterno	min	11	7	9	16	11					
	max	16	16	19	21	15					
$(\mathbf{C})$	mean	13.7	14.2	14	17.9	13.9					
Electric	min	259	207	232	346	367					
conductivity	max	1542	2130	4870	939	1260					
(µS/cm)	mean	827.8	1127	1075	646.7	602.3					
	min	7.1	7.4	7.3		7					
pН	max	8.7	9.2	9.2		8.7					
-	mean	7.9	8.1	7.9		7.5					
Redox potential (mV)	min	158	-173	-140							
	max	311	326	225							
	mean	252	225.5	153							

Table 3. Wintery physico-chemical parameters.

Table 4. Summery physico-chemical parameters.

Summer Period										
AS CSA CH VI										
Temperature (°C)	min max mean	14 24 17.7	15 22 17.5	16 25 18.6	16 22 18.9					
Electric conductivity (μS/cm)	min max mean	179 1410 726	243 1583 1020	326 4180 1076	349 918 654					
рН	min max mean	6.9 8.5 7.4	7.3 9.7 8	7.4 8.2 7.7						
Redox potential (mV)	min max mean	27 110 74.2	-69 281 196	-112 274 166						

A comparison of Tables 3 and 4 shows that the aquifer recharge that take place during the winter and spring has a significant effect, especially on temperature and redox potentials; however, it is quite unclear for electrical conductivity and pH. In fact, the cold

oxygenated water infiltrating during winter decreases the groundwater temperature and at the same time increases considerably the redox potential for all the aquifers. The unclear results of the electrical conductivity and pH measurements could be attributed to the fact that these physico-chemical parameters are strongly influenced by a multitude of processes that affect the total salinity and the acidity of groundwater. Moreover, potential human contaminations cannot be excluded [42], independently from season, due to the presence of an aqueduct, sewer, and farming areas where chemical treatments are operated.

# 3.2. Recharge Estimation from Weather Data

The water budgets in the AS and CH areas were calculated using monthly rainfall and temperature collected at the gauging stations shown in Figure 1 and Table 2.

In both areas, during a warm and dry summer, the average air temperature is about 24 °C and precipitation is in the range 34–41 mm, whereas they are 6 °C and 85–100 mm, respectively, during winter.

For comparison, the water balance for areas AS, CH, and VI was also calculated, based on weather data corresponding to the monitoring period. All the results are shown in Table 5.

Area/Gauging Station	Monitoring Period	Precipitation (mm)	Real Evapotranspiration (mm)	Potential Evapotranspiration (mm)	Outflow (mm)
AS/Silvi Alta	1930-2004	646	540	808	106
AS/Atri	1930-2004	776	540	765	236
CH/Chieti	1900-2003	850	579	817	271
AS/Atri	2012-2015	884	609	838	275
CH/Chieti	2005-2015	800	594	826	206
VI/Chieti	2007	675	450	851	225

Table 5. Water balance from statistical analysis and from the monitoring period.

According to previous water budget calculations in the same area [17,20,36,43], the estimated outflow is 25–30% of the measured rainfall.

Tables 6 and 7 show the yearly specific recharge values corresponding to the water budget calculated using both historical and weather data from the monitoring period.

Table 6. Yearly specific recharge from historical data.

Area	Infiltration Area (km²)	Outflow (mm/y)	Discharge Coefficient	Infiltration Volume (Mm <sup>3</sup> /y)	Yearly Specific Recharge (Mm³/y/km²)
AS	16	106	0.5 0.6	0.848 1.020	0.053 0.064
СН	6	236	0.5 0.6	0.708 0.805	0.118 0.142
VI	2	271	0.5 0.6	0.271 0.325	0.136 0.163

Table 7. Yearly specific recharge during monitoring period.

Area	Infiltration Area (km <sup>2</sup> )	Outflow (mm/y)	Discharge Coefficient	Infiltration Volume (Mm <sup>3</sup> /y)	Yearly Specific Recharge (Mm³/y/km²)
AS	16	275	0.5 0.6	2.200 2.640	0.138 0.165
СН	6	206	0.5 0.6	0.621 0.745	0.104 0.124
VI	2	225	0.5 0.6	0.202 0.242	0.101 0.121

As can be seen from Tables 6 and 7, the yearly specific recharge for the historical period is quite similar to the one for the monitoring period. However, in the AS area, a

difference was seen: the outflow seems to be considerably higher for the monitoring period, which led to a higher yearly specific recharge. This could have been caused by greater precipitation than those observed during the historical period.

As expected, the results show a clear dependance on rainfall. Although the monitoring period is one year or a few, the rainfall and yearly specific recharge are similar (Table 7). In any case, the recharge values are always over  $0.1 \text{ Mm}^3/\text{y/km}^2$ , independent of the infiltration coefficients used in the calculations.

# 3.3. Recharge Estimation from Water Level Fluctuation

The water-level seasonal variation method was also considered for areas AS, CH, and VI because only for them a seasonal monitoring of the water table was available. In this case, the yearly specific recharge values were calculated based on storativity estimations (i.e., effective porosity) from pumping tests (Table 8) as explained in the methodology section.

Well	Time (h)	Saturated Portion Thickness (m)	Method	Conductivity (K—m/s)	Transmissivity (T—m <sup>2</sup> /s)	Storativity (S)
			1	$2.3 \cdot 10^{-4}$	$4.7 \cdot 10^{-4}$	16.9
AT2	6	2	2	$1.5 \cdot 10^{-3}$	$3.0 \cdot 10^{-3}$	
			3	$2.4 \cdot 10^{-4}$	$4.8 \cdot 10^{-4}$	
			1	$8.3 \cdot 10^{-6}$	$8.3 \cdot 10^{-5}$	10.3
AT12	5	~10	2	$1.8 \cdot 10^{-4}$	$1.8 \cdot 10^{-3}$	
			3	$7.6 \cdot 10^{-6}$	$7.3 \cdot 10^{-5}$	
			1	$4.5 \cdot 10^{-5}$	$1.8 \cdot 10^{-4}$	5.1
SI6	6	4	2	$2.2 \cdot 10^{-4}$	$9.1 \cdot 10^{-4}$	
			3	$3.2 \cdot 10^{-5}$	$1.3 \cdot 10^{-4}$	
			1	$3.1 \cdot 10^{-4}$	$2.2 \cdot 10^{-3}$	_
CH87	4	~7	2	$2.0 \cdot 10^{-5}$	$1.4 \cdot 10^{-4}$	
			3	$1.3 \cdot 10^{-4}$	$9.1 \cdot 10^{-4}$	

Table 8. Conductivity, transmissivity, and storativity obtained from the pumping test.

The pumping tests analyzed by Method 1 provided effective porosity values between 5 and 15%. The hydraulic conductivity estimated by all three methods is on the order of  $10^{-4}$ – $10^{-5}$  m/s, confirming the reliability of the effective porosity values obtained by Method 1. In addition, the hydraulic conductivities are reasonable and consistent as already observed in similar studies on these kinds of deposits, such as the ones in [19,20,36,44]. The slight differences observed in the absolute values of hydraulic conductivities could be attributed to a variable content of silt fraction in the arenaceous deposits.

Hydraulic head measurements of the AS aquifer in the arenaceous complex of the Mutignano Formation were collected from 2012 to 2015 over 32 wells and 12 springs. An unconfined aquifer was identified that has a water table shape that is very similar to the land morphology. Seasonal measurements allowed estimation of an average water table rise of about 1 m during the wet season.

In the arenaceous complex related to area CH, an unconfined aquifer was found that was monitored by 88 wells and 9 springs. Here, underground drainage axes and watersheds match the superficial ones, and even here the water table morphology is very similar to the land surface. The average water table difference between winter and summer was estimated by the two seasonal hydraulic head monitorings to be about 1.1 m.

Like the previous two areas, in VI, an unconfined aquifer inside the Plio-Pleistocenic porous deposits was also identified, this one by monitoring 36 wells and 2 springs. Here, the water table shows an average increase of 1.5 m during the winter.

The hydraulic head distribution for the MA area was assessed considering 22 wells and 2 springs, but unlike other parts of the study area, only for the winter. Furthermore, the aquifer is shallow and unconfined inside the alluvial deposits. To summarize, an unconfined aquifer was found in each region. The ones related to areas AS, CSA, CH, and VI are inside the porous deposits of the Mutignano Formation, while groundwater flowing in MA is inside the alluvial deposits. Water table variations allowed quantification of of the yearly specific recharge considering effective porosity values of 10 and 15% (Table 9). Recharge estimates are always over  $0.1 \text{ Mm}^3/\text{y/km}^2$  without any relation to the measured effective porosity.

Area	Infiltration Area (km²)	Water Table Fluctuation (m)	Effective Porosity (%)	Infiltration Volume (Mm <sup>3</sup> )	Water Table Thickness (mm)	Yearly Specific Recharge (Mm <sup>3</sup> /y/km <sup>2</sup> )
AS	16	0.86	10 15	1.376 2.064	86 129	0.086 0.129
СН	6	1.11	10 15	0.666 0.990	111 165	0.111 0.165
VI	2	1.50	10 15	0.300 0.450	166 250	0.150 0.225

Table 9. Water table fluctuation and yearly specific recharge results.

Of the selected areas, VI showed the highest values because of a higher water table rise during the monitoring period. In fact, the yearly specific recharge calculated here converges with that obtained from weather data even though they had different origins. Such a convergence confirms the accuracy of the calculations and the reliability of the hydrogeological conceptual model.

Considering that the saturated portion of each aquifer is inside the sandy-gravelly association, the total amount of groundwater stored in each season was also estimated to provide a more thorough quantification of the actual water resource. The estimate was performed based on a variable mean saturated thicknesses of ~5 m (see the cross-sections shown in Figures 5 and 6). Table 10 shows the values obtained where it was possible to deduce that the seasonal resources, depending on the ratio between the seasonal fluctuation and the total saturated thickness, vary from 15 to 40% of the total.

**Table 10.** Estimation of the water resource for three sample sites considering an average saturated thickness in the sandy-gravel association of the arenaceous complex.

Area	Infiltration Area (km²)	Saturated Thickness (m)	Effective Porosity (%)	Total Stored Volume (Mm <sup>3</sup> )	Infiltration Volume from Water Level Fluctuation (Mm <sup>3</sup> )
AS	16	6	10 15	9.600 14.300	1.376 2.064
СН	6	5	10 15	3.000 4.500	0.666 0.990
VI	2	4	10 15	0.720 1.070	0.300 0.450

# 3.4. Recharge Estimation from Total Discharge

The third method was applied only to area AS because it was possible to measure a reasonable number of springs in both winter and summer. The volume of water discharged from 9 springs was measured between 2012 and 2015, and the corresponding discharge coefficients were also calculated for both winter and summer (Table 11).

Table 11.	Yearly	specific	recharge	from	total	discharge.
-----------	--------	----------	----------	------	-------	------------

Area	Period	Spring Water Discharge (L/s)	Spring Water Discharge (Mm <sup>3</sup> /y)	Infiltration Area (km <sup>2</sup> )	Infiltration (mm)	Yearly Specific Recharge (Mm <sup>3</sup> /y/km <sup>2</sup> )
AS	Summer	3.24	0.102	16	6.5	0.006
	Winter	6.48	0.204	16	13	0.013

Comparing these yearly specific recharge values with those obtained by the other methods, it is clear that these are quite underestimated. As already mentioned (Section 2.3.3), this evidence can be related to a certain amount of groundwater flowing diffusely toward surface water bodies through the soil or surficial alteration of impervious lithotypes (i.e., the marly-clayey aquitard), or discharging diffusely on the surface and then evapotranspiring directly into the air.

Any downward water migration can be excluded because of the clayey complex, its remarkable thickness, and its lower hydraulic conductivity than arenaceous complex, which makes it a certain aquiclude (Figures 5 and 6).

On the other hand, possible tectonic discontinuities, found out in the area [35,45,46], can be responsible for old water rising, usually saline, and not of downward migration.

## 4. Conclusions

Since the middle of the last century, water from wells and springs fed by the Plio– Pleistocenic arenaceous aquifer, which constitutes the arenaceous plains of central Adriatic Italy, have been abandoned or at least forgotten because modern aqueducts tap groundwater from larger karst aquifers in the Central Apennines.

In this study, a hydrogeological characterization, never performed before until today, was carried out and a quantification in terms of yearly specific recharge was calculated.

The recharge estimations carried out in the five sampling areas can be extrapolated over similar regions in the hilly Periadriatic area, a  $250 \times 16$  km-wide area from the Po River delta to the Gargano area (Apulia region).

To make the water quantification comparable, the recharge volume that infiltrates yearly at each square kilometer of an aquifer  $(Mm^3/y/km^2)$  was applied and calculated using three different approaches to provide a recharge estimation that was as exhaustive and representative as possible. The results showed a variable recharge ranging between 0.050 and 0.160 Mm<sup>3</sup>/y/km<sup>2</sup> using historical weather data and 0.104 to 0.160 Mm<sup>3</sup>/y/km<sup>2</sup> with weather data in the monitoring periods. The yearly specific recharge values from the weather data tended to be slightly higher than those obtained using the water table seasonal variation method.

Considering the size of each area, this evidence indicates a possible use for civil, agricultural, or recreational purposes. For instance, a 16 km<sup>2</sup>-wide area shows about 2.2 Mm<sup>3</sup>/y (140,000 m<sup>3</sup>/y/km<sup>2</sup>) of available water stored in the subsoil. During the last century, this quantity could have been used for civil purposes, by roughly 120 people (based on a 50 L/d/inhabitant water demand); today, it is just 20 (based on a 300 L/d/inhabitant request).

It is worth noting that the considered aquifers are located under urban areas and are very vulnerable. For this reason, groundwater could be used for drinking purposes only after a potabilization processes. However, these conditions do not exclude irrigation use. In fact, the water of the previously described 16 km<sup>2</sup>-wide area could irrigate, for instance, a  $5.5 \text{ km}^2$ -wide field based on a Mediterranean demand of  $0.4 \text{ Mm}^3/\text{y/km}^2$ , or a  $15 \text{ km}^2$ -wide vineyard based on  $0.140 \text{ Mm}^3/\text{y/km}^2$ .

If the evaluations made here were extrapolated over the whole Periadriatic area, the amount of water would be at least 50 times more. This means that recreational use could be an option. From an architectural point of view, historical wells and tapping systems have sometimes been restored. An additional option would be to use groundwater to create wet zones or small lakes where wildlife would develop, since ecosystem preservation needs less water than civil or irrigation uses.

**Author Contributions:** Conceptualization, S.R. and D.D.C.; methodology, S.R. and D.D.C.; software, A.D.G. and E.F.; investigation, D.D.C. and E.F.; data curation, S.R., D.D.C., A.D.G. and E.F.; writing—original draft preparation, A.D.G.; writing—review and editing, S.R., D.D.C. and A.D.G. All authors have read and agreed to the published version of the manuscript.

Funding: This research received no external funding.

Institutional Review Board Statement: Not applicable.

Informed Consent Statement: Not applicable.

**Acknowledgments:** A big thanks to the Di Matteo, Febbo, Gentile and Salamone, for their precious survey work and to the three anonymous reviewers for their useful advices and suggestions.

Conflicts of Interest: The authors declare no conflict of interest.

# References

- World Economics. World Economics: Global Growth Tracker. Available online: https://www.worldeconomics.com/Pages/ Subscriber-Login.aspx?F=/papers/Global%20Growth%20Monitor\_7c66ffca-ff86-4e4c-979d-7c5d7a22ef21.paper (accessed on 30 June 2021).
- 2. Hassan, R.; Scholes, R.; Ash, N. Ecosystems and Human Well-Being: Current State and Trends; Island Press: Washington, DC, USA, 2005.
- UN-WWAP. The United Nations World Water Development Report 2015: Water for a Sustainable World. UNESCO: Paris, France. Available online: http://www.unesco.org/new/en/natural-sciences/environment/water/wwap/wwdr/2015-water-for-asustainable-world (accessed on 30 June 2021).
- 4. Viaroli, S.; Di Curzio, D.; Lepore, D.; Mazza, R. Multiparameter daily time-series analysis to groundwater recharge assessment in a caldera aquifer: Roccamonfina Volcano, Italy. *Sci. Total Environ.* **2019**, *676*, 501–513. [CrossRef] [PubMed]
- 5. Desiderio, G.; Folchi Vici, C.; Nanni, T.; Petitta, M.; Ruggieri, G.; Rusi, S.; Tallini, M.; Vivalda, P. Schema Idrogeologico Dell'italia Centro Adriatica; CNR GNDCI: Perugia, Italy, 2011.
- 6. Bakalowicz, M. Karst and karst groundwater resources in the Mediterranean. Environ. Earth Sci. 2015, 74, 5–14. [CrossRef]
- Fiorillo, F.; Petitta, M.; Preziosi, E.; Rusi, S.; Esposito, L.; Tallini, M. Long-term trend and fluctuations of karst spring discharge in a Mediterranean area (central-southern Italy). *Environ. Earth Sci.* 2015, 74, 153–172. [CrossRef]
- 8. Chiaudani, A.; Di Curzio, D.; Rusi, S. The snow and rainfall impact on the Verde spring behavior: A statistical approach on hydrodynamic and hydrochemical daily time-series. *Sci. Total Environ.* **2019**, *689*, 481–493. [CrossRef]
- 9. Chiaudani, A.; Di Curzio, D.; Palmucci, W.; Pasculli, A.; Polemio, M.; Rusi, S. Statistical and fractal approaches on long time-series to surface-water/groundwater relationship assessment: A central Italy alluvial plain case study. *Water* **2017**, *9*, 850. [CrossRef]
- 10. Guevara Ochoa, C.; Medina Sierra, A.; Vives, L.; Zimmermann, E.; Bailey, R. Spatio-temporal patterns of the interaction between groundwater and surface water in plains. *Hydrol. Process.* **2020**, *34*, 1371–1392. [CrossRef]
- Fronzi, D.; Di Curzio, D.; Rusi, S.; Valigi, D.; Tazioli, A. Comparison between Periodic Tracer Tests and Time-Series Analysis to Assess Mid- and Long-Term Recharge Model Changes Due to Multiple Strong Seismic Events in Carbonate Aquifers. *Water* 2020, 12, 3073. [CrossRef]
- Petitta, M.; Rusi, S.; Salvati, R. Groundwater managment in central italy (latium and abruzzo): Current uses and future scenarios. In Proceedings of the 3rd International Conference on Future Groundwater Resources At Risk, Lisbon, Portugal, 25–27 June 2001; pp. 515–522.
- 13. Conese, M.; Nanni, T.; Peila, C.; Rusi, S.; Salvati, R. Idrogeologia della Montagna del Morrone (*Appennino abruzzese*): Dati preliminari. *Mem. Soc. Geol. It.* 2001, *56*, 181–196.
- 14. Nanni, T.; Rusi, S. Idrogeologia del massiccio carbonatico della Majella (Abruzzo). Boll. Soc. Geol. Ital. 2003, 122, 173–202.
- 15. Petitta, M.; Tallini, M. Idrodinamica sotterranea del massiccio del Gran Sasso (Abruzzo): Indagini idrologiche, idrogeologiche e idrochimiche (1994–2001). *Boll. Soc. Geol. Ital.* **2002**, *121*, 343–363.
- 16. Rusi, S.; Di Curzio, D.; Palmucci, W.; Petaccia, R. Detection of the natural origin hydrocarbon contamination in carbonate aquifers (central Apennine, Italy). *Environ. Sci. Pollut. Res.* **2018**, *25*, 15577–15596. [CrossRef]
- 17. Desiderio, G.; Nanni, T.; Rusi, S. La pianura del fiume Vomano (Abruzzo): Idrogeologia, antropizzazione e suoi effetti sul depauperamento della falda. *Boll. Soc. Geol. Ital.* **2003**, *122*, 421–434.
- 18. Rusi, S.; Tatangelo, F.; Crestaz, E. The hydrogeological conceptualisation and wel fields management of the Vomano Valley (Abruzzo, central Italy) using groundwater numerical modelling. *Geol. Tec. E Ambient.* **2004**, *4*, 5–22.
- 19. Desiderio, G.; Ferracuti, L.; Rusi, S. Structural-Stratigraphic Setting of Middle Adriatic Plains and its Control on Quantitative and Qualitative Groundwater Circulation. *Mem. Descr. Della Carta Geol. D'italia* **2007**, *76*, 147–162.
- 20. Desiderio, G.; Rusi, S.; Tatangelo, F. Multidisciplinary approach in the hydrogeologic and hydrogeochemical analysis of the Sangro alluvial valley (central Italy). *Geol. Tec. E Ambient.* **2007**, *3*, 35–57.
- 21. Desiderio, G.; D'arcevia, C.F.V.; Nanni, T.; Rusi, S. Hydrogeological mapping of the highly anthropogenically influenced Peligna Valley intramontane basin (Central Italy). *J. Maps* **2012**, *8*, 165–168. [CrossRef]
- 22. Martella, L. Le fontane Atriane: Configurazione e formazione di un sistema idrico. Boll. D'arte 1981, 11, 49–84.
- 23. Vivalda, P.; Fronzi, D.; Nanni, L.; Soriano, F. The ancient sources of the plio-pleistocene arenaceous bodies of the area of Ancona: Valence of a time and current state. *Geol. Dell'ambiente* **2017**, 2017, 133–142.
- Ori, G.G.; Roveri, M.; Vannoni, F. Plio-Pleistocene sedimentation in the Apenninic-Adriatic foredeep (central Adriatic Sea, Italy), in *Foreland Basin* edited by Allen P.A., Homewood P., Blackwell Scientific. *Spec. Publ. Int. Assoc. Sedimentol.* 1986, *8*, 183–198. [CrossRef]
- Amanti, M.; Muraro, C.; Roma, M.; Chiessi, V.; Puzzilli, L.M.; Catalano, S.; Romagnoli, G.; Tortorici, G.; Cavuoto, G.; Albarello, D.; et al. Geological and geotechnical models definition for 3rd level seismic microzonation studies in Central Italy. *Bull. Earthq. Eng.* 2020, *18*, 5441–5473. [CrossRef]

- Casero, P. Structural Setting of Petroleum Exploration Plays in Italy. In Geology of Italy: Special Volume of the Italian Geological Society for the IGC 32 Florence-2004; Italian Geological Society: Rome, Italy; pp. 189–199.
- Scisciani, V.; Montefalcone, R. Coexistence of Thin- and Thick-Skinned Tectonics: An Example from the Central Apennines, Italy; Geological Society of America: Boulder, CO, USA, 2006; Special Paper 414, Chapter 3; pp. 33–53.
- Lancia, M.; Petitta, M.; Zheng, C.; Saroli, M. Hydrogeological insights and modelling for sustainable use of a stressed carbonate aquifer in the Mediterranean area: From passive withdrawals to active management. *J. Hydrol. Reg. Stud.* 2020, 32, 100749. [CrossRef]
- 29. Bloomfield, J.P.; Marchant, B.P. Analysis of groundwater drought building on the standardised precipitation index approach. *Hydrol. Earth Syst. Sci.* **2013**, *17*, 4769–4787. [CrossRef]
- 30. Famiglietti, J.S. The global groundwater crisis. Nat. Clim. Chang. 2014, 4, 945–948. [CrossRef]
- 31. Shahid, S.; Hazarika, M.K. Groundwater drought in the northwestern districts of Bangladesh. *Water Resour. Manag.* 2010, 24, 1989–2006. [CrossRef]
- 32. Crescenti, U. Osservazioni sul Pliocene degli Abruzzi settentrionali: La trasgressione del Pliocene medio e superiore. *Boll. Della Soc. Geol. Ital.* **1971**, *90*, 3–21.
- Crescenti, U.; D'amato, C.; Balduzzi, A.; Tonna, M. Il Plio-Pleistocene del sottosuolo abruzzese-marchigiano tra Ascoli Piceno e Pescara. Geol. Romana 1980, 19, 63–84.
- Naranjo-Fernandez, N.; Guardiola-Albert, C.; Montero-Gonzalez, E. Applying 3D geostatistical simulation to improve the groundwater management modelling of sedimentary aquifers: The case of Doñana (Southwest Spain). Water 2018, 11, 39. [CrossRef]
- 35. Desiderio, G.; Rusi, S.; Tatangelo, F. Hydrogeochemical characterization of Abruzzo groundwaters and relative anomalies. *Ital. J. Geosci.* 2010, *129*, 207–222. [CrossRef]
- 36. Celico, P. Idrogeologia dell'Italia centro meridionale. Quad. Cassa Mezzog. 1983, 4, 1–225.
- 37. Anselmi, B.; Crovato, C.; D'Angelo, L.; Grauso, S. I Calanchi di Atri (Abruzzo): Caratteri mineralogici, geotecnici e geomorfologici. *Il Quat.* **1994**, *7*, 145–158.
- 38. Turc, L. Le bilan d'eau des sols: Relation entre les precipitations, l'évaporation et l'écoulement. Journées L'hydraulique 1954, 3, 36–44.
- 39. Thornthwaite, C.W.; Mather, J.R. Instruction and Tables for computing potential evapotraspiration and water balance. *Public Climatol.* **1957**, *10*, 185–311.
- 40. Cooper, H.H.; Jacob, C.E. A generalized graphical method for evaluating formation constants and summarizing well field history. *Trans. Am. Geophys. Union* **1946**, *27*, 526–534. [CrossRef]
- 41. Theis, C.V. The relation between the lowering of the piezometric surface and the rate and duration of discharge of a well using ground-water storage. *Trans. Am. Geophys. Union* **1935**, *16*, 519–524. [CrossRef]
- Vazquez-Sune, E.; Carrera, J.; Tubau, I.; Sanchez-Vila, X.; Soler, A. An approach to identify urban groundwater recharge. *Hydrol. Earth Syst. Sci.* 2010, 14, 2085–2097. [CrossRef]
- 43. Boni, C.; Bono, P.; Capelli, G. Schema idrogeologico dell'Italia centrale. Mem. Soc. Geol. Ital. 1986, 35, 991–1012.
- 44. Johnson, A.I. Specific Yield Compilation of Specific Yields for Various Materials. Geological Survey Water-Supply Paper 1662-D; United States Government Printing Office: Washington, DC, USA, 1967; p. 74.
- 45. Desiderio, G.; Rusi, S. Hydrogeology and hydrochemistry of the mineralised waters of the Abruzzo and Molise foredeep (Central Italy). *Boll. Soc. Geol. Ital.* **2004**, *123*, 373–389.
- 46. Rainone, M.L.; Rusi, S.; Torrese, P. Mud volcanoes in central Italy: Subsoil characterization through a multidisciplinary approach. *Geomorphology* **2015**, 234, 228–242. [CrossRef]