

1 **IL-6 activates PI3K and PKC- $\zeta$  signaling and determines cardiac differentiation of rat**  
2 **embryonic H9c2 cells**

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1 **ABSTRACT**

2

3 **Introduction:** IL-6 influences several biological processes including the cardiac stem cells and  
4 cardiomyocytes physiology. Even if JAK-STAT3 activation is the defining feature of IL-6  
5 signaling, other signaling molecules such as PI3K, PKCs and Erk1/2 are activated eliciting different  
6 responses. Moreover, most of the studies on the specific role of these signaling molecules focus on  
7 the adult heart and only few data are available on the biological effects evoked by IL-6 in the  
8 embryonic cardiomyocytes.

9 **Aim:** The aim of this study was to clarify the biological response of embryonic heart derived cells  
10 to the IL-6 by analyzing the morphological modifications and the signaling cascade evoked by the  
11 cytokine in the H9c2 cells.

12 **Results:** IL-6 stimulation determined the terminal differentiation H9c2 cells as evidenced by the  
13 increased expression of cardiac transcription factors (NKX2.5 and GATA4,) structural proteins ( $\alpha$ -  
14 myosin heavy chain and cardiac Troponin T) and the gap junction Connexin 43 protein. This  
15 process was mediated by a rapid modification of PI3K, Akt, PTEN and PKC $\zeta$  phosphorylation  
16 levels. PI3K recruitment was an upstream event in the signaling cascade since in presence of PI3K  
17 inhibitor IL-6 failed to modify PKC $\zeta$ , PTEN and Akt phosphorylation, whereas blocking PKC $\zeta$   
18 activity affected only PTEN and Akt modifications. Finally, the overexpression of a constitutively-  
19 active form of PKC $\zeta$  by H9c2 cells largely mimicked the morphological and molecular effects  
20 evoked by IL-6.

21 **Conclusion:** This study demonstrated that IL-6 induces the cardiac differentiation of H9c2  
22 embryonic cells process through a signal cascade that involves PI3K, PTEN and PKC $\zeta$  enzyme  
23 activities.

24

## 1 INTRODUCTION

2 IL-6 belongs to a family of pleiotropic cytokines that influences a wide range of biological  
3 processes involving the stem cells physiology, hematopoiesis, neuronal function, bone metabolism  
4 and cardiac physiology (Heinrich, 2003; White, 2011). In the heart, IL-6 is expressed by  
5 cardiomyocytes, fibroblasts, vascular endothelial and smooth muscle cells as well as interstitial  
6 macrophages (Plenz, 2002; Briest, 2003). IL-6 exerts its function through the interaction with a  
7 signal transduction complex, formed by an 80-kDa ligand-binding subunit, the IL-6 receptor (IL-  
8 6R), and by a signal-transducing subunit, the glycoprotein gp130 (Kamimura, 2003). The ligand  
9 binding induces gp130 dimerization, the Janus family kinase (JAK) 1 activation, and the  
10 phosphorylation and nuclear translocation of the Signal Transducer and Activator of Transcription  
11 (STAT) 3 that increases the transcription of target genes. Several studies demonstrated that IL-6 can  
12 regulate the expression of cardioprotective factors such as inducible nitric oxide synthase and  
13 cyclooxygenase-2 (Tan, 2004; Smart, 2006) and play an important growth-promoting and  
14 antiapoptotic role in cardiac myocytes (Kurdi, 2007; Banerjee, 2009). Moreover, the recruitment of  
15 the gp130- STAT3 axis plays a pivotal role in directing the transition between compensatory  
16 cardiac hypertrophy and heart failure (Baumgarten, 2002; Niebauer, 2000). This process guarantees  
17 cardio-protection against physiological and pathophysiological stress by promoting cardiomyocyte  
18 survival, inducing compensatory hypertrophy and preserving cardiac function (Hiraoka, 2003;  
19 Kanda, 2004; Iemitsu, 2005). Even if STAT3 activation is the defining feature of signaling by IL-6,  
20 other signaling cascades are activated and elicit different cellular responses, depending on the cell  
21 type. In particular, in cardiomyocytes the gp130 activation involves three major downstream  
22 pathways, PI3K, PKCs and Erk1/2, whose synergic or alternative modulation rules the commitment  
23 and differentiation, controls maintenance of the phenotype or confers both hypertrophic and  
24 cytoprotective responses (Ancey, 2003; Banerjee, 2006; Fredj, 2005; LaFramboise, 2007;  
25 Yamauchi-Takahara, 1995; Yin, 2003; Yin, 2006). Therefore, the simultaneous regulation of Akt,  
26 PKCs and Erk1/2 pathways by gp130 receptor stimulation appears essential for a balanced

1 biological outcome in many physiological and pathophysiological settings, especially as these  
2 signaling pathways induce partly contradictory or at least conflicting responses. Evidences suggest  
3 that Erk1/2 and PKCs play an important role in regulating hypertrophic gene expression and aspects  
4 of myofilament remodeling, whereas JAK/STAT activation may be more important in myofilament  
5 organization (Wollert, 1996; Kodama, 2000; Wollert, 1997; Bowling, 1999). PI3K/Akt plays an  
6 important role in adaptive hypertrophy (Aoyagi, 2011; Weeks, 2012) and Erk1/2 and PI3K play a  
7 critical role in cardiomyocyte survival, protecting cardiomyocytes against apoptosis induced by a  
8 variety of stress inducers (Negoro, 2001; Smart, 2006). However, the identification of the relative  
9 contributions of Erk1/2, PI3K, PKCs and JAK/STAT signaling to cardiomyocyte physiology is  
10 complex. Moreover, most of the studies on the specific role of these signaling pathways focus on  
11 the adult heart and only few data are available on the biological effects evoked by IL-6 in the  
12 embryonic cardiomyocytes.

13 The H9c2 cell line was originally derived from embryonic rat ventricular tissue (Kimes and Brandt,  
14 1976). Although H9c2 cells are no longer able to beat for their inability to elicit well defined  
15 sarcomeres and all the elaborate contractile apparatus, they still show many similarities to primary  
16 cardiomyocytes, including membrane morphology, G-signaling protein expression and  
17 electrophysiological properties (Sipido and Marban, 1991). For these reasons, they have emerged as  
18 an excellent in vitro alternative model to study the primary cardiac differentiation. When exposed to  
19 a low concentration of serum H9c2 cells have been reported to differentiate (Di Giacomo, 2010).  
20 Although the factors involved in the differentiation of H9c2 cells are still unknown, evidence  
21 suggests an involvement of PKC enzymes (Di Giacomo, 2010).

22 The aim of this study was to evaluate the biological response to IL-6 exposure of embryonic  
23 cardiomyocytes. For this reason we analyzed the morphological effects, the molecular responses  
24 and the signaling pathway evoked by IL-6 in H9c2 cells.

25

## 26 **MATERIALS AND METHODS**

1

## 2 ***Materials***

3 Fetal bovine serum (FBS) and cell culture media were purchased from EuroClone (Milano, Italy);  
4 mouse recombinant Interleukin-6 (IL-6) and PI3K inhibitor LY 294002 were purchased from Sigma  
5 Chemical Co. (St. Louis, MO, USA); enhanced chemiluminescence (ECL) kit from Amersham  
6 (Little Chalfont, Buckinghamshire, UK); haematoxylin and eosin solutions were from Bioptica  
7 (Milano, Italy) and PKC $\zeta$  pseudosubstrate inhibitor Myristoylated was purchased from Calbiochem  
8 (Billerica, MA, USA).

9 Anti-cardiac myosin heavy chain ( $\alpha$ MHC) antibody, anti-cardiac troponin T (cTnT), anti-Nkx2.5,  
10 anti-JAK1, anti-pJAK1 (Tyr1022), anti-PKC $\alpha$ , anti-pPKC $\alpha$  (Ser657), anti-PKC $\delta$ , anti-pPKC $\delta$   
11 (Thr507), anti-PKC $\epsilon$ , anti-pPKC $\epsilon$  (Ser729), anti-IL-6R $\alpha$ , anti-gp130 and anti-Connexin 43  
12 (Conn43) antibodies were purchased from Santa Cruz (Heidelberg, Germany); anti-PKC $\zeta$ , anti-  
13 pPKC $\zeta$  (Thr410), anti-PI3Kp85 $\alpha$ , anti-pPI3Kp85 $\alpha$  (Tyr607), anti-STAT3, anti-NFk $\beta$ p65, anti-  
14 GATA4, anti  $\alpha$ -HA, and HRP conjugated secondary antibodies were from Abcam (Bristol, United  
15 Kingdom); anti-pSTAT3 (Ser727), anti-pSTAT3 (Tyr705), anti-Akt and pAkt (Ser473), anti-no  
16 pPTEN were from Cell Signaling (Danvers, MA), while anti-PTEN antibody and Alexa Fluor 488  
17 anti-mouse or anti-rabbit were from Invitrogen (Life Technologies, Bethesda, MD, USA). Anti- $\alpha$ -  
18 HA tag antibody fluorescein-conjugated was purchased from Roche (Milano, Italy).

19

## 20 ***Cell culture and manipulation***

21 The H9c2 rat cardiomyoblast cell line was cultured in proliferating conditions (Prol: high glucose  
22 DMEM, supplemented with 10% FBS, 2 mM glutamine and 1% penicillin/streptomycin) or in  
23 differentiation medium (Diff: high glucose DMEM, 2% FBS, 2 mM glutamine and 1%  
24 penicillin/streptomycin) in absence or presence of IL-6 (10 ng/ml) up to 3 days. When required,  
25 cells were pre-incubated with 5  $\mu$ M of the PI3K inhibitor LY294002 or with 10  $\mu$ M PKC $\zeta$

1 pseudosubstrate inhibitor Myristoylated for 1h and subsequently treated as required.  
2 For transient transfection assays,  $4 \times 10^6$  H9c2 cells were electroporated using the Electro Square  
3 Porator ECM 830 (BTX, Holliston, MA) with 30  $\mu$ g of expression vector containing either a  
4 catalitically active (caPKC $\zeta$ ) or a inactive (iPKC $\zeta$ ) form of PKC $\zeta$  inserted in the pHACE backbone  
5 with a C terminal Influenza Virus Hemagglutinin (HA) tag of nine amino acids (Soh, 1999  
6 aggiungere lavoro sugli eritroblasti con migliaccio). Cells were analyzed 36 hr after the  
7 transfection. Transfection efficiency was calculated on the basis of the number of fluorescent cells  
8 obtained in parallel samples transfected with a 30  $\mu$ g of control plasmid containing pGFP (Clontech  
9 Laboratories, Mountain View, CA), as determined with Cytomics FC500 (Beckman Coulter srl).  
10 Necrotic cells were excluded from the analysis by 7AAD staining. Thirthy-six hours after  
11 transfection, the percent of GFP positive H9c2 cells was  $60 \pm 8\%$ .

### 12 13 ***Hematoxylin/ eosin staining and immunofluorescent analysis staining***

14 For the morphological evaluation,  $0.5 \times 10^6$  cells were plated and cultured on Chamber Slides (LAB  
15 TEK, Thermo Fisher Scientific Inc., Waltham, MA, USA) and stained with hematoxylin/ eosin as  
16 previously described (Ghinassi, 2010). For the immunofluorescent analysis cells were fixed with  
17 4% paraformaldehyde, and permeabilized with 0.1% Triton X-100; after the blocking, cells were  
18 incubated with primary antibodies overnight at 4°C and then with the opportune secondary  
19 antibody. Nuclei were counterstained with Dapi and slides mounted with Slow Fade Antifade Kit  
20 mounting medium. As internal controls, experiments were performed also in absence of the primary  
21 antibody. Images were acquired by means of a ZEISS AXIOSKOPE light microscope (Carl Zeiss,  
22 Oberkochen, Germany) equipped with a Coolsnap Videocamera (Roper Scientific Photometrics,  
23 Tucson, AZ, USA) and analyzed with the MetaMorph 6.1 Software (Universal Imaging Corp,  
24 Bedford Hills, NY, USA), as described (Verrucci, 2010).

### 25 26 ***Immunoblot analysis***

1 Cells lysates in RIPA homogenization buffer were electrophoresed in SDS-PAGE and transferred.  
2 After incubation overnight at +4°C with the specific primary antibody, membranes were reacted  
3 with the adequate HRP- conjugated secondary antibodies. Protein expression was quantified by  
4 densitometry with ImageJ Software, as previously described.

5

### 6 *Statistical analysis*

7 All quantitative data are presented as the mean  $\pm$  SD. Statistical comparison was performed using  
8 one-way analysis of variance (ANOVA) and Student's *t*-test. The level of significance was set at  
9  $p \leq 0.05$ .

10

## 11 **RESULTS**

12

### 13 **IL-6 stimulation determines morphological changes and induces phenotypic markers of** 14 **cardiac differentiation in H9c2 embryonic cells**

15 As evidenced in figure 1A, H9c2 cells growing in proliferation medium (Prol) were characterized  
16 by a roundish or stellate shape and expressed low levels of late cardiac differentiation markers such  
17 as  $\alpha$ MHC, cTnT and Conn43. As expected, H9c2 cultured for three days in low serum condition  
18 (Diff) appeared as a heterogeneous population, with some enlarged and more elongated cells, rarely  
19 fused to form binucleated cells expressing higher levels of  $\alpha$ MHC and Conn43. Interestingly, the  
20 addition of IL-6 to the Diff medium determined more important modifications: cells diffusely  
21 acquired a more differentiated phenotype, becoming more elongated and several binucleated  
22 syncytia were observed; moreover, immunofluorescent analysis evidenced that in presence of IL-6,  
23 cells displayed higher levels of  $\alpha$ MHC and cTnT that appeared organized in oriented  
24 microfilaments. A dramatic induction of Conn43 expression was also detected.

25 To better characterize the differentiation process induced by the IL-6 treatment, an  
26 immunofluorescent analysis for transcription factors involved in cardiac differentiation was

1 performed. As shown in figure 1B and in Table I, the reaction for Nkx2.5 and GATA4 evidenced a  
2 finely dotted positivity, mainly scattered at cytoplasm levels already in Prol conditions. No  
3 modifications were observed when cells were switched in Diff up to 30 min (not shown), whereas  
4 the addition of IL-6 determined an increase of the fluorescent intensity that spotty marked both  
5 cytoplasm and nuclei. These data suggest that IL-6 treatment early induces the expression of  
6 Nkx2.5 and GATA4, together with their translocation into the nuclear compartment.

7

### 8 **IL-6 treatment rapidly induces the IL-6R synthesis and the gp130 recruitment to the plasma** 9 **membrane**

10 IL-6 receptor complex consists of a membrane-tethered gp80, the IL-6R, which binds to the co-  
11 receptor gp130, a glycoprotein that bears the signal-transducing domain. Western blot and  
12 immunofluorescent analyses evidenced that H9c2 cells express basal levels of both IL-6R and  
13 gp130 (Figure 2) that did not modify when cells were switched up to 30 min in the differentiation  
14 medium (Diff) (data not shown). On the other hand, the addition of IL-6 triggered a rapid increase  
15 of IL-6R signal evident after only 10 min of treatment both at cytoplasmic and perinuclear levels.  
16 After 30 min the IL-6R was still overexpressed, even if at lower extent, whereas after 3 days of IL-6  
17 treatment the differentiated cells displayed expression levels similar to that observed in the  
18 proliferating population. On the other hand, the IL-6 exposure did not affect the gp130 protein  
19 expression; nevertheless, a reinforced signal at plasma membrane was observed after 10 min, but  
20 not after 30 min of IL-6 treatment, suggesting a rapid and transient recruitment of the co-receptor to  
21 the cellular membrane (Figure 2).

22

23

### 24 **The PI3K/Akt and PKC $\zeta$ signaling pathways, but not Erk1/2, are involved in IL-6 induced** 25 **H9c2 differentiation in cardiomyocytes**



1 It has been reported that binding of IL-6 to its receptor recruits the Janus family kinases that in turn  
2 activate three downstream cascades including STAT3, ERK and PI3K/Akt (Ancey, 2003; Banerjee,  
3 2006; Yin, 2006; Fang, 2003). We analyzed the role of these signaling pathways in the IL-6 induced  
4 H9c2 myocardial differentiation (Figure 3, panel A). As expected, IL-6 exposure induced a rapid  
5 increase of JAK1 and STAT3 phosphorylation levels, still evident after 30 min. In particular, IL-6  
6 treatment increased the STAT3 phosphorylation levels of the Tyrosine residue at position 705  
7 (Y705), whereas we did not detect any substantial modification at Serine residue at position 727,  
8 which represents the substrate for the Erk1/2 and p38 mitogen-activated protein kinase (MAPK)  
9 family members (not shown). Accordingly, we failed to find a modification of Erk1/2 expression  
10 and phosphorylation levels. IL-6 exposure determined also a modulation of the PI3K, whose  
11 phosphorylation levels incremented after 10 and 30 min of treatment. Interestingly, we found a  
12 concomitant reduction of Akt phosphorylation level. For this reason, we analyzed the effect of the  
13 IL-6 treatment on the Phosphatase and Tensin Homologue (PTEN), the phosphatase that opposes  
14 PI3K function leading to the inactivation of Akt. As compared to control cells, H9c2 exposure to  
15 IL-6 determined a decrease of Ser380 phosphorylation of PTEN, which unmask the PDZ  
16 enzymatic domains responsible for the Akt de-phosphorylation. No modifications of STAT3, Erk,  
17 PI3K/Akt and PTEN were observed when cells were switched in Diff in absence of IL-6 up to 30  
18 min.

19 It has been already reported that H9c2 cells express PKC $\alpha$ ,  $\delta$ ,  $\epsilon$  and  $\zeta$  (Xu, 2009). We thus  
20 examined the possible PKC involvement in the signal transduction pathway activated by IL-6  
21 stimulation. Cell lysates were analyzed by Western blot using phospho-specific PKC antibodies  
22 (Figure 3, panel B). The expression of PKC $\alpha$ ,  $\delta$ ,  $\epsilon$  and  $\zeta$  was detected in unstimulated H9c2 cells  
23 with a basal phosphorylation level. Incubation of cells with IL-6 did not affect both the PKC $\alpha$ ,  $\delta$   
24 and  $\epsilon$  expression or phosphorylation levels (Ser657, Thr507 and Ser729 for PKC $\alpha$ ,  $\delta$  and  $\epsilon$   
25 respectively), whereas determined a rapid increase of PKC $\zeta$  phosphorylation (Thr410, pPKC $\zeta$ ) still

1 evident after 30 min of IL-6 exposure. This observation was confirmed by the immunofluorescent  
2 analysis that evidenced an increase of the pPKC $\zeta$  signal both at cytoplasmic and nuclear level after  
3 10 and 30 min of IL-6 treatment (Figure 3, panel C).

4

#### 5 **PI3K inhibition blocks the IL-6 induced modifications of PKC $\zeta$ , Akt and PTEN** 6 **phosphorylation levels**

7 We next investigated the role of PI3K on other components of the IL-6 signaling cascade by pre-  
8 treating H9c2 cell with the PI3K inhibitor LY294002 (Figure 4). As expected, PI3K inhibition did  
9 not affect STAT3 activation (not shown), but blocked the IL-6 induced PKC $\zeta$  phosphorylation so  
10 that the pPKC $\zeta$ /PKC $\zeta$  ratio remained similar to that observed in the control. Moreover, in  
11 LY294002 pre-treated cells we failed to detect the IL-6 induced de-phosphorylation of both PTEN  
12 and Akt (Figure 4). These results suggested the PI3K requirement for the IL-6 dependent PKC $\zeta$  and  
13 PTEN activation and for the Akt de-phosphorylation.

14

#### 15 **PKC $\zeta$ activity is required for the IL-6 induced modifications of PTEN and Akt** 16 **phosphorylation levels**

17 In order to evaluate the PKC $\zeta$  role in the differentiation pathway activated by IL-6 in H9c2 cells, we  
18 pre-incubated the culture with a cell permeable pseudo-substrate that specifically inhibits PKC $\zeta$   
19 activity. As reported in Figure 5, IL-6 triggered the PI3K phosphorylation also in presence of the  
20 PKC $\zeta$  inhibitor. Indeed, we observed a similar increment of pPI3K/PI3K ratio after 10 min and 30  
21 min of IL6 treatment in H9c2 cells cultured both in presence and in absence of the PKC $\zeta$  pseudo-  
22 substrate. On the other hand, the PKC $\zeta$  inhibition affected the PTEN and Akt modification in  
23 response to IL-6 treatment. Indeed, in H9c2 pretreated with PKC $\zeta$  pseudo-substrate the addition to  
24 IL-6 did not evoke the reduction of both PTEN and Akt phosphorylation levels that we observed  
25 when the isozyme was not inhibited (Figure 5).

1 These data suggested that in this model IL-6 treatment triggers the PI3K activation upstream the  
2 PKC $\zeta$  recruitment and that PKC $\zeta$  activity is required for the PTEN activation and Akt de-  
3 phosphorylation.

4

#### 5 **Overexpression of a constitutively-active of PKC $\zeta$ mimics the effects of IL-6 in H9c2 cells**

6 In order to confirm this hypothesis, expression vectors containing the HA-tagged caPKC $\zeta$   
7 (constitutively active form), and the iPKC $\zeta$  (kinase inactive, as internal control) were transiently  
8 transfected into H9c2 cells (Figure 6A). The transfection efficiency measured 36hr after the  
9 electroporation was of 60 $\pm$ 8%. As shown by Western blot analysis performed with the anti-tag,  
10 H9c2 cells transfected with caPKC $\zeta$  and iPKC $\zeta$  produced comparable levels of the ectopic proteins  
11 (Figure 6A). Thirty-six hours after the transfection, H9c2 transfected with caPKC $\zeta$  developed a  
12 more elongated shape and were prone to fuse forming binucleate syncytia; these morphology  
13 changes were accompanied by an increase of  $\alpha$ MHC and cTnT (Figure 6B), with a fibrillar  
14 organization particularly evident in the binucleated cells. Moreover, an induction of GATA4 and  
15 Nkx2.5 expression and their nuclear translocation was also observed (Figure 6C). In parallel  
16 experiments, when H9c2 cells were transiently transfected with vectors encoding the iPKC $\zeta$  no  
17 modification in cell morphology and in cardiac markers expression and localization were observed.  
18 Finally, we investigated the effects of the PKC $\zeta$  expressing vectors on the other molecules involved  
19 in the IL-6 signaling pathway. In caPKC $\zeta$  transfected cells Western blot analysis evidenced  
20 significantly higher no-pPTEN and lower pAkt levels relative to those observed in the control  
21 samples. On the other hand, in iPKC $\zeta$  transfected cells no modification of no-pPTEN was observed,  
22 whereas a slight increase of pAkt was detected (Figure 6D).

23

## 1 **DISCUSSION**

2 The main findings of this study are that: i. in H9c2 cells IL-6 triggers a cardiac differentiation  
3 process by activating specific nuclear factors such as Nkx2.5 and GATA4, and inducing the  
4 expression of sarcomeric proteins; ii. these effects are at least partially mediated by a signal cascade  
5 that involves PI3K, PTEN and PKC $\zeta$  enzyme activities; iii. PKC $\zeta$  mimics the differentiating effect  
6 of IL-6. IL-6 influences a wide range of biological processes that also include the cardiac stem cells  
7 and cardiomyocytes physiology. IL-6 utilizes a ligand-specific receptor in combination with the co-  
8 receptor unit gp130 and mediates its effects by JAK/STAT pathway, whose signaling plays a  
9 central role in cardiac physiology and pathophysiology [I.S. Harris, S. Zhang, I. Treskov, A.  
10 Kovacs, C. Weinheimer, A.J. Muslin Raf-1 kinase is required for cardiac hypertrophy and  
11 cardiomyocyte survival in response to pressure overload *Circulation*, 110 (2004), pp. 718–723].  
12 Basic research has provided overwhelming support for the conclusion that the IL-6 and STAT3  
13 have beneficial effects on cardiac myocytes. Several reports evidenced, indeed, that the IL-6-gp130-  
14 STAT3 axis induces a compensatory hypertrophy and prevents heart failure influencing the  
15 remodeling processes (Baumgarten, 2002; Niebauer, 2000). Further evidence suggests an IL-6  
16 growth-promoting and anti-apoptotic role in cardiac myocytes (Banerjee, 2009). Our findings  
17 extend the IL-6 role in cardiomyocyte physiology demonstrating that this cytokine promotes the  
18 cardiac differentiation of embryonic cells, as evidenced by the morphological changes and by the  
19 increased expression of Conn43 and of the sarcomeric proteins. These events are preceded by the  
20 modification of Nkx2.5 and GATA4 transcription factors, molecules essential for cardiac  
21 embryogenesis, since they regulate genes encoding structural and regulatory proteins characteristic  
22 of cardiomyocytes. Our findings evidencing that IL-6 induces the expression and the nuclear  
23 translocation of these proteins, suggest that the IL-6 differentiating effects on embryonic cells is at  
24 least partially mediated by the activity of these cardiac transcription factors. It is worth noting that  
25 IL-6 treatment is also accompanied by a rapid up-regulation of IL-6R signal at cytoplasmic and  
26 perinuclear levels. This prompt response, evident after only 10 minutes of treatment, is probably

1 due to the translation of pre-existing mRNA molecules; nonetheless, a synthesis due to the  
2 transcriptional activation by specific nuclear factors cannot be ruled out.

3 Even if JAK-STAT3 activation is a defining feature of the IL-6 signaling, other signaling pathways  
4 can be activated including the PI3K/Akt pathway, PKCs and MAP kinases, molecules involved in  
5 the regulation of several biological process (.....). However, which pathways are activated and the  
6 relative intensity of their activation are very much cell type- dependent. In the adult heart the  
7 simultaneous regulation of Akt, PKCs and Erk1/2 pathways by gp130 stimulation appears essential  
8 for a balanced biological outcome in many physiological and pathophysiological settings, especially  
9 as these signaling pathways induce partly contradictory or at least conflicting responses. Our results  
10 evidence that in H9c2 cells IL-6 treatment determines the PI3K and PKCs, but not Erk1/2 kinase  
11 activation. This finding is supported also by the observation that STAT3 was phosphorylated at the  
12 Tyr705, but not at Serine residue at position 727, which represents the substrate for the Erk1/2 and  
13 p38 mitogen-activated protein kinase (MAPK) family members. PI3K-mediated PIP<sub>3</sub> production  
14 usually leads to the activation of Akt, the kinase that mediates several of the well-described PI3K  
15 responses, mainly growth, metabolism and survival (Manning and Cantley, 2007). Therefore, the  
16 PI3K-Akt axis is considered the canonical PI3K signaling. Nonetheless, PI3K leads to the  
17 modulation of other important pathways. Interestingly, in our model IL-6 treatment determined an  
18 increase of the pPI3K levels together with a reduction of the Akt phosphorylation. This finding  
19 suggests that in cardiac embryonic cells Akt signaling might not be regulated solely by PI3K. This  
20 is unsurprising since it has been already reported that PI3K regulates skeletal differentiation of  
21 H9c2 cells mainly through an Akt-independent pathway (Kim, 1999). Moreover, previous data  
22 evidenced that the Akt signaling is strictly regulated during the H9c2 cardiac differentiation by the  
23 modulation of specific Ser/Thr phosphatases (Kageyama, 2002). In particular, we evidenced that the  
24 IL-6 treatment elicited in H9c2 cells a rapid PTEN de-phosphorylation and activation. This lipid  
25 phosphatase blunts the PI3K-Akt signaling axis buffering the AKT activation. Previous findings  
26 have already evidenced that, even if in other cell line, IL-6 can cause only a slight increase in Akt

1 phosphorylation and can induce the PTEN expression (Tassidis, 2010). Moreover, our observations  
2 corroborate and extend earlier results evidencing a prominent role for PTEN activity in cardiac  
3 differentiation. It has been described, indeed, that the histone deacetylase inhibition that mediates  
4 the cardiac differentiation of mouse embryonic stem cells and of H9c2 cells (Chen, 2011;  
5 Majumdar, 2012) induces a PTEN specific gene network with the induction of PTEN expression  
6 and concomitant reduction in Akt phosphorylation (Majumdar, 2012; Majumdar, 2011). Several  
7 reports demonstrated that PTEN activity is tightly controlled by PI3K pathway through a feedback  
8 mechanism (Carracedo and Pandolfi, 2008). Accordingly, we observed that in our model the PTEN  
9 involvement was a signal event positioned downstream to the PI3K involvement, since the  
10 inhibition of PI3K activity with LY294002 abolished the PTEN de-phosphorylation. Moreover our  
11 results suggest that in the IL-6 dependent signaling pathway, PTEN activation is positioned  
12 downstream also to the PKC $\zeta$  recruitment: indeed, treatment of H9c2 cells with a specific PKC $\zeta$   
13 pseudosubstrate prevented the modification of PTEN phosphorylation levels.

14 Another important finding of this study is that the H9c2 differentiation induced by IL-6 involves  
15 PKC $\zeta$ . We evidenced that H9c2 express PKC $\alpha$ ,  $\delta$ ,  $\epsilon$  and  $\zeta$  isoforms, but the latter was the only  
16 modulate by the IL-6 treatment. Similarly to what observe in murine cardiomyocytes for PKC $\beta_2$   
17 (Wang, 2006) and in H9c2 for PKC $\epsilon$  (Perrelli, 2013), also in our model PI3K appears to be an  
18 upstream regulator of PKC $\zeta$ , since in presence of a PI3K inhibitor IL-6 failed to increase the PKC $\zeta$   
19 phosphorylation levels. As already reported, indeed, the PI3K pathway is not limited to the  
20 regulation of the canonical Akt cascade, but the PIP $_3$  production can mediate the activation of PKC $\zeta$   
21 (Randall, 2006). Several reports indicate that PKC enzymes are important regulators in  
22 cardiomyocytes and H9c2 cells. There is evidence about the survival role of the cytosolic PKCs  
23 pool and of the mitochondrial PKC $\epsilon$  (Perrelli, 2013). Moreover, Di Giacomo et al. (2010) evidenced  
24 that PKC $\delta$  is involved in H9c2 differentiation in skeletal myotubes and that the transfection of  
25 PKC $\delta$  siRNA to H9c2 cells retards the differentiation process. In this biological model, the

1 phosphorylated form of PKC $\delta$  increased and localized within the nucleus (Zara, 2011) where  
2 probably interacts with the transcription machinery in order to determine the morphological  
3 modifications related to the differentiated phenotype. Similarly, we observed that upon IL-6  
4 treatment the pPKC $\zeta$  localized both at cytoplasmic and nuclear levels. It is possible that the  
5 involvement of different PKC isoforms ( $\delta$  or  $\zeta$ ) might represent a key step able to address the  
6 differentiation process toward the skeletal or cardiac lineage, respectively.

7 The PKC $\zeta$  recruitment seems to be crucial step in the differentiation pathway activated by the IL-6  
8 treatment: inhibition of the PKC $\zeta$  activity with a specific pseudo-substrate, even if did not affect the  
9 PI3K activation, buffered the PTEN and Akt response to IL-6. Moreover, the overexpression of the  
10 catalytically active form of PKC $\zeta$  mimicked the morphological and molecular events elicited by the  
11 IL-6 treatment: transfected cells, indeed, displayed significantly higher levels of the active PTEN,  
12 that blunted the Akt signal by reducing its phosphorylation; in addition, the gain of function of  
13 PKC $\zeta$  determined changes in the cellular shape, modifications of GATA4 and Nkx2.5 expression  
14 and localization and the increase of the cardiac sarcomeric proteins whose fibrillar organization was  
15 particularly evident in the binucleated cells.

16 In conclusion, our study demonstrates that IL-6 treatment determined the terminal differentiation of  
17 rat embryonic cardiomyocytes and that this effect is mediated by PI3K, PTEN and PKC $\zeta$  activities.  
18 By inhibiting alternatively PI3K or PKC $\zeta$  and by overexpressing PKC $\zeta$ , we have identified a  
19 possible signaling pathway that links the activated IL-6 receptor complex and the intracellular  
20 signaling mediators (scheme in Figure 7). In our hypothesis IL-6 determines the PI3K activation,  
21 that acts as an upstream regulator of PKC $\zeta$ , which in turn influences PTEN and Akt  
22 phosphorylation levels. Many questions remain regarding the IL-6 activated pathway in H9c2: even  
23 if the molecular relationships between PI3K and PKCs have been well characterized and already  
24 discussed in literature, the signaling events that link the PKC $\zeta$  and PTEN are less clearly

1 understood. Nonetheless, our data seem to suggest that PKC $\zeta$  may activate intermediate molecules  
2 responsible for the PTEN de-phosphorylation and activation.

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30

## 1 FIGURES LEGEND

2

### 3 **Figure 1: IL-6 determines important morphological modifications of cell shape and induces** 4 **specific myocardial markers expression in H9c2 cells.**

5 **A.** Cells were cultured in differentiation conditions (Diff) in absence or in presence of IL-6 up to  
6 three days. As evidenced by the haematoxylin/ eosin staining (first lane), IL-6 treated H9c2 cells  
7 showed enlarged and elongated phenotype and were often fused to form binucleated cells (arrow  
8 heads). Cell dimension were  $785\pm 217$ ,  $1012\pm 210$  and  $1817\pm 380 \mu\text{m}^2$  <sup>\*§</sup>, in Prol, Diff and Diff+IL6  
9 respectively, \*p <.001 relative to Prol, §p<.001 relative to Diff. Immunofluorescence analyses for  
10  $\alpha$ MHC (second lane), cTnT (third lane) and Conn43 (last lane) (green fluorescence) evidenced a  
11 weak and finely dotted reaction in Prol, that increased in Diff and appeared still more intense in  
12 presence of IL-6. Note that fluorescence deeply marked the binucleated cells, where the positivity  
13 for  $\alpha$ MHC and cTnT was not dotted but appeared organized in oriented microfilaments. Nuclei  
14 were counterstained in blue by Dapi. Original magnifications: 40X. **B.** Immunofluorescence  
15 analyses for Nkx2.5 and GATA4 (green fluorescence). Nuclei were counterstained in blue by Dapi.  
16 Cells were treated up to 30 minutes with IL-6. The fluorescent intensity clearly increased upon the  
17 IL-6 exposure, both at cytoplasmic and nuclear levels. Red arrows indicate the positivity in the  
18 nuclei. Original magnification: 40X in the panel, 100X in the inset. **Table.** Percentage of cells with  
19 nuclear positivity for Nkx 2.5 or GATA4. The values were determined by direct microscopic  
20 examination of images captured from five distinct fields per well at 40x and counting nuclear  
21 positive cells versus the total number of cells per field.

22 Data are representative of five different experiments.

23

### 24 **Figure 2: IL-6 treatment affects the expression of IL-6R and the cellular localization of gp130** 25 **co-receptor in H9c2 cells.**

26 H9c2 cells were cultured in Diff in presence of IL-6 up to three days. **A.** Immunofluorescent  
27 analysis for IL-6R and gp130 (green fluorescence). Nuclei were counterstained in blue by Dapi.  
28 After 10 and 30 min of IL-6 treatment an increase of IL-6R, but not of gp130, signal was evident at  
29 cytoplasmic and perinuclear levels (red arrow heads), while the fluorescent intensity observed in 3  
30 days treated cells was comparable to that observed in the proliferating population. Note a gp130  
31 reinforced signal at plasma membrane in 10 min IL-6 treated sample (arrows). Original  
32 magnification 40X. Data are representative of five different experiments. **B.** H9c2 were harvested  
33 after 10 min, 30 min or 3 days of IL-6 treatment and cell lysates were subjected to Western blot for  
34 IL-6R and gp130 detection. IL-6R immunoreactive band was stronger in 10 and 30 min IL-6 treated

1 samples. Equal amounts of protein (15  $\mu$ g) were loaded in each line and G6PDH was used as  
2 loading control. Data are representative of five different experiments.

3 **Figure 3: IL-6 treatment activates Jak1-STAT3 and PI3K signaling transduction pathways**  
4 **and induces PTEN and PKC $\zeta$  activation in H9c2 cells.**

5 H9c2 cells were treated with IL-6 up to 30 min in order to analyze the signal transduction pathways.

6 **A.** Cell lysates were subjected to Western blot analysis for the detection of Jak1, STAT3, Erk1/2,  
7 PI3K, Akt and PTEN, as total proteins or phosphorylated forms. The switch in Diff medium up to  
8 30 min did not determined modification of the expression and phosphorylation levels of these  
9 molecules. When IL-6 was added to the Diff medium, no modification of total amount of Jak1,  
10 STAT3, Erk1/2, PI3K, Akt and PTEN was observed, whereas the phosphorylated form (p) of Jak1,  
11 STAT3 (Tyr705) and PI3K increased, the pAkt levels decreased, and the no-phosphorylated PTEN  
12 levels incremented. Equal amounts of protein (15  $\mu$ g) were loaded in each line and G6PDH was  
13 used as loading control. Data are representative of five different experiments. **B.** Cell lysates were  
14 subjected to Western blot analysis for the detection of PKC $\alpha$ , PKC $\delta$ , PKC $\epsilon$  and PKC $\zeta$ , as total  
15 proteins or phosphorylated forms. The IL-6 addition did not determined modifications in PKC $\alpha$ ,  
16 PKC $\delta$  and PKC $\epsilon$  expression and phosphorylation levels in H9c2 cells, whereas a rapid increment of  
17 pPKC $\zeta$  was observed. Equal amounts of protein (15  $\mu$ g) were loaded in each line and G6PDH was  
18 used as loading control. Data are representative of five different experiments. **C.**  
19 Immunofluorescence analysis for PKC $\zeta$  and pPKC $\zeta$  (green fluorescence). Nuclei were  
20 counterstained in blue by Dapi. The anti-PKC $\zeta$  antibody stained the cytoplasm of both untreated  
21 and IL-6 stimulated H9c2 cells. The anti-pPKC $\zeta$  antibody reacted with the unstimulated cells, but  
22 an increase of pPKC $\zeta$  staining was observed in IL-6 treated samples, with a diffuse positivity that  
23 localized in the cytoplasm but also in the nuclei (red arrowheads). Original magnification 40X.  
24 Similar results were obtained in five additional experiments.

25

26 **Figure 4: PI3K inhibition blocks the IL-6 signaling activation of PTEN and PKC $\zeta$  pathways**  
27 **in H9c2 cells.**

28 H9c2 cells were treated the PI3K inhibitor LY294002 for 1 hr before the IL-6 treatment. After 10  
29 and 30 min cells were harvested and lysates were subjected to Western blot analysis for the  
30 detection of PKC $\zeta$  and Akt, as total proteins and phosphorylated forms, and PTEN as total protein  
31 and no phosphorylated form. When PI3K activity was blocked the by LY294002, the addition of  
32 IL-6 to the medium did not modify the phosphorylation levels of PKC $\zeta$ , Akt and PTEN did not  
33 modify. Equal amounts of protein (30  $\mu$ g) were loaded in each line and G6PDH was used as loading  
34 control. The graphs on the left represent the ratio of the densitometric values relative to



1 pPKC $\zeta$ /PKC $\zeta$ , pAkt/Akt and no-pPTEN/PTEN in IL-6 treated cells for 10 and 30 min in absence  
2 (grey columns) and in presence (white columns) of the PI3K inhibitor LY294002. Values are  
3 expressed as percent of ratios measured in the untreated cells (100%). Results are expressed as  
4 mean  $\pm$  SD of five separated experiments. \* indicates values statistically different (P<0.01) from the  
5 control samples (untreated cells), whereas § indicates values statistically different (P<0.05) between  
6 IL-6 treated samples in presence and in absence of LY294002. Data are representative of five  
7 different experiments.

8

9 **Figure 5: PKC $\zeta$  inhibition does not influence the IL-6 dependent activation of PI3K, whereas**  
10 **affects the Akt and PTEN pathways in H9c2 cells.**

11 PKC $\zeta$  activity was inhibited by treating the H9c2 cells with PKC $\zeta$  pseudosubstrate for 1 hr before  
12 the IL-6 addition. Cells were harvested after 10 and 30 min of IL-6 treatment cells and lysates were  
13 subjected to Western blot analysis for the detection of PI3K, Akt as total proteins and  
14 phosphorylated forms and PTEN, as total protein and no phosphorylated form. In IL-6 treated  
15 lysates the immunoreacted band relative to pPI3K increased both in absence and in presence of  
16 PKC $\zeta$  inhibitor, whereas pAkt and no-pPTEN levels did not vary when PKC $\zeta$  activity was blocked.  
17 Equal amounts of protein (25  $\mu$ g) were loaded in each line and G6PDH was used as loading control.  
18 The graphs on the left represent the ratio of the densitometric values relative to pPI3K/PI3K,  
19 pAkt/Akt and no-pPTEN/PTEN in IL-6 treated cells in absence (grey columns) and in presence  
20 (white columns) of the PKC $\zeta$  pseudo-substrate. Values are expressed as percent of ratios measured  
21 in the untreated cells (100%). Results are expressed as mean  $\pm$  SD of five separated experiments. \*  
22 indicates values statistically different (P<0.01) from the control samples (untreated cells), whereas §  
23 indicates values statistically different (P<0.01) between IL-6 treated samples in presence and in  
24 absence of PKC $\zeta$  inhibitor.

25

26 **Figure 6: Gain of PKC $\zeta$  function determines morphological modifications, influences the**  
27 **expression of specific myocardial markers and modifies Akt and PTEN phosphorylation**  
28 **levels in H9c2 cells .**

29 Cells were electroporated with caPKC $\zeta$  or iPKC $\zeta$  expression vectors and analyzed 36 hr after the  
30 transfection. Negative controls were represented by mock or GFP transfected cells.

31 **A.** Structures of the two HA-tagged PKC $\zeta$  mutants used in the study. The caPKC $\zeta$  construct  
32 codifies the catalytic domain of the enzyme. The iPKC $\zeta$  construct encodes the full-length protein  
33 with a point mutation leading to the Lys to Arg substitution at position 368 of the catalytic domain  
34 that impairs its kinase activity (Nakashima, 2002). Western blot analysis for the expression of the

1 PKC $\zeta$  mutants in transiently transfected in H9c2 cells evidenced that cells produced comparable  
2 levels of the ectopic proteins. Cell lysates were resolved by SDS-PAGE, blotted and probed with an  
3 anti-HA. Equal amounts of protein (15  $\mu$ g) were loaded in each line. **B.** Hematoxylin/ eosin staining  
4 (top lane) and immunofluorescence for  $\alpha$ MHC (middle lane) and cTnT (bottom lane) of caPKC $\zeta$   
5 and iPKC $\zeta$  transfected cells. Relative to control, caPKC $\zeta$  transfected cells were more elongated,  
6 often fused in binucleated syncytia (red arrow heads) and expressed higher levels of  $\alpha$ MHC and  
7 cTnT (green fluorescence). Nuclei were counterstained in blue by Dapi. Note that fluorescence  
8 deeply marked the binucleated cells. Transfection with iPKC $\zeta$  was ineffective on cell morphology  
9 and  $\alpha$ MHC and cTnT. Original magnifications: 40X. **C.** Immunofluorescence analyses for Nkx2.5  
10 and GATA4 (green fluorescence). Nuclei were counterstained in blue by Dapi. The fluorescent  
11 intensity increased in caPKC $\zeta$  transfected cells, particularly at nuclear levels (red arrows). Original  
12 magnification: 100X. **D.** Lysates were subjected to Western blot analysis for the detection of Akt as  
13 total proteins and phosphorylated form and PTEN, as total protein and no phosphorylated form.  
14 Relative to controls, caPKC $\zeta$  transfected sample displayed lower pAkt and higher no-pPTEN levels;  
15 the transfection with iPKC $\zeta$  was ineffective on PTEN phosphorylation levels and slightly increased  
16 the pAkt. Equal amounts of protein (20  $\mu$ g) were loaded in each line and G6PDH was used as  
17 loading control. The graphs on the left represent the ratio of the densitometric values relative to  
18 pAkt/Akt and no-pPTEN/ PTEN in caPKC $\zeta$  (grey columns) and iPKC $\zeta$  (white columns) transfected  
19 cells. Values are expressed as percent of ratios measured in the untreated cells (100); \* indicates  
20 values statistically different ( $P < 0.05$ ) from the control samples (untreated cells), whereas § indicates  
21 values statistically different ( $P < 0.05$ ) between caPKC $\zeta$  and iPKC $\zeta$  transfected cells.  
22 All data are representative of at least five different experiments.

23 **Figure 7:** Schematic representation of the signal pathway model proposed for the IL-6 effects in  
24 H9c2 cells. The IL-6 interaction with its receptor complex activates a PI3K - PKC $\zeta$  cascade. PKC $\zeta$   
25 determines, directly or indirectly (dotted line) a PTEN dephosphorylation with a consequent  
26 inhibition of the Akt activity.

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